

# The Emmitsburg Regional

## DISPATCH

Vol. IV, No 11

Gaining Strength From One Another

November 1996

### First In The Industrial Park



Ground-breaking ceremonies at the new site of Emmitsburg Panes, Inc. EPI is the first business to be established in Emmitsburg's East Industrial Park. (Left to right) Rick Paxton, F&M; Phil Topper, Morgan-Keller; Dan Reaver, EPI; Mayor Carr; Greg Reaver, EPI; Maria Pryor, Profit & Pryor; Dave Dillon, Proj. Mgr.; Travis Drake, Fox. A Dispatch Photo

### Ambulance Company Plans For the Future

The Emmitsburg Ambulance Company is looking at ways to plan for the increased demands for their services.

According to Tom Topper, chief of the company, the number of calls have doubled in the last year putting more and more miles on their mobile units and requiring the purchase of a new vehicle.

Mandates required by federal agencies, such as changes in procedures and facilities to handle infectious diseases (i.e. shower facilities) must be met, and facilities to accommodate the increasing number of women now serving with the company must be considered.

In addition, volunteers who live more than five minutes away from the

company need to remain overnight when pulling their shift. "We need to maintain a 5-minute response time to calls," Topper said.

The company, which has been at its present location on South Seton Avenue for eight years and leases the land from Frederick County for a nominal fee, is facing an obvious need for future expansion.

They began to address the problems in 1994 when the disposition of the present community center building and land was in jeopardy of being sold to private developers. At that time the company approached the Frederick County Board of Commissioners requesting additional property for future

(See AMBULANCE on page 2)

### Town Planning Committee Challenges County's School Plans

At their October 28 meeting, members of the Planning and Zoning Committee made clear that they don't want the town's young students bussed to a proposed new elementary school in Thurmont.

The meeting was scheduled with Ray Barnes, director of planning and facilities for the Board of Education, to discuss the Board's recent announcement that a potential site for the new area elementary school was on land adjacent to Catoclin High School in Thurmont. The school would help to relieve overcrowding in the northern part of the county, and is expected to be built in 2001.

"When is the Board of Education going

to recognize Emmitsburg is up here?" chairman Gene Myers asked Mr. Barnes. Myers said he served on the committee that planned for Catoclin High School and that ever since then the Thurmont school boundaries have been altered gradually. "When they built the middle school they said this is the last time we'll take student's from Emmitsburg," Myers said. "Now you want to relieve Emmitsburg's expected overcrowding by taking elementary students to a new school in Thurmont. It just doesn't make sense."

"It's like the school board thinks the county line stops at Thurmont," committee member Sarah Miller said.

Other commission members complained about the distance their

(Please see SCHOOL on page 3)

### Farmers Distressed By Weather

By Mike Hillman

Farmers always complain about the weather or so it is said. But this year they have had a lot to complain about. The winter that never seemed to end was quickly followed by one of the wettest springs in recent memory. According to Joe Wivell, who has been farming almost 450 acres east of Emmitsburg since 1951, on a typical year farmers in this area can usually count on getting into their fields in late April or the beginning of May. This year, however, most were lucky if they were able to start their spring planting by June. "It seemed as if almost every other day we had rain," Joe said, "and when the ground did manage to dry out almost enough to till, it would rain again, and we would be back to square one." Spring showers soon turned into summer monsoons, and those farmers who were lucky enough to get their corn crops in suddenly found

themselves faced with the dilemma of trying to harvest oats, barley, and wheat crops from swampy fields. Last year most fields were rock hard by the end of June. This year almost every field had some standing water.

According to Frank Williams, who has been custom farming over 3500 acres around Emmitsburg since 1966, there are fields even today that have yet to dry out. Those farmers who did risk harvesting grain crops early in the spring found that the damage done to the field as a result of the tractors' sinking into the mud far outweighed the benefit of retrieving the crops. Like most farmers, Frank Williams was only able to harvest a fraction of his spring grain crops. Typically, Frank pulls in 25,000 bales of straw. This year he feels lucky to have brought in

(Please see Farmers on page 5)

**Inside:** We are happy to provide "birthing space" for -

*The New Fairfield Herald*

# Letters to the



## Top Ten Reasons To Vote

For some time I have been thinking about why everyone should participate in the coming election. These are ten reasons why I feel every citizen has the right and responsibility to participate in the voting process. They are based upon the fact that the officials we elect will determine the following:

1. Supreme Court replacement
2. Lower appellate court replace-

ments

3. Senior Secretary and administration staff structures
4. National Health Care programs
5. Social welfare programs
6. Military force implementation
7. Economic policies
8. Future tax structures
9. Foreign policy programs
10. Education support programs

Jack Williams  
Fairfield

## The fall of the bridge at Four Points

According to the Chief of County Bridge Engineering, Tom Munier, by the end of October the contractors who have the contract to repair and renovate the Four Points Bridge plan to lift the bridge with cranes to the west side of Toms Creek to facilitate its repair.

Some of the inspectors involved with the bridge believe that the cause of destruction of the bridge was the large heavy canvas covering it for part of the process of lead paint removal. The canvas was hanging down in the water and did not allow the water to go over the bridge and therefore pushing it off the foundation.

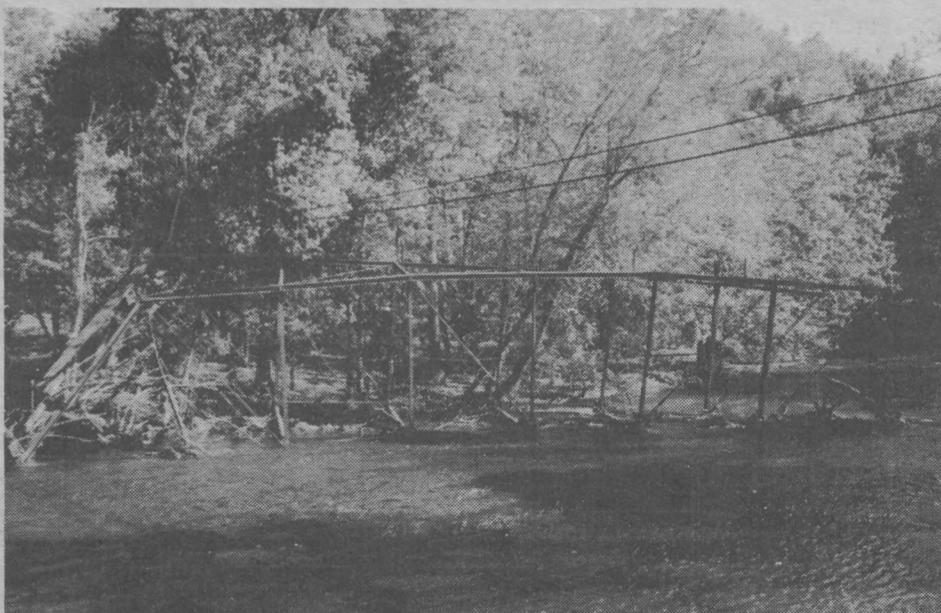
One of the inspectors thinks that it is a mistake to replace such a flimsy structure. There is a petition signed by many local families asking the county commissioners not to put the old bridge back, but to replace it with a much stronger 2-lane concrete structure.

We regret that the decision to replace the old bridge is being made by people who do not use it, including the Historical Society. We need a sturdy bridge that school buses, heavy farm equipment, and fire apparatus can use.

It is important for the residents of our community to have a safe means for traffic to cross Toms Creek. During the 45 years we have lived on Four Points Bridge Road there have been times when there was a call for water rescues but the fire company could not help because the bridge was too weak for them to reach the flooded area. It takes only 2 inches of rain to flood the area around the bridge, which makes it impossible to travel over it.

I hope those who make the decisions will consider these important points. We believe that the best place for the damaged bridge is to be set in a nearby field for the public to observe as an historic site.

Paul Beale  
Emmitsburg



Structure of FourPoints Bridge damaged in flooding caused by Hurricane Fran  
Photo courtesy of Paul Beale

# Town News . . .

## Proposal for new Eagle Oil site in town

At the October 7 Town Meeting the commissioners reviewed the Concept Plan for the Eagle Oil commercial site proposed for Silo Hill Road.

The facility will have a 1,400 square foot convenience store under a canopy with eight fueling positions. The proposed car wash will be put on hold for now due to the limited water supplies in town.

A 10-foot berm is proposed to act as a buffer zone between the proposed commercial area and Silo Hill Subdivision and the lighting of the facility will be concentrated on the facility itself so as not to disturb residents in nearby areas. Hours of operation will probably be those of McDonald's and Jubilee Foods.

Eagle Oil will now submit Preliminary Plans to the Planning and Zoning Commission.

## Special Events Parking on W. Lincoln Avenue

The commissioners voted to designate West Lincoln Avenue behind the

Vigilant Hose Company as a special parking area with appropriate signage. This will allow overflow parking for those attending special events in the area. A special events parking permit, costing \$30 for one day, will be required of the organization sponsoring the event.

## Water Systems Improvements

Town Manager Yvette Semler stated that an analysis of the Flat Run area was completed and that it will be discussed at a future Town Meeting. She also reported that the plans for Mountain View Road and Waynesboro Pike have been finalized and will be bid as soon as possible since this area has to be done by April of 1997.

Phase I (Emmit Gardens) of the water system improvements has been bid out to Mid-Atlantic Utilities and they will start April of 1997. Phases II and III (North and South Seton Avenue) have been bid out to D.L. George and Sons and will also start April of 1997.

The sewer line project which runs along Flat Run and Creekside Apartments is to be started when it receives  
(See MEETING on page 3)

## AMBULANCE from page 1

pposition and ensure the operation of their present level of service while being able to meet future demands for service resulting from the growth of the community.

The county commissioners asked that the Ambulance Company have the blessing of the town government so the company presented a site survey plan to both the town's Planning and Zoning Committee and the Town Council for an endorsement. Both bodies endorsed the survey plan in 1995.

One reaction that vibrated through the community was how the ideas presented on the survey plan would affect the aesthetics of the Community Center. There was also concern about the availability of parking at the Community Center as it undergoes renovation and becomes a center for more activities.

At a recent meeting of area residents who live both in and out of town limits these concerns were expressed as well as their strong support and appreciation for the services provided by the ambulance company. It is their hope that the extension of the building will not go in front of the community center, and that there will be some way they can work with the company to find other sites or alternative solutions to the need for expansion.

Tom Topper says he is aware of how many people feel about the idea of expanding across the front of the Community Center building but "We do not have the bulldozers lined up ready to spring into action," he said. "We are faced with difficult problems and are willing to work with any individual or group within the community who can help us resolve our problems."

We welcome letters to the editor, wedding and birth announcements, family reunions, special awards...all the news you would like to share with your neighbors. Make the *Dispatch* the next best thing to a backyard fence.

**(MEETING from page 3)**

MDE approval and has been bid out to D.L. George and Sons.

**DFC Hunter reassigned**

It was announced that resident deputy DFC Hunter had been reassigned and that his last day in Emmitsburg would be October 11, 1996. The council voted to present DFC Hunter with a proclamation at the November 4 Town Meeting. DFC Denny Derry will be the town's new resident deputy. (See story on page 9.)

**November 4 Public Hearing and Town Meeting**

There will be a Public Hearing on November 4 at 7:00 p.m. to consider the proposed noise ordinance (96-11) and ordinances (96-17 & 96-18) regarding restrictions within municipal right-of-ways. The Town Meeting will begin at 7:30 p.m. at the Town office.

Items on the Town Meeting agenda:  
\*Presentation of proclamation to DFC

**(SCHOOLS from page 1)**

children had to travel. Tom Topper said his daughter is up at 5:30 a.m. to catch a 6:30 bus and then rides 45 minutes to an hour to school. Julie Seifert said "It is unfair to our children that they should be expected to live like adults, getting up at 5:30 in the morning to go to school."

"It is not a good situation," Barnes said, "but not an uncommon one in Frederick County which has more bus mileage than any other county in the state."

The commissioners suggested redistricting would relieve the overcrowding at Thurmont Elementary, which is running at 123 percent capacity, and would bring students back to Emmitsburg Elementary which is cur-

**Concern over Cedar Ave. dimensions**

Ms. Semler reported that she met with Neil Spiller, a traffic engineer with Frederick County, during which he reviewed the Southgate plans. Mr. Spiller has a concern with the width of Cedar Avenue in that it goes from 32 feet to 20 feet as well as the fact that there are no sidewalks. Ms. Semler is checking with the Town's attorney to see if the Council can do something about this issue.

**Hunter**

- \*State Highway Administration's Traffic Study Report on Intersection of Rt. 140 and Silo Hill Road
- \*Set free parking dates for December
- \*Frailey Road street light concerns - Robert Gauss
- \*Vacancies on the Board of Appeals and Economic Renewal Committee
- \*Southgate/Cedar Avenue discussion
- \*Overview of police report - Christina Stevenson
- \*Water supply system update

rently at 86 percent capacity. It was also suggested that a reasonable option might be to add an addition to the Emmitsburg Elementary school when it became overcrowded rather than bus elementary students to Thurmont.

According to Barnes, schools are being built in Thurmont because that is where the growth is. Town Commissioner Clifford Sweeney asked Mr. Barnes if the Board of Education was aware that within a few months a new water processing plant will be built for the town which will speed up growth in the Emmitsburg area. Mr. Barnes agreed that if development plans are going forward that might make a difference.

"I've heard your message," Mr. Barnes said, "and we will take a look at all the options."

**How much is that pumpkin in the window?**



**Winners of the first pumpkin carving contest and Halloween luncheon celebration at the town hall. All the creative work was done at home. Winners (l to right) front row: Julie Seifert, Most Artistic; Helen Reaver, Most Traditional; Eva Miller, Funniest. Back row: Bill Boyd Ugliest; Dan Fissel, Scariest. Mayor Carr was given the scary job of judging. A Dispatch Photo**

**Four Points Bridge: Update**

by Mike Hillman

As we go to print, the county is still developing its options on what to do with Four Points Bridge. The county had hoped to have a plan by now, but the position of the bridge in Toms Creek has hampered efforts to get an accurate assessment of the damage and the bridge's reparability. To expedite the process, the county has directed the contractor responsible for the bridge repair to remove the bridge from Toms Creek, where it has lain since being washed away by Hurricane Fran.

Before the contractor can actually lift the bridge from Toms Creek, a lifting feasibility study must be done to insure that no further damage will be done to the bridge. Once the lifting plan is approved, power and telephone

utilities must remove lines on the east side of the creek. Current plans call for the bridge to be lifted sometime within the next three to four weeks, and to be placed on the access road on the east side of Toms Creek.

Once the bridge is out of the water, the contractor and county engineers will be able to get an accurate assessment of the damage, and efforts towards restoration or replacement will shift into high gear.

As *Dispatch* reporters Jonathan and Christopher Kubala will be keeping their eyes peeled for any impending activity around the bridge. Once the actual lifting date has been set, the *Dispatch* will notify the community. Local residents are encouraged to witness the event. A large turnout will send a strong signal to our county commissioners that the restoration of Four Points Bridge is an important priority to the Emmitsburg community.

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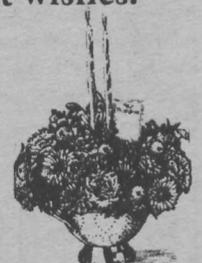
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100 Years Ago, "In this place"  
from *The Emmitsburg Chronicle*

### The Election

Nov. 6, 1896 - The election in this place on Tuesday was one of the most orderly, quiet, and peaceful elections ever held in town. There was no wrangling or contention over voters at the polls, for electioneering within 100 feet of the voting place was prohibited under penalty of the law.

The number of votes cast was 731, being 35 more than was polled at the election in 1895. The total number of registered voters in Emmitsburg District is 755. Thus it will seem that only 24 failed to vote on Tuesday, and the Democratic plurality was 51.

### Wheelbarrow Parade

Nov. 13, 1896 - A great deal of excitement and merriment was caused in this place last Saturday evening by the settlement of several political wheelbarrow wagers. As previously announced in the columns of the CHRONICLE, Mr. Charles C. Rowe, republican, entered into an agreement with Miss Annie Hoke, a democratic lady, that if Mr. Bryan was elected he would wheel her from one end of town to the other end, and if Mr. McKinley was successful she was to wheel Mr. Rowe. Mr. McKinley having been the successful candidate, it fell to Miss Annie's lot to take hold of the handles of the wheelbarrow and wheel her republican friend. Eight o'clock was the hour appointed for the wager to be carried out, and promptly at that time both parties appeared at the Emmit House, and Mr. Rowe selecting a comfortable position on the wheelbarrow the young lady took hold of the handles of the wheelbarrow and started down the pavement at a lively gait, followed by a drummer corps which had been arranged for the occasion. Miss Annie wheeled her friend the entire length of the town, stopping only for a second at the square. A large and enthusiastic crowd followed the wheeling party. This is the first time in the history of Emmitsburg, so far as we have been able to learn, that a young lady entered into a political wager of this kind, and carried out the agreement to the letter. After the wheeling Miss Annie received the congratulations of a number of friends.

## The Emmitsburg Regional Dispatch

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## Commentary: People ask, "What are you going to do?"

Many people out of a genuine concern have been asking, "Have you seen the new *Walkersville/Thurmont Gazette* that is being sold in Emmitsburg? What do you think? What are you going to do?"

I'm not sure what my first response was—some kind of muttered incoherent blather I suppose. I do recall thinking when I saw that first mega-issue, Now I know how the Indians must have felt when the armadas of early settlers appeared off-shore. There goes the neighborhood, I reflected. A three thousand pound gorilla can sit anywhere it wants to. David and Goliath images raced through my thoughts.

By the time I got home a normal level of rationality settled in, probably helped by the sweat worked up carrying home 72 pages of paper and ink. Well, at least the *Dispatch* is easier on the heart, I rationalized.

Sitting down with a cup of strong coffee to remove the glaze from my eyes and brain, I sat about thinking about what I thought.

What I think is that the *Gazette* is a very fine product composed by talented and capable people—professional stuff. Ergo, it will be a good "text-book" for us to study for tricks and techniques of the newspaper game that can be used to improve the quality of our publication.

What are we (the *Dispatch et al.*) going to do?

Do what we always have been doing. Organizationally, the *Dispatch* is a loose association of amateurs who do what we do because we love it. We are part of the community by birth, by long time residence, by involvement in almost every level of community life—youth activities, schools, clubs, civic groups, commerce, government, raising families here—and each one is concerned with developing a local newspaper that will report on events and happenings with the kind of information that connects us.

What are we going to do? We'll continue focusing on the *really* local town and regional news, the informa-

tion you can't read anyplace else and present it in such a manner and such a timely manner that it can be used by the wisdom of the readers for the ultimate good of our community. We work to be an integral part of the "process known as Emmitsburg" which Rev. Fearer describes as "a little town that lives together well."

**FORMER RESIDENT DEPUTY RETURNS TO EMMITSBURG**

by Christina Stevenson

Emmitsburg has received a new resident deputy from the Frederick County Sheriff's Department. DFC Denny Derry is the town's new deputy but is familiar to most residents in town because he was assigned to Emmitsburg four years ago. DFC Derry said he wanted to come back to Emmitsburg because he loves the people and the town. DFC Derry replaces DFC Dave Hunter, who was reassigned when promoted to corporal within the Sheriff's Department.

DFC Derry, who is originally from Woodsboro, has been a police officer with the Frederick County Sheriff's Department for eight years. He has been a volunteer fireman since he was eighteen years old. Being a volunteer fireman and wanting to help people is what inspired DFC Derry to become a police officer.

DFC Derry not only serves and protects, he teaches his fellow officers in special skills. Handling weapons, advanced first aid, self-defense, vehicle searches, and tactical handcuffing are a few examples of the numerous classes he teaches. DFC Derry said that teaching other officers is a rewarding part of his job, especially if an officer uses a new skill to help himself or another person. DFC



**DFC Denny Derry**  
Photo courtesy C. Stevenson

Derry plans to offer a self-defense class for Emmitsburg residents.

Participating in physical fitness activities also keeps DFC Derry busy. He won three gold medals in the men's long jump at the International Police Olympic Games this year and jumped a personal best of eighteen feet and a half inch at a competition in Salt Lake City. He is also the physical fitness coordinator for the Sheriff's Office.

DFC Derry said that community involvement is what he enjoys most about being a resident deputy in a town like Emmitsburg and pointed out that community police officers are accessible to residents.

(FARM - from page 1)

5,000. Seventy-five acres of wheat just rotted away, and almost 60% of his barley crop was lost. Other farmers like Joe Wivell lost entire fields of oats, barley, or wheat.

The late spring and continuous summer rains also interfered with efforts to retrieve lush crops of timothy and alfalfa hay. According to John Davis, who raises beef cattle and farms 300 acres west of Emmitsburg, "Every time the conditions were right to cut hay, the weatherman would predict rain, and when the forecast called for clear weather, you could be sure that it would be raining the day after the hay was cut." In the end, Mr. Davis, who on a typical year brings in almost 15,000 bales of hay, was only able to make 1,800 bales. Sixty acres of the nicest timothy he'd seen in a long time just rotted away because the fields were just too wet to get into.

The story is pretty much the same with other farmers in the area. All across the county, fields bear the grim reminder of weather predictions gone bad. Row after row of hay cut and raked on sunny days lie rotting as a result of unexpected rains. Even as late as two weeks ago, farmers were still losing vast fields of hay they desperately need. Joe Wivell, who completely lost faith in the weatherman, lost 60% of his hay crops. Hay barns that should be packed full for the upcoming winter are less than half full.

Because a lot of hayfields went unharvested, weeds which are usually kept under control have taken over once-productive fields. And while the weeds have little nutritional value, farmers are cutting and baling out of desperation. According to Joe Wivell Jr., the weeds and other fibrous plant growth will provide bulk filler material for the dairy and beef herds, and what they don't eat can be used as bedding. The mud also played havoc with the health of the animals. The mud in cow paths on local dairy farms, always notorious for being at least ankle deep, could be measured in feet, not inches. Cases of thrush and mastitis were up markedly. Local farriers did a booming business replacing lost horse-shoes, often being called back twice a week to replace the same shoe. Rain rot and white line disease was prevalent everywhere.

The one bright spot for our neighborhood farmers is the corn crop that they had such a hard time planting in the spring. For those fields that did not turn into swamps, the frequent rains of the summer resulted in spectacular corn growth. Unfortunately, dry fields were the exception, not the rule, this year; and for some farmers upwards to 30% of the corn seed rotted in the wet ground. Nonetheless, according to both Joe Wivell and Frank Williams, the corn harvest is turning out to be the best in recent memory. While each will be able to make up some of his losses from the corn surplus, it will not make up for the losses in other crops.

Last year's dry summer in the midwest caused a significant drop in crop yields, forcing feed producers to draw upon rapidly diminishing grain reserves, which has resulted in marked increase in feed prices. For some farmers, feed has gone up as much as 3 to 4 thousand dollars a month, while the price farmers get for their milk remains in relative terms at a near all-time low. And if that isn't bad enough, farmers are having a tough time getting seeds, at any price, for crops that need to be planted in the next few weeks. Barley seems the scarcest, but wheat seed is also in short supply.

At the local farmer's co-op, 1997 calendars are the hottest selling item, and most farmers will not weep long when the new year is rung in. With the spirit that has made farmers the backbone of this country, all are keeping a positive attitude and are looking forward to a better year next year. Farmers all around Emmitsburg are taking advantage of the current good weather and getting an early start on their fall planting. With the weather as unpredictable as it's been, don't be surprised to see your neighbors tilling and seeding their fields long after most of us have turned in for the night.

Only winter stands between the farmers and a rich harvest next spring. And while last winter was pretty rough, every indication so far this year is that this winter will be brutal. The woollybear caterpillars, usually a good indicator of the length and severity of winter, are woolly and almost completely black. Worse, they seem to be killing themselves in mass on Route 15, trying to head south before the winter hits. If that isn't an harbinger of the severity of the winter to come, nothing is.

**Town seeks to fill vacancies**

The Emmitsburg Economic Renewal Committee currently has one vacancy for a citizen representative. The Board of Appeals currently has vacancies for two alternate members.

Interested individuals may contact Yvette Semeler, Town Manager, at (301) 447-2313. Or, send a letter of application to the Emmitsburg Town Office at 22 East Main Street, P.O. Box 380, Emmitsburg, Md. 21727. Letters of application will be accepted until Nov. 15, 1996.

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## Senior Citizen News

By Anna Margaret Martin

Fall is here! The leaves have changed colors and the rain has been hard on them. It won't be long until the North Wind will blow and we will have snow. (I hope not much.)

This is November. How fast the year is going. Thanksgiving will be here this month.

The Seniors will be busy also this month, the "highlight" being our bazaar to be held on Sat., Nov. 9, from 10 a.m. - 3 p.m. There will be something for everyone that day - food, fancy table, country store, flowers, bingo, used clothing, white elephants, books, door prizes - and lunch will be available. Come early, spend the day. Our beautiful hand-quilted quilt will be raffled off that afternoon around 3 o'clock.

Other activities at the center for the month of November are as follows:

Friday, Nov. 1 - Flu shot, 9 a.m. - noon

Tuesday, Nov. 5 - Closed - Election Day

Thursday, Nov. 7 - Bingo, 1 p.m.

Tuesday, Nov. 12 - Frederick Shopping, 1:30 p.m.

Tuesday, Nov. 19 - Meeting day, blind bingo

Thursday, Nov. 21 - Bingo 1 p.m.

Thursday and Friday, Nov. 28 and 29 - Closed for Thanksgiving

Each Friday is shopping at Jubilee for those who have transportation during the week.

The center is open Monday through Friday from 10 a.m. - 2 p.m. Lunch is available each day at noon - reservations a must 24 hours in advance. Transportation is available to the meals. Home-delivered meals are available on approval of the Commission on Aging. Call Anna Margaret at 447-6253. Any person 60 years of age is eligible to join us for food, fun and fellowship.

### Views on Aging

One disability of age is the need to give organ recitals—about all our internal organs.

Rabbi Harold Krantzler

## SHARE Food Program Comes to Emmitsburg

SHARE (Self-Help and Resource Exchange) is a non-profit, self-help program now being sponsored in Emmitsburg by the Council of Churches for anyone in the community who wishes to participate. There are no age, income, or other eligibility guidelines.

Founded in 1983, SHARE offers a nutritious food package for \$14 in cash or food stamps in exchange for 2 hours of volunteer service in the community. Volunteer service is fundamental to SHARE's operation which is committed to improving the quality of life and sense of belonging for everyone in the community. SHARE defines volunteer service as "acts of goodwill or service, performed without pay, to the benefit of one's neighbor or community as a whole."

How does SHARE work? By pooling thousands of dollars across the nation, SHARE purchases food at wholesale prices and passes the savings on to participants. Volunteers repackage food purchased in bulk and distribute it through a network of volunteer groups throughout the region.

The food package includes 4-5 frozen meat items, 7-10 fresh fruits and vegetables, and 1-3 staples.

There are new items each month. The

package is designed to supplement a family's food budget by doubling the value of grocery store prices. It is distributed monthly on a designated day to the SHARE host site in Emmitsburg which is the Elias Lutheran Church.

For more information call 447-2782 or 447-2943.

### SAMPLE SHARE PACKAGE

1 lb. Ham Steak  
2½ lbs. Chicken Drumsticks  
1 lb/ Chicken Breast Tenders  
1 lb. Whiting Fish Fillets  
1 lb. Ground Turkey  
1 lb. Shoestring French Fries  
1 lb. Lentils  
1 lb. Corn on the Cob  
3 lbs. Red Potatoes  
1 Bunch Broccoli  
2 Jumbo Green Peppers  
1 Head Cabbage  
2 lbs. Vidalia Onions  
4 Tomatoes  
5 Bananas  
Salad Dressing  
Cornbread Mix  
SHARE Newspaper  
(with recipes)

New Items  
Each Month!

## Use Plants to Clean Air in Your House

Local resident Margaret Wilhide passed along this information gleaned from an article published in the *Frederick News Post*—household plants can be allies in helping to keep the air in your house fresh. Plants use harmful carbon dioxide created by people and animals and replace it with oxygen, necessary for survival. Some plants help destroy three of the most dangerous gases often found in the home—trichloroethylene (TCE), benzene, and formaldehyde; a study by NASA estimates that plants can reduce these gases by 90 percent.

Mark Holliday, a certified nurseryman at Builders Square in San Antonio, offers some practical advice for deploying pollution-fighting plants:

- Install two or three plants per hundred square feet in your home. A small ivy in the bathroom is a good idea.
- If you've recently added new carpeting or furniture, or had your home sealed against cold weather, pack the affected areas with plants.
- Choose a wide assortment of plants, with different varieties, sizes, some with leaves, some flowering. Tropical and flowering plants seem to be most productive in removing pollution. Use lots of philodendrons, spider plants, and aloe vera. English ivy is good for attacking TCE. Philodendrons draw formaldehyde from the air, and chrysanthemums favor benzene.

## Emmitsburg Community Chorus

By Sue Allen

After a summer break from practice and performances, the Emmitsburg Community Chorus resumed rehearsals in mid-September. We have some new recruits this fall whose voices are welcome additions to the overall group sound. All the choristers are excited to be making music together, and are working hard on the selections for our annual Christmas concert. The holiday season will be here before we know it, and we have lots of notes and lyrics to learn.

Our director, Sandy Soffe, has chosen "Joy to the World" as the program theme. "Joy from the World" might be equally appropriate, for the carols she has selected come from many nations and musical traditions. John Soffe's narrative for

last year's concert was so well-received by our audience that we have asked him to create a spoken accompaniment for this new repertoire. In this way we hope the concertgoers will learn a bit of the background of each carol to add to their appreciation of the beauty of both the melodies and their message. Accompanist Pat McElroy will lend the chorus her talents at the piano.

Next month we will give you more details about our Christmas concert, but we hope you now will circle or star Sunday, December 8, 3:00 p.m. on your calendars now. Reserve that afternoon so you can join the Emmitsburg Community Chorus in bringing you "Joy to the World" to add to your holiday joy.

**Emmitsburg Branch Library-  
Frederick County Public  
Libraries**

By Kate Warthen

Please come celebrate our new milestone in service—a more uniform schedule: 10 a.m. to 9 p.m. on Monday and Wednesday; 10 a.m. to 6 p.m. on Tuesdays and Thursdays; 1p.m. to 5 p.m. on Fridays and 10 a.m. to 1 p.m. on Saturday. We look forward to seeing you between 10 a.m. and 1 p.m. on Nov. 23rd for our celebration. There will be continuous entertainment as well as light refreshments.

Plans are underway to make the Emmitsburg Branch handicapped accessible, and remove hazardous materials such as lead paint. This is all part of the county's effort to rehabilitate the community center.

The library's SAILOR computer program is being expanded to include Information Access on line. A new program paid for by federal funding will allow users both in the libraries and at home to get information on health data, periodicals, and a newspaper index of five major newspapers. If you own an internet account and need to use the library computer you may access it from our library.

Come search and become familiar with our new system. It's interesting to see young patrons teaching their parents how to use the computer.



**Dottie Corbin presents two books to Emmitsburg librarian Kate Warthen in honor of Virginia Corbin Bollinger and Clarence E. Bollinger. The new books are Rembrandt and Architecture from Pre-History to Post-Modern**

The community is cordially invited to  
**Up-County Family Center's  
Open House**  
on Friday, November 22, from  
2:00p.m. to 4:00 p.m.  
Up-County will celebrate its new building and ninth year of service to the Emmitsburg community.  
Those who plan to attend are asked to respond by phone (447-2810) or fax (447-6325) by November 15.

**CASS Presents Parenting Workshop**

Linda Benkin, MA, NCSD, will present a free parenting workshop (appropriate for all ages) called "Raising Kids: Who's in Charge?" at the Parkway Elementary School in Frederick. The workshops will be held over a series of Tuesday evenings from 7:00 p.m. until 8:30 p.m. Child care will be available. Call in advance to register at 694-1349.

**Tuesday, October 29** - Introduction - General Development of the Child.

Topics include Talking with children: Do they really understand what you think they do?; Being consistent: Don't threaten unless you mean to do it!; Discipline rules: Don't have too many!; How to enforce consequences.

**Tuesday, November 5** - Dealing with your anger and your children's anger. Topics include What is anger?; What makes me angry, and how do I get myself out of the way?; How do I avoid getting into arguments with my child?; How do I avoid power struggles with my child?

**Tuesday, November 12** - Tricks of the trade: Strategies to help parents deal with; homework, self-esteem, friends, sibling rivalry, following

household rules, bedtime, and other typical problems.

**Tuesday, November 19** - Everything you wanted to know, but were afraid to ask, about your adolescent! What to do when "good" kids do some "not so good" things? What about drugs?

**Domestic and Sexual Violence: A Community Response**

Heartly House, Frederick County's domestic and sexual abuse program, is now offering outreach services to residents of Northern Frederick County. There will be a domestic violence workshop on December 4, from 3:30 - 5:00 p.m. at the Emmitsburg Community Center in the library's conference room.

The workshop is open to the community. Human service providers, community organizers, clergy, police officers, parents, and others who are interested in learning about Heartly House services and the Catoctin Outreach Program are encouraged to come.

The format will be an overview of Heartly House services, a discussion about the dynamics of domestic and sexual abuse, and counseling and legal outreach to residents in Northern Frederick County. This is an opportunity to increase your awareness about these issues, and how they impact our community. If you need further information, please contact Kim D. at (301) 662-8800. **NO ONE DESERVES TO BE ABUSED IN ANY WAY.** ( See article on page 12.)

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## CHINA WOK OPENS IN EMMITSBURG

By Cristina Stevenson



China Wok staff: (l. - r.) Guo Zhu Di, Lu Andy, Guo Shu, Mark Guo.

Photo courtesy of C. Stevenson

Residents of Emmitsburg can now order carry-out Chinese food courtesy of the China Wok restaurant located in the Silo Hill Market Center. I recently visited China Wok and spoke with the restaurant's owner/manager Shembo "Mark" Guo and sampled some of the food.

While I was waiting for my order, Mr. Guo told me he has been in the restaurant business for about ten years. China Wok is a family owned and operated business which includes Mr. Guo's mother and father, sister and brother-in-law, and brother. Mr. Guo, who lives in Emmitsburg with his family, said that he feels the people here are very nice and that he is glad he chose Emmitsburg for the location of his business.

The carry-out restaurant is open seven days a week, Monday through Thursday 10:30 a.m. until 10:00 p.m., Friday and Saturday 10:30 a.m. until

11:00 p.m. and Sunday 11:30 a.m. until 10:00 p.m. The menu is expansive, and prices range from \$1.00 for an egg roll to \$9.50 for a seafood combination dish. The lunch specials come with pork fried rice and soup or soda with prices from \$3.75 to \$4.75. Catering for parties is also available with a 10% discount if the order is over \$100.

Mr. Guo explained the differences between Szechuan, Hunan, and Cantonese dishes. Szechuan dishes are flavored with a hot, spicy chili sauce. Hunan is similar to Szechuan but less spicy and flavored with an oyster sauce. The spiciness of the dishes can be varied to please the tastes of the customers. Cantonese dishes have a mild white sauce. Mr. Guo said the most popular items are the sweet and sour selections as well as the Szechuan and Hunan dishes. He stated that the dishes at his restaurant do not contain MSG, a common preservative in foods which can cause allergic reactions in some individuals. There is free oolong tea, crispy noodles, and packets of sauce to take home with your meal. Sodas and juices are available to purchase if you want something cold to drink. The orders are topped off with a handful of fortune cookies.

It was time to enjoy the dish I had selected: seasoned vegetables with pork fried rice and won-ton soup. The dish consisted of steamed broccoli, carrots, onions, water chestnuts, and baby corn served over rice. The vegetables were fresh, crisp, and flavored with a mild brown sauce. The won-ton soup was hot and full of flavor. The portions were very generous. I finished with a cup of oolong tea and a fortune cookie. My fortune said, "Endurance and persistence will be rewarded." I hope this fortune will apply to Mr. Guo and his family as well.

### Thank You Emmitsburg

We just want to say thank you to all the wonderful people who helped in celebrating our golden wedding anniversary on October 12th. It was a beautiful day - made more beautiful by the attendance of so many friends and relatives: Florida, North Carolina, Virginia, New Jersey, Illinois, Pennsylvania and Maryland were represented.

We'd like to thank the Friends of the Library for the beautiful floral arrangement for the table. A thank you also to the members of the library board and the Women's Guild of Incarnation UCC Church for their contributions to the refreshment table. God bless you all. We love you.

Sheila and John Chatlos and children

### St. Catherine's Employee of the Month



Beth Gilbert (center) receives the first Employee of the Month award from Daniel Risch, Administrator, and Myrna Eshelman, Director of Nursing.

St. Catherine's Nursing Center opened its doors to the community of Emmitsburg and neighboring areas in October 1994. St. Catherine's Nursing Center is sponsored by the Daughters of Charity National Health System and is located in St. Joseph's Provincial House at the National Shrine of St. Elizabeth Ann Seton.

During the past two years, St. Catherine's has cared for more than 200 residents. Both private and semi-private rooms are available. At St. Catherine's, you or your family member can enjoy the highest quality of nursing or rehabilitative care in a beautiful serene setting.

### Lucille Beale Honored by National Weather Service

Lucielle Beale has been making weather observations over the past 40 years from her home near Emmitsburg. In a letter to Mrs. Beale last month, National Weather Service Director Elbert W. Friday, Jr. said her records played an important part in gaining knowledge of the climate of the United States.

James Smith, NWS cooperative program manger, called Mrs. Beale's monthly weather logs "fantastic." Smith presented Mrs. Beale with a service pin as well as a plaque from the U.S. Department of Commerce recognizing her "40 years of service to the government of the United States."

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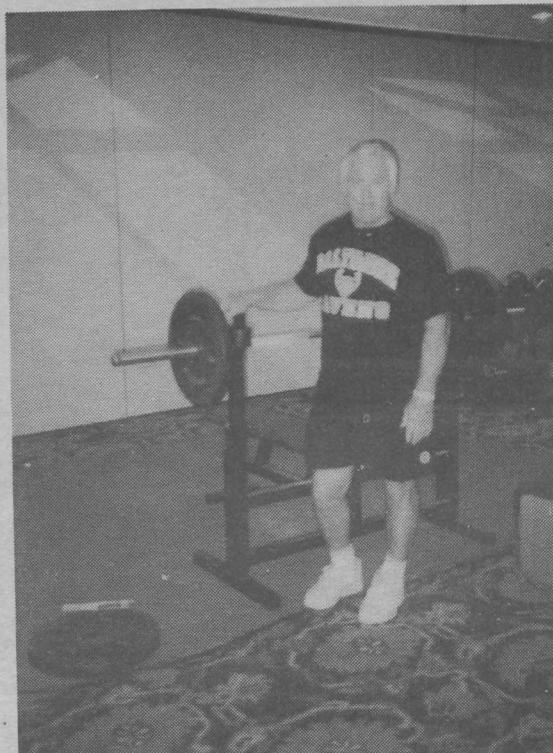
## Native Emmitsburgian sets record

Don Joy, a self-described "bench press specialist," lifted 315 pounds to set the Maryland Amateur Athletic Association's press record for his age (60 - 64) and 242-pound weight classification.

Don, who grew up on South Section Avenue but now lives in Westminster, has rebelled against the notion that advancing age automatically limits participation in athletics. He began weightlifting in his Army days. Then the responsibilities of raising a family sidelined him for a long time. About ten years ago, he decided to get back into sports by playing softball. "I was starting to go downhill," Joy said. He turned to weightlifting as a conditioning tool.

At first Joy said he wasn't interested in competition, but watching competitions and talking with contestants piqued his interest. "The more I got involved, the stronger I was getting. I finally thought, 'Let's see what I can do,'" Joy said.

He achieved quick success and at the age of 57, set an AAU state bench press record for his class when he lifted 310 pounds. Don has won over



Don Joy

30 trophies, most of them for first place. His lifts sometimes make the pages of *Powerlifting USA*, along with the lifts of others around the country who win tournaments or set records.

Many remember Don from his local baseball-playing days on the shoe factory team. His interest in playing

baseball and softball has not waned. He is awaiting the upcoming season, when he can play another 100-or-so softball games as he did with three different seniors teams this year. In May, he and his Maryland Old-Liners softball squad will journey to Tucson, Arizona, to play in the National Senior Olympics Softball Tournament. The team qualified for the tourney by winning the Maryland Senior Olympics softball title this year.

"When many hit 65, they are going downhill. I intend to be going uphill," Joy said. As a

member of the baseball team at the Mount, Don once broke records by throwing a baseball 395 feet, and he is still on his way.

Don is the son of the late Hubert and Gertrude Joy who lived on S. Section Avenue.

## Indian Lookout Conservation Club

By Jean Eyler and Gil Eiker

Promoting conservation is one of our main functions. Part of what we do in the summer months includes planting bushes and trees which produce seeded berries that remain on them throughout the winter months. These serve as wild bird feed. We have planted honeysuckle, speckled alder, Autumn Olive, Miniature apple, Siberian Apple, and a Russian Olive (a new variety added this summer). The Russian Olive is seed bearing after 3 to 5 years and can grow up to 12 to 30 feet. Its silvery white fruit also remains on the tree throughout the winter. Its fragrant yellow flowers produce pollen in the spring and summer to feed the bees.

Some people may not know, but our bee population is declining due to an Asian Mite which clings to the bee's body. We can all help and here is how. Mix the following:

- 1 lb. granulated sugar
- 20 drops of wintergreen oil
- 1 quart hot water.

Stir all the above together until sugar is dissolved and let cool. Put in humming bird feeders placed near bee hives during spring and summer months. (Remove bee guards from feeders.)

Watch for next month's little conservation tip.

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## Emmitsburg at work...

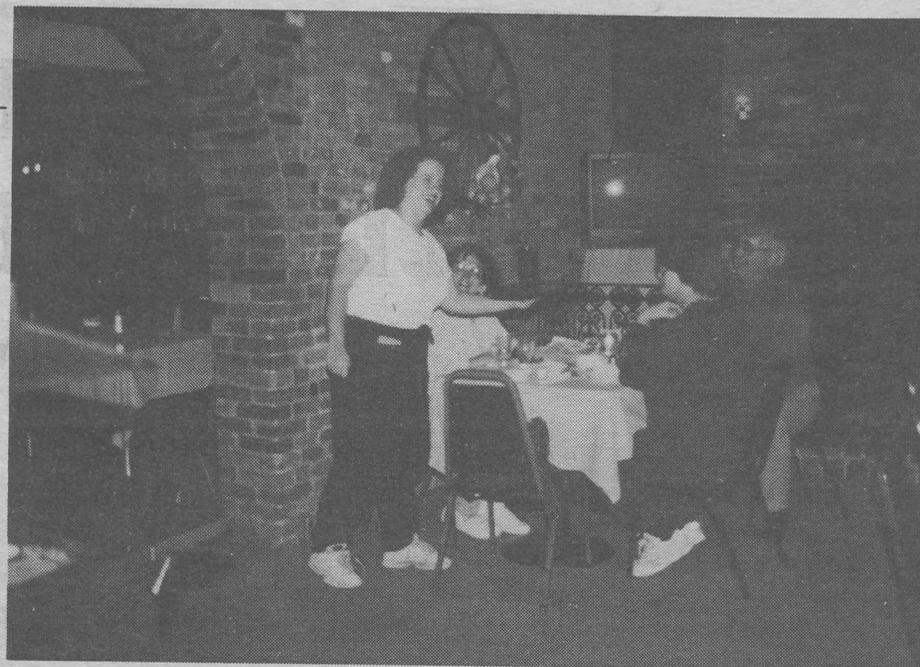
By Rena Damskey

To twenty-year-old Jenny Wilson working in Emmitsburg means family. Twenty of the thirty employees at the family-owned Ott House, where Jenny works as a waitress, are relatives. When asked how long she has worked at the restaurant, Jenny says she remembers as a small child standing on beer flats in front of the restaurant's three big sinks to wash dishes. Jenny says it was only play then, but it taught her strong work ethics. "All the children helped. We cleared tables and emptied the garbage. I had to learn the town's history, the family's history, and facts like how old the building is and remember the stories my Uncle Bobby used to tell," Jenny said. Along with the hard work and long hours, Jenny says she has a good time working with relatives and meeting the new people who come in from

the Mount, the Shrine, and the Fire Academy. "You get to know everybody and every body knows you. Everywhere I go I run into someone I know or someone who recognizes me."

Each week Jenny works four days at the Ott House and attends Frederick Community College four days. Jenny studies graphic design and visual communication and thinks she will have to move to a big city after graduation to find work. She is sure if she does move away, she will move back someday.

Jenny's generous smile and happy personality are valuable assets to our town. Most days you can meet Jenny, enjoy a good meal, and hear an interesting story at the Ott House, Center Square, Emmitsburg.



Jenny Wilson greets guests at the Ott House.

Photo courtesy Rena Damskey

### Thank you, all.

I would like to thank all my family, friends, customers for all their prayers, cards, gifts, visits, and concern during my illness.

God bless you all.

Paula Wetzel

### THANKSGIVING

The Jack Horner attitude of feeling one's self "good," because one has managed to pull a few plums from life's pie is not the spirit of thanksgiving. The true spirit of thanksgiving calls us not so much to rejoice in what we have but to be concerned about what we do with what we have.

Charles A. Kroloff



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## No One Deserves to be Abused

### Services for Survivors of Domestic and Sexual Violence Come to the Catocin Area

Heartly House, Frederick County's only domestic violence program, provides services to victims of domestic and sexual violence. Services include a 24-hour hotline (call collect if you need to). The hotline workers are knowledgeable about and sensitive to issues relating to domestic sexual violence. Heartly House also offers emergency shelter, crisis and ongoing individual counseling, support groups, legal advocacy, referrals, and medical accompaniment. These services are confidential and the fees are based on a sliding scale.

#### Who are the battered?

Domestic violence crosses all social, economic, racial, religious, ethnic, age, and educational barriers. This includes rural and urban women, children, and even men. We know that the vast majority of victims are women, but there is no "typical battered person." It can happen to anyone—your neighbor, a member of your family, your friend—you!

Every relationship has problems and even the most loving family has arguments, but there is a difference between an argument and abuse. We often define battering as the use of physical violence. There are many forms of abuse that are not physical. Words can be very hurtful and damaging. Physical violence leaves visible bruises. The scars of emotion and verbal abuse are

not as visible, but go much deeper. Although a person can survive emotional abuse, her or his self-esteem often does not. So, what is the difference between an argument and abuse?

Ask yourself the following questions: 1. When your partner is angry, are you afraid? 2. Does your partner say hurtful things, hurt you physically, or threaten you? 3. Is your partner very jealous and possessive? 4. Does your partner keep you from spending time with friends and or family? 5. Do you feel pressured or forced to participate in sex? 6. Have you lost confidence in your abilities, become increasingly depressed, and/or feel trapped or powerless? If you answered Yes to any of these questions, you have probably been abused.

If you are abused or think someone you care about is in an abusive relationship, there is help available. Often, the first step to change is telling someone about the problem. Remember, no one deserves to be abused.

Heartly House will now be offering counseling services in an upcounty location for residents of Emmitsburg and Thurmont who are victims of domestic or sexual violence. The service will be held in Emmitsburg at the CASS office in the Community Center. The Thurmont services will be held at Weller Methodist Church.

For more information or to schedule an appointment call Kim D. at 662-8800. If you need transportation or other assistance in contacting Heartly House call the CASS Program at 447-3611.

## Bees Enliven Mount Saint Mary's Environment

Tim Burroughs is the only Mount Saint Mary's College student to return from summer vacation with his own colony of bees.

The junior business major and eight of his closest pals are ensconced in Earth House, a rambling white clapboard bungalow on Old Emmitsburg Road that is part of the college's first attempt at establishing a network of student-run "theme houses."

It's part of an alternative living arrangement that's been implemented by the Mount's office of student development under the guidance of Kristin Vojik, assistant dean and director of housing. Groups of students who applied for the unique housing agreed to foster an alcohol-free environment, and all were required to have at least a 2.5 grade-point average. In addition, the students made a commitment to perform some community service that would enhance campus life.

#### So what of Burroughs and his bees?

He and his roommates, practically all buddies since freshman year, decided to espouse the environment. And what better way to raise money for the recycling and tree-planting projects they proposed than to sell honey extracted from their hives?

Burroughs explained that his dad, Dean Burroughs, who is the chairman of the athletic department at Salisbury (MD) State University, is an expert beekeeper and helped him transport the hives from their Eastern Shore home this summer.

So far the group has harvested about 50 pounds of honey, which they will eventually bottle and sell.

"We'll use that money to help fund our community projects as well as sponsoring a hiking trip later this year on the Appalachian Trail," added Burroughs.

So far, Burroughs and his housemates have sponsored a campus-wide clean-up to get ready for Family Weekend and have organized a twice-weekly recycling pick-up for the college. Aside from Burroughs, the "earth men" include Bryan Bolger of Libertytown; Jim Eble of Waynesboro, PA; Anthony Graziano of Pearl River, NY; Shawn Harritz and Daniel Thorney of Elkton; Christopher Keely of Baltimore and Aaron Nodar of Towson. They all are loving life at Earth House and have experienced no downside to their new career as fledgling beekeepers.

"At least," Burroughs said, "no one's been stung yet."

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Nov. 29 - 30 Driven Force

The Ott House will be closed Thanksgiving day. The Ott family and employees wish everyone a safe and happy Thanksgiving.

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The New

Carroll Valley/Fairfield/Liberty/Hamiltonban Township

## Fairfield Herald

Vol. I No. 1

All the news that fits, we print

November 1996

## NATALIE'S JOURNAL

## Editorial

"Life is a journey. Enjoy the ride!" During this portion of our journey through life, my husband, Jack and I, are publishing this community newspaper. And, we hope you will enjoy reading it.

A little bit of information about us: I am from North Dearborn Heights, Michigan (a suburb of Detroit), and Jack was born and raised in Washington, DC. He is retired and I am semi-retired. We have lived in this area for 4 1/2 years.

The goals of this paper include reporting community news, school and local sports, church programs and activities, school activities, restaurant reviews, absorbing stories and interests written by local residents

We need each other's help to take this journey down life's path and we must contribute when we can, as we can. If you have a story to tell, an experience to share, a favorite family recipe, or whatever, please call or write us and become a part of your newspaper.

Jack and I have met some wonderful people since we started this project, and, we would like to meet even more. You are welcome to participate in any shape or form as we can always use a helping hand. People with computer experience are greatly needed, as well as writers and those people willing to assist in other tasks.

Advertising supports this newspaper, and without it there cannot be one. Therefore, if you would like to place an ad, call Jack at 717-642-9685. Readers, please read the ads and sponsor the local stores, restaurants, etc. that are advertising in the paper.

Next month's paper will be about 10 pages, printed locally and distributed by mail to all residents of the 17320 zip code. It will feature a fantastic restaurant review, a story of safe hunting, Christmas recipes and an assortment of community stories and news to keep you informed.

Your comments and suggestions are most appreciated. Until next month, enjoy the ride through Autumn's glory, stay warm and have a Happy Thanksgiving!

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by Judy Crum

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717-642-5180

Fall is here and it is, by far, the most colorful season of the year. For those of us who have lived in the country most of our lives, as well as those who have been transplanted, there is much to enjoy.

Now that fall is here, lawns don't need as much care, summer sports are over, and some people have a whole new routine. The trees are making the countryside glow with a rainbow of color as nature prepares for winter. The days are shorter, giving us a respite from the long busy summer. The baby calves are born with their winter coats and the woolly bear caterpillars are making their weather predictions. As folklore tells it, the lighter caterpillars predict a mild winter, the darker ones predict a long, cold winter, and the half and half ones declare there is an average winter ahead. If the caterpillars have stripes or rings of color, we can expect some extreme weather. So far, I have seen more dark than light, but it is just folklore, you know.

Whatever the case may be, we need to prepare for the next season. At our farm market, Willow Valley Farm, the popular items for sale are apples and cider. We also have fun decorating for fall and Halloween, using pumpkins, gourds, and corn shocks that are in demand.

There are fall festivals everywhere with crafts, hayrides and lots of good food and the smell of hot mulled cider. We can sit back a little longer and enjoy a warm fire and some fresh-baked apple cake. I am including my mother's own recipe for this tasty treat. We bake these every year for family and friends during the holidays. I hope you will enjoy it.

## CHRISTMAS APPLESAUCE CAKE

1 1/2 cups brown sugar; 1/2 tsp. nutmeg; 1 cup hot applesauce; 1/2 tsp. ground cloves; 1/2 cup butter or margarine; 1/2 tsp. cinnamon; 2 1/2 cups flour; 1 lb. raisins (steam and drain); 1 1/2 tsp. baking soda; 1 cup chopped walnuts (other nuts can be substituted)

Preheat oven to 350 degrees. Grease and flour tube or bundt pan. Mix together brown sugar, applesauce and butter. Add flour, baking soda, nutmeg, ground cloves, cinnamon and mix well. Then add the raisins and nuts and mix quickly. Bake approximately 30-40 minutes, or until toothpick comes out clean and the cake is firm to touch. Cake can be decorated with walnut halves or cherries on top before baking. ENJOY!

Put Your Herb Garden to Bed:  
WILLOW POND  
FARM

by Tom &amp; Madeline Wajda

145 Tract Road, Fairfield, PA 17320  
See ad on this page for hours and additional information

November is the month to put your herb garden to bed. Start by getting rid of dead stalks and leaves that can harbor pests or disease.

To mulch or not to mulch, that is the question. Most perennial plants are less susceptible to cold than they are to the combined effects of cold and wind, especially during those two or three weeks in January and February when the nighttime temperature is around ten degrees and there is little or no snow cover.

We use the following guidelines to minimize mulching work and expense. First, don't mulch anything until the ground is pretty well frozen. This forces field mice and other rodents to find winter homes somewhere other than in your nicely mulched garden. Second, focus your mulching efforts on those plants such as the thyme and oregano families that remain alive above ground during winter. Five or six inches of straw or leaves will make an excellent mulch. Water down the mulch to keep it from blowing away. Remove your mulch in March.

Perennial herbs in pots or patio planters should be placed in a sheltered area where they are sure to get some water.

This delicious Baked Squash with Thyme recipe can be made with either butternut squash or pumpkin:

1 1/2 lbs. squash or pumpkin; 1/2 cup honey; 1/2 head roasted garlic; 2 tbsp. butter; 1 scant tsp. dried thyme leaves; salt and fresh ground pepper to taste

Split squash lengthwise, place cut side up on baking sheet, cover with foil and bake at 375 degrees for an hour. When squash is cool enough to handle, remove seeds, scoop out flesh, and puree with garlic cloves in a food mill or food processor. Stir in butter, honey, thyme, salt and pepper. Bake at 400 degrees for 20-25 minutes in oven proof serving dish. Serves four.

AREA CHURCH  
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## Coming Events:

November 2: Turkey & Oyster  
Dinner

December 6: Chili Supper

The Fairfield Mennonite Church 201 W.  
Main Street, Fairfield35th Annual International Gift Festival  
November 7th & 8th from 10:00 AM to  
9:00 PM and on the 9th from 10:00 AM to  
5:00 PM. This is the largest SELFHELP  
crafts sale in the East. There will be hand-

crafted items from over 35 countries. All proceeds will benefit SELFHELP Crafts, a jobs creation program of the Mennonite Central Committee. Special Handicapped and Senior Citizen shopping is available on November 5th from 10:00 AM to 3:00 PM. Call 717-642-5440.

## The Fairfield Council of Churches

invites the community to the 3rd Annual Community Potluck Thanksgiving Meal, Sunday, November 24th at 4:00 PM in the Fairfield High School Dining Room. Turkey, mashed potatoes and gravy will be provided. Everyone is asked to bring their own place settings and a hot vegetable, salad or dessert to share with others. The evening will include a time for song and thanksgiving as well as recognizing the staff of the Fairfield Food Pantry. **Everyone is welcome!** Please come and join in

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Judy Crum, Carolyn Kelso, Joyce  
Shutt, Madeline Wajda, Tom Wajda

## Rocky Ridge News

Emma Keeney

The Willing Workers have a Cats Meow of Mt. Tabor Church in Rocky Ridge for sale. A history of the church has also been compiled to go along with this. The cost is \$15. Contact Emily Sixx at 271-2674 for more information or orders.

Happy Birthday wishes to Gloria Frushour, Vivian Dinterman, Donald Hahn, Adrian Maxey, Carroll Glass, Derrin Glass, Bernie Hobbs, Amanda Beall, Curtis Green, Charles Stambaugh, and Emma Keeney.

Happy Anniversary wishes to Bea and Vernon Keilholtz on their 52nd anniversary on Nov. 17.

Bible study is continuing at the Mt. Tabor activity building every Monday night beginning at 6 p.m. We have been studying about the women of the Bible.

Election of Sunday School Officers of Mt. Tabor Church were held and those elected are Superintendent, Kenneth Sharrer; Assistant Superintendent, Kevin Sharrer; Secretaries, Brenda Mill and Peggy Ballew; Treasurer, Franklin Stambaugh; Pianists Bonnie Sanders and Linda Shields; Building Fund Treasurer, Barbara Schildt.

### Rocky Ridge Firemen

The firemen held their annual Halloween Party on Oct 31 for the enjoyment of the local children.

They will also hold their annual "butcherin'" on Nov. 23 at the firehall. The Ladies Auxiliary will be serving breakfast at the time starting at 6 a.m. and running until 10:30 a.m. Prices: adults \$4.50, Children \$3.00

To place an order for meat, contact Robert Ogle at 271-2880.

Bingo lovers are reminded that the fire company will hold games every Saturday night at the firehouse starting at 7 p.m.

### Visits home

Fred Staub from Cheyenne, WY, visited with his parents, Mr. and Mrs. Ernest Staub, for a month before reporting for a 15-month tour of duty in Turkey. He is in the Air Force. Fred's new address is Sr A Fred Staub, PSC 94, Box 924, APO -AE 09824.

Corey Staub of North Kingston, RI, visited for two weeks with his grandparents, Mr. and Mrs. Ernest Staub.

## The Quilters

By Inspector 13

It's "business" as usual every Tuesday with two quilts now in frames—a recently pieced '30's style Lone Star and a Carpenter's Wheel. The wheel, an auction find of 30's and 40's fabrics, was pieced then applied to a solid white

block, a departure from the usually pieced block.

We are working on a Double Wedding Ring and a Drunkard's Path variation called Around the World. This is a very complicated pattern, but a wonderful way to use many odd scraps of fabric.

Another excellent scrap quilt pattern is the 9-Patch. There are many variations of the pattern and more recent quilters prefer the more elaborate and color co-ordinated ones.

Our group has quilted several old 9-Patch tops that were typical of an earlier era—plaids, polka dots, and flowery prints combined according to color, but not necessarily in the prints. What these quilts lack in precision and color combinations they exude in love and comfortable homeyness.

At age 8, I started a 9-Patch quilt to learn machine sewing on a Singer treadle that insisted on running back-

(Please see Quilters on page 15.)

# HIS PLACE, INC.

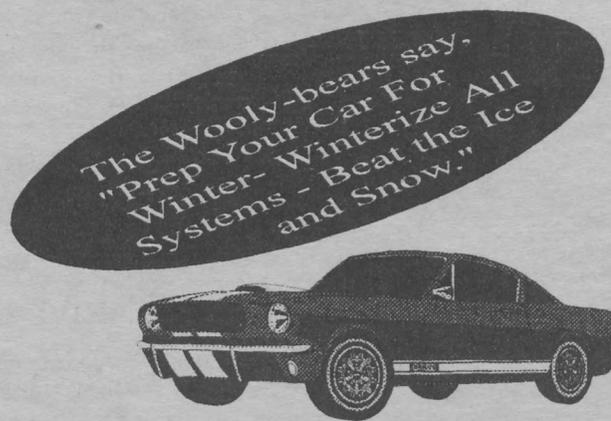
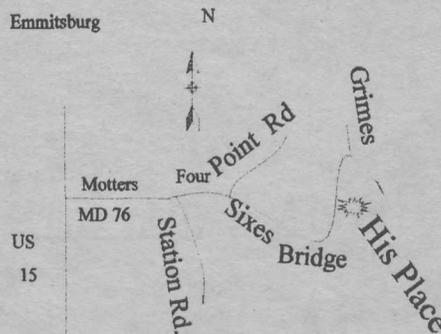
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**Quilters from page 14**

backward and breaking thread. I conquered the machine, but not the quilt. After several attempts and repeated loss of interest, I left the cut squares huddled together in the cedar chest until I married.

My mother finished the top and a school pal of mine quilted it. Her stitches were large and inadequate to hold the cotton batting secure. It was a wonderful quilt that would hug you

if you were lonely; protect you from the cold and dark and comfort you when you were ill. It was folded for a pillow; used for sunbathing. It went on family vacations and whenever we moved, the kids said, "It feels like home."

Today, many years from its birth, the quilt is still here somewhat tattered, patched, and lumpy. It is retired now; its main function to instill memories. And, it still "feels like home."

**St. Anthony's and OLMC News**

**Dedication**

It was a day of rejoicing at St. Anthony Shrine Parish near Emmitsburg. On Oct 27, the congregation began a year-long celebration leading up to the one hundredth anniversary of its church.

Although the Catholic parish dates back to Colonial times, the pre-

sent church was dedicated on October 26, 1897.

Bishop P. Francis Murphy, vicar of Western Maryland for the Diocese of Baltimore, celebrated the Jubilee Mass along with Fr. Leo Tittler, pastor of St. Anthony's and nine other priests from the area. Bishop Murphy also delivered the homily and paid tribute to the congregation's long record of faithfulness, unity, and good works.

The anniversary committee plans a series of festive events throughout the coming year to celebrate further the church's anniversary. Mementoes now available include a memorial booklet, sill sitters of church buildings by Cat's Meow, and a composite picture of historic church properties by local artist Dennis Sherald. Call 447-2367 for information.

Members of the anniversary committee are Phyllis Green, Robert and Elizabeth Kaas, Ann Marshall, Helen Reaver, Joseph and Beverley Scott, Mary Anne Shields, Mary Catherine Shields, Fr. Leo Tittler, Carl Wetzell, and Lorraine Wivell.

Fifty babies were "spiritually adopted" in October by parishioners of St. Anthony/OLMC. This is a new program which brings the power of prayer to the aid of unborn babies in danger of being aborted. Families and individuals have pledged to keep a mother and child in their prayers for nine months. A baby shower is planned for the end of the period with donations to be given to the Catoctin Pregnancy Center in Emmitsburg. The center assists women who struggle with crisis pregnancies and /or childcare needs.

Fund Raisers: St. Anthony's Turkey Dinner, chaired by Ruth Wivell, realized a profit of over \$2,700. OLMC Sausage and Crabcake booth at Colorfest, organized by Rick Essma and Chris Cashiola, brought in almost \$2,300.

Congratulations to:

Janice and David Latch of Our Lady of Mt. Carmel Parish whose new daughter, Sarah Ashley Latch, was baptized into the Catholic faith on October 6, 1996.

Helen and George Deluca of Our Lady of Mt. Carmel Parish who celebrated their 50th Wedding Anniversary in October.

Mary and Leo Little of St. Anthony Shrine Parish who celebrated their 40th Wedding Anniversary in October.

**Jeff's**

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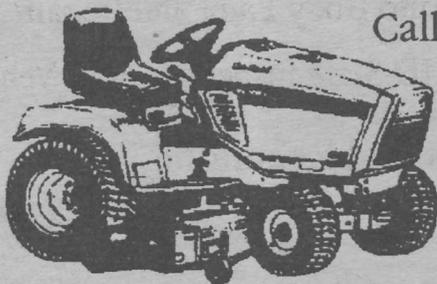
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## Specialty Beef Shop Introduces Organic Beef Products

A specialty beef shop that opened its doors in August and is just minutes from Emmitsburg provides a market source for the natural, organically raised, lean, healthy beef products that Chapel-Ridge Farms has been producing since 1977.

Chapel-Ridge Meat & Mercantile, Inc. is a family farming operation owned and operated by Gene and Linda Moose and their daughter and son-in-law, Sue and Doug White. It is their answer to the age-old problem of getting a superior product from the farm to the marketplace without losing its natural goodness.

The family's farm which includes a 165-head herd of Santa Gertrudis cattle is in Adams County, PA, just north of the state line off of U.S. 15. According to Gene Moose "The Santa Gertrudis breed are smooth muscled, hardy, and gentle with meat that is naturally lean and tender. Here at Chapel-Ridge we produce beef in a natural environment without the use of herbicides, pesticides, or insecticides in the feed or steroids to artificially enhance growth."

Gene and Linda were both raised



**In its bunkhouse setting just north of the Mason Dixon line off U.S. 15, the Chapel-Ridge Meat & Mercantile, Inc. provides a market source for the organic beef raised by the Chapel-Ridge Farms. A Dispatch Photo**

prior to the common usage of freezers on farms. They remember the good flavor of "cold-packed" beef that their mothers put up after butchering. This beef was chunked and canned in Mason jars for preserving. Their memories are of quick meals of beef stew, hot beef sandwiches, or beef and noodles on cold evenings after the outside work was done. Linda's mother would "cook-off" hamburger and store it in

stone crocks in the smoke-house of the farm.

Chapel-Ridge canned hamburger carries on that same old-fashioned tradition. Both the canned beef chunks and canned hamburger are fully cooked and ready to serve out of the can or use in favorite recipes.

"We are especially proud and excited about the nutrient analysis of our beef," said Doug White. "Our canned

beef chunks compare favorably with leading brands of canned chicken and tuna. In making a comparison with chicken canned in water our beef chunks had 20 fewer calories, 5 fewer milligrams of cholesterol, and 160 fewer milligrams of sodium," said White.

Other organic beef products available at Chapel-Ridge Meat Mercantile include fresh frozen steaks, hamburger, roasts, and liver. Specialty products include beef bacon, beef hot dogs, beef bologna, and dried beef.

In addition to the beef products the shop also sells companion items such as marinades, whole grain breads, crackers, whole grain flours, honey, mustard, flavored vinegars, specialty desserts, coffees, dips, noodles, and sauces. Specialty food baskets as well as unique gift items are also available.

Chapel-Ridge Meat & Mercantile is located on Chapel-Ridge Road. From business U.S. 15, several miles south of Gettysburg, turn east on the Barlow-Greenmount Road. The store is open on Thursdays and Fridays from 3 p.m. - 8 p.m., Saturdays from 10 a.m. - 5 p.m., and on Sundays from 1 - 4 p.m. For more information call (717) 334-4222.

### Emmitsburg/Thurmont Community Show Activities

Judges Betty Baer, a volunteer with the Frederick County Humane Society, and Carroll Shry, horticulture teacher at Frederick Career and Technology Center, made the winning selections for the pet show held during the annual community show. The event was held Saturday, Sept 7, at Catocin High School. Dave Harman assisted by Dave Johnston, announced the participants and winners.

Ben Whitmore exhibited the Grand Champion pet, a Golden Retriever named Lady, and was awarded a rosette ribbon and certificate to Thurmont Cooperative, Inc.

The Reserve Champion pet was a Jack Russell Terrier named "Mada Gascar" owned by Jennifer Keilholtz. She was awarded a rosette ribbon.

Winners (owners) in each class listed according to place were the following:

Cat with the prettiest eyes - Stacky Glass, Amber Weddle, Meghan Long, Chelsea Gelwicks.

Cat with the longest whiskers - Stacy Glass, Meghan Long, Cary Gelwicks, Amber Weddle, Chelsea Gelwicks, and Jennifer Kaas.

Cutest cat - Jessica Zentz, Sara Wastler, Kevin Jackson, Cary Gelwicks.

Best trained pet - Mitchel Altahoff, Ben Whitmore, Laura Hobbs

Dog with the waggiest tail - Cathy Rice, Laura Estep, Nancy Wine, Ben Whitmore.

Prettiest dog (25 lbs. or less) - April Bentz, Laura Hobbs, Jennifer Keilholtz, Nancy Wine.

Prettiest Dog (26 lbs. or more) - Ben Whitmore, Janet Allen, Cathy Rice, Laura Estep, Cindy Brandenburg.

Best costumed pet - Nancy Wine, Betty Snodgrass, Jean Eyler, Ellie Wastler.

Pet with the most spots - Cathy Rice, Stacy Stackhouse, Cary Gelwicks.

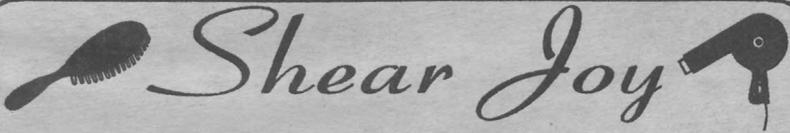
Pet with the most unusual name - Jennifer Keilholtz, Chandra, Betty Snodgrass, Jamie Weddle, Danielle Hyde.

Most unusual pet - Randy Gelwicks, Donnie Weddle, Christa Allen, Jamie Weddle

Smallest pet - Randy Gelwicks, Krista Allen, Laura Gosnell, Shawnell Ross.

Largest pet - Cindy Brandenburg, Ben Whitmore, Cathy Rice, Jessica Zentz.

Pet food for the show was supplied by Thurmont Cooperative, Inc., and drink certificates were donated by Roy Rogers.



**Hours:** *Lori Hoff, Owner*

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## 1996 Gettysburg Remembrance Day Ceremonies Announced

The 40th annual Sons of Union Veterans of the Civil War Remembrance Day will be held in Gettysburg, Pennsylvania, on Saturday, November 16, 1996.

The annual Remembrance Day parade begins at 2:00 p.m. The parade includes over 2,000 Civil War reenactors from 11 states. (They are lineal descendants of veterans of the Civil War, 1861-1865.) In the parade there will also be many women and children in Civil War era clothing.

The parade moves from Gettysburg Recreation Park via Breckenridge Street, Baltimore Street and Steinwehr Avenue to the Gettysburg National Park and the Albert J. Woolson Monument in Zeigler's Grove for a 2:45 p.m. wreath-laying ceremony honoring the North and South. (Albert J. Woolson was the last survivor of the Grand Army of the Republic.) The Master of Ceremonies at the Woolson's Monument program will be David Medert,



Thousands of reenactors march in the Remembrance Day parade, Gettysburg's most popular unknown parade. *A Dispatch Photo*

past Commander in Chief, and the Gettysburg Address will be given by well-known Lincoln actor James A. Getty. Music will be provided by the 28th Pennsylvania Vol. Division Band.

Following the Ziegler's Grove ceremonies, a program of Remembrance Day tributes will be held in the National Park Service Cyclorama Auditorium. This program will feature Dr. John A.

Latschar, superintendent of Gettysburg National Park, who will give the main address. Many of the participants of the Woolson's Monument program and others will also take part in the program of tributes. The public is invited to attend all of these special events which are free of charge.

The annual Blue-Gray Ball (a Civil War period dance) will be held at 9:00 p.m. at the Eisenhower Inn & Conference Center-Gettysburg. The cost is \$8.00 and the public is invited (advance reservations required).

**Justice O'Connor to be speaker at wreath-laying**

Justice Sandra Day O'Connor will be the speaker at the Dedication Day program at the National Cemetery in Gettysburg on November 19, 1996. The laying of wreaths at Soldiers National Monument will be at 10:15 a.m. followed by Justice O'Connor at 10:30 a.m.

### Computer Seminar Set

A workshop in farm business computer record keeping using Quicken will be offered from 10:00 a.m. to 2:30 p.m., Fridays, November 8, 15, and 22 at the Frederick County Extension Office.

Cost for the workshop is \$50 per farm or business (up to two people per computer). Pre-registration is requested by Friday, November 1, and checks should be made payable to Frederick County EAC and sent to Frederick County Extension Service, Ag Department, 330 Montevue Lane, Frederick, MD 21702.

Participants should bring a bagged lunch. Class size is limited, so register early. For more information, call 301-694-1594, ext. 3578. The Maryland Cooperative Extension Service's programs are open to all citizens without regard to race, color, sex, disability, religion, age, or national origin.

**DEADLINE**  
for December Issue  
November 20!

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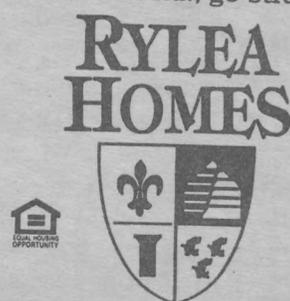
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## Obituaries

### Mrs. Helen Oster

Mrs. Helen Christine Oster, 86, of Park Drive, Emmitsburg, died Tuesday, Oct. 1, at College View Center, Frederick.

She was the wife of Richard Oster.

Born April 9, 1910, in Emmitsburg, she was the daughter of the late William and Mary Topper Troxell.

A lifelong Emmitsburg resident, she was retired from the housekeeping department at St. Joseph's Provincial House after 20 years.

She was a member of St. Joseph's Roman Catholic Church, Emmitsburg, Sodality of the Blessed Virgin Mary, and the Senior Citizens of Emmitsburg.

Surviving in addition to her husband are two children, Mary Cummings of Ackworth, Ga., and Richard Oster Jr. of Emmitsburg; three grandchildren, Erin and Kathleen Oster of Thurmont and Jennifer Cummings Stewart of Hanahan, S.C.; and a brother, Robert Troxell of Frederick.

A Mass of Christian Burial was held at St. Joseph's Roman Catholic Church, with the Rev. Michael J. Kennedy as the celebrant. Burial was in Resthaven Memorial Gardens, Frederick.

### Albert Francis Wivell

Mr. Albert Francis Wivell, 74, of Dry Bridge Road, Emmitsburg, died Wednesday, Oct 23, at home.

He was the husband of Elsie Sherman Wivell for 51 years.

Born April 5, 1922 in Emmitsburg, he was a son of the late William and Rose Keepers Wivell.

Mr. Wivell was a lifelong member of St. Anthony's Catholic Church and a past member of the church council.

A lifelong resident of Emmitsburg, he was a farmer for many years until he formed his own construction business, from which he retired.

Surviving in addition to his wife are seven sons, William Wivell and wife Rachel, Stephen Wivell and wife Diane, Michael Wivell and wife Carolyn, Randy Wivell and wife Pattie, and Dale Wivell and wife Paula, all of Em-

mitsburg, Perry Wivell and wife Kim, serving with the U.S. Navy in Japan, and Jay Wivell and wife Michell of Carroll Valley, Pa.; a daughter, Susie Wivell Knox and husband of Carroll Valley; 17 grandchildren, Todd Wivell, Tim Wivell, Stephen Wivell Jr., Mary Frances Gregg and husband Brian, Jennifer Wivell, Julie Wivell, Matthew Wivell, Sarah Wivell, Justin Wivell, Danielle Wagner-Wivell, Amanda Wivell, Nicholas Wivell, Jason Wivell, Jacob Wivell, Chad Knox, Katie Knox, and Adam Knox; four stepgrandchildren, Donnie Blaylock, Kennie Blaylock, William Riggin, and Nichole Riggin; three brothers, John Wivell of Emmitsburg, George Wivell and wife Bea of Colorado, and Carroll Wivell and wife Mary of Emmitsburg; two sisters Betty Straub of Baltimore and Catherine Newcomer and husband Barr of Waynesboro, Pa.; and a number of nieces and nephews.

A Mass of Christian Burial was held Saturday, Oct. 26 at St. Anthony's Shrine Parish, Emmitsburg, with the Rev. Leo R. Tittler as celebrant. Interment was in St. Anthony's Cemetery. Arrangements were made by Skiles Funeral Home, Emmitsburg.

### Mrs. Anna Wagerman

Mrs. Anna Mae Brown Wagerman, 73, of Emmitsburg, died Sunday, Oct. 27, at St. Catherine's Nursing Home, Emmitsburg.

She was the wife of Emmory G. Wagerman.

Born Jan. 22, 1923, in Thurmont, she was the daughter of the late John T. and Mettie Wilhide Brown.

Mrs. Wagerman was a member of Incarnation United Church of Christ, Emmitsburg, the auxiliary of AM-VETS Post 7, Thurmont, the auxiliary of American Legion Post 121, Emmitsburg, and the auxiliary of Veterans of Foreign Wars Post 6655, Emmitsburg. She was a participant at Day Break Adult Day Care Center, Frederick, and was an Avon dealer for many years.

Surviving in addition to her husband are five children, Robert E. Wagerman of Thurmont, Shirley Louise Cool of Hanover, Pa., Sandra Jean Valentine of Baltimore, Frances Marcell Black of Thurmont, and Margaret Anne Wagerman of Emmitsburg; seven grandchildren; a brother, Richard Brown of Taney-



Francis X. Elder Post of the American Legion gets into the spirit of the Halloween celebration. The Post sponsors the annual Halloween Parade. *A Dispatch Photo*

town; and a sister, Martha Grace Lewis of Tennessee.

Mrs. Wagerman was preceded in death by a son, John Lewis.

Funeral services were held at Skiles Funeral Home, Emmitsburg, with the Rev. Sharon Forbes officiating. Interment was in Resthaven Memorial Gardens. Memorial contributions may be made to the Alzheimer's Association of Frederick County, 1730 N. Market St., Frederick, MD 21701. Arrangements were made by Skiles Funeral Home, Emmitsburg, Md.

### A word about pre-arrangements and pre-financing



The funeral serves a wide range of purposes, with religious, psychological, and physical significances. There are many aspects and details to the meaningful funeral that are arranged with the assistance of the professional funeral director, usually at the time of need. However, some people prefer counseling prior to need. We offer complete information in pre-arrangements and pre-financing, available without cost or obligation of any kind. Feel free to contact us at your convenience.

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### Gettysburg Hospital Offers Canscreen Program.

Gettysburg Hospital and the Adams County Medical Society Alliance will conduct a Canscreen program on Wednesday, November 20th from 1:30 to 3:00 p.m. at the Gettysburg Hospital. Canscreen is a comprehensive cancer screening program designed to help health care professionals detect cancer at its earliest stage.

The program costs \$10. To register, or to request more information, please call (717) 3334-4272. Due to the comprehensive nature of the program, registration will be limited.

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## Goat Tales- From Gardens to Goats

By Christine Maccabee

Thanks to my two-year-old goats, which I am now milking, I have one hour per day less for gardening. However, that is not the reason I am changing this column from gardens to goats, as I still have plenty of thoughts around the subject of gardening. Mostly it is because I have goat-tales swimming around in my head and spilling out onto paper. Goats are not everyone's favorite subject, I am certain, but now that I have worked with them and become acquainted with their curious, eccentric, sweet natures, I have become a goat-lover. This is my first experience ever working with little hoofed creatures and to be sure there are many other more experienced goat-herds out there who will no doubt laugh at my naïveté and inexperience, but one has to start somewhere. In ensuing articles I will relate some humorous, some philosophical, some practical thoughts and experiences which I hope will add up to a few moments of entertainment for you as you read them in a quiet moment of rest taken from your busy lives.

Recently I discovered, through my story-telling Aunt Marion, that my great grandmother Raber raised goats and sold their milk in South Baltimore in the early 1900's. When I heard this I became very excited. To know that four generations later, I am now doing as Wilhemina did, gives me a feeling of connection with my genetic heritage unlike anything I've ever experienced before. It also gives me the inspiration to continue in my efforts to breed and milk my goats, no matter the difficulties....and there have been difficulties!

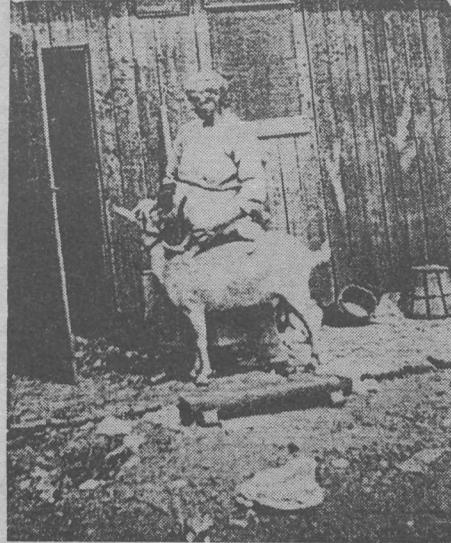
So, as I milk our goats religiously twice a day, many questions form in my mind. For instance, how did Wilhemina manage to actually make a profit when vet and food expenses, fencing and lumber for shelters, all

seem to take most of my limited income? Perhaps she never had a vet, or maybe she bartered. I know that many women in our family were excellent seamstresses, and expert afghan makers. No doubt she did not buy expensive feed. I wonder how she controlled worms, and how she knew without tests whether or not her goats had T.B. or brucellosis (both can infect humans through the milk). Throughout history many people contracted disease through the simple act of drinking infected goat's or cow's milk. Perhaps she knew goat management tricks most of us are not even aware of, such as giving them garlic to keep down the worm population. Or, perhaps she quit after several years due to the early deaths of her goats. Who knows? I think it is time to speak with Aunt Marion again.

Wilhemina's daughter Katie (my grandmother) grew to dislike cheese because hers was the job of retrieving the empty milk cans as she returned from school, and the smell of the sour milk residue in the cans turned her stomach. It does seem that many children are particularly sensitive to smells, as I have discovered in the case of my own daughter Marie. For two months she was the primary milker as she automatically knew the proper technique and as I put it, had great milker's hands. However, as time went on, the smell of the warm milk turned her stomach and gave her a distaste for it. For myself, there is no aversion, and I am now the primary milker, in spite of arthritis in my left hand. But two goats is not too much to handle, and as for the milk....I cannot sing praises enough as to its goodness! I drink my large glass of goat's milk at night, with or without Ovaltine; I eat my fruit yogurt with relish. Just the other day I tried to drink a cup of store-bought cow's milk, and I could hardly swallow it. I am told by others who drink fresh cow's and goat's milk, that they

have the same reaction. So, just in case you are curious as to what you are missing, come on over, and I'll give you a sample!

As I speak with old-timers about the earlier days when country families had their few goats or cows, peck of chickens, root cellars, and of



Wilhemina

course, complete gardens, it strikes me as being a quaint, fulfilling, yet difficult lifestyle. Even now, in this day of every imaginable convenience and distraction, I am attempting to retrieve the "good-old days." I now have three goats (one is still a youngster) and nearly had the chickens (killed twice by my chicken-killer dog named Angel). Of course I have a garden and now all I need is a root cellar. As for the goats, my children are reluctant goatherds. I am the en-

thusiastic one. So what's new?! I love to go on goat-walk on a path through new forest on the upper five acres of our property. My goats are truly becoming my excuse for extra exercise and opportunity to just get out into the natural world, to lie back in the tall grasses while my girls browse, to smell the purity of the air, to be peaceful, even carefree, for a few solitary moments. My goats are wonderful company, too. They stay close by me. Their timid natures, like an invisible leash, do not permit them to roam very far. If I walk along and they lose sight of me, in no time flat they are running to catch up. I go on the goat-walk as often as I can for exercise both physical and soulful. Some people spend money and time to work out at the gym. I go on goat-walks.

I acknowledge the fact that I am most fortunate to be able to stay at home and luxuriate in this lifestyle. But, wait a minute....wasn't this the very lifestyle our ancestors lived? (Remember Heidi, and of course my great-grandmother Wilhemina.) Also, many people living subsistently in the third world countries are being encouraged by such organizations as the Heifer Project to become more self-sufficient by raising animals.

How and why I, a middle-class American, fell into raising my noisy Nubians is the subject of next month's "Goat Tales." So stay tuned to the story of how I got my goats, and how, indeed, they got mine!

### Thurmont Middle School Plans American Education Week Events

**Monday, Nov. 18** - The celebrations begin with a "brown bag lunch" parent visitation day. Parents are encouraged to visit their child's classrooms and join their son or daughter for lunch in the school cafeteria.

**Tuesday, Nov. 19** - National Community Education Day. The Thurmont Middle School chorus will be joining other chorus groups at Catoctin High School at 7:00 p.m. for a Chorus and Arts Fest.

**Wednesday, Nov. 20** - Family Spaghetti Dinner in school cafeteria from 5:30 - 7:00 p.m. Groups from the band and orchestra will provide the entertainment. There will be an art display of student work in the cafeteria hall. A book fair will be open during the evening for the purchase of Christmas gifts. The cost is \$3 per person, \$12 for a family of four or more.

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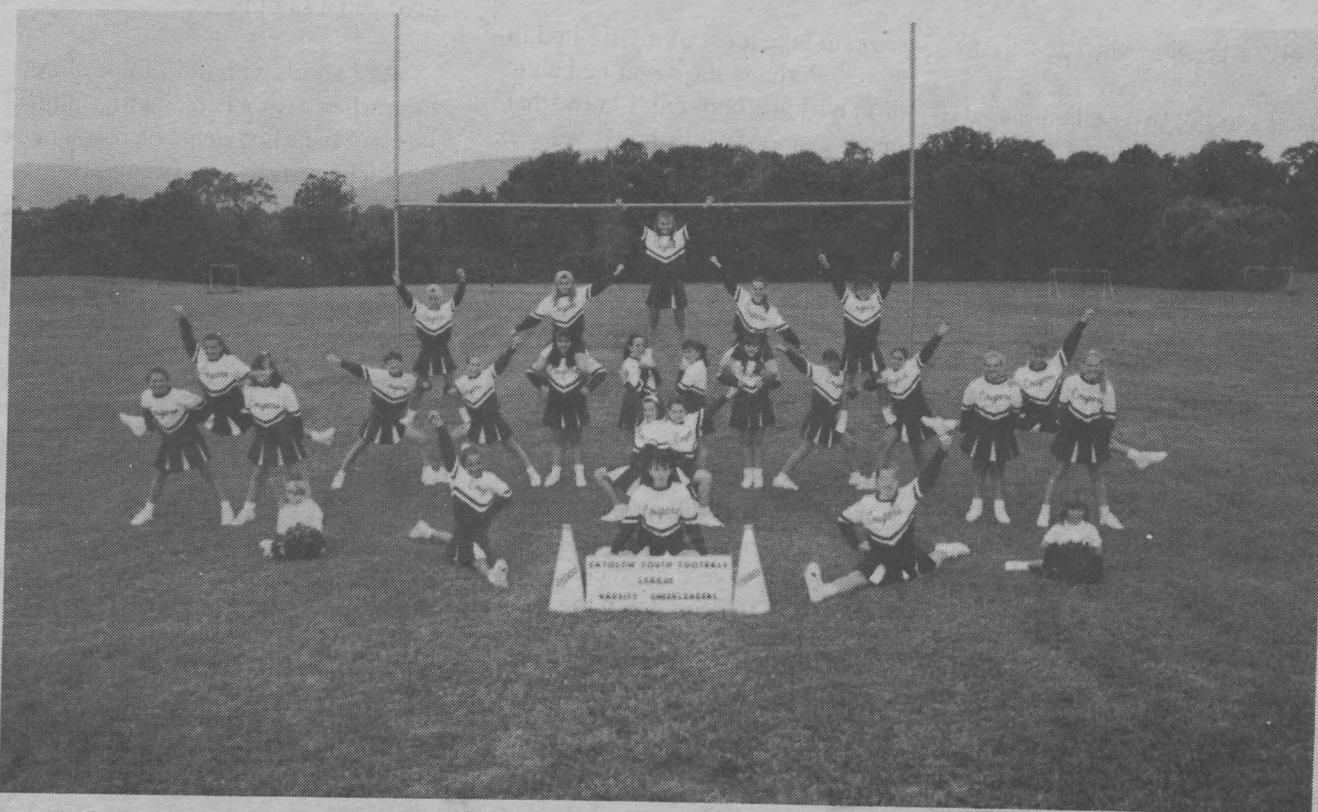
# CYA participates in Cheerleading Competition

By Diana Hoover

The Catoclin Youth Association (CYA) cheerleaders participated in the Keystone Youth Football League's cheerleading competition on Saturday October 12, held in Scotland, Pennsylvania. Although the girls did not win the competition we congratulate them on their hard work and great group effort. We also applaud the efforts of the coaches for their long hours of work and patience.

The Varsity cheerleader squad, coached by Charmane Nesbitt and Ann Ott, is composed of Chrissy Boston, Tara Bowers, Chastity Brown, Kelly Budd, Rebecca Calimer, Nikki Cassidy, Karin Davis, Erika Franklin, Fallon Frebert, Amy Greene, Amanda Hoover, Kathleen Joyner, Ashley Kline, Amanda Lindsay, Elizabeth Morris, Valerie Packe, Bridget Sanders, Ashley Shriner, Keshia Simmel, Lacey Staudenmier, Erica Stull, Jessica Tibbs, Lindsay Topper, and Jennifer Willis.

The Junior Varsity cheerleading squad, coached by Kelli Maze and Donna Seiss, is composed of Rachel



Catoclin Youth Association cheerleaders squad of 1996

Photo courtesy of Diana Hoover

Bare, Shannon Barnich, Raven Conner, Kimberly Derita, Lacey Eyler, Amanda Greene, Heather Kyte, Samantha Little, Meghan Miller,

Heather Morgan, Rebecca Ott, Holly Owens, Pam Phillips, Sarah Roberts, Carrie Schildt, Renee Seiss, Amanda Topper, Tiffany Willard, Rachael Wil-

liams. Carol Budd was the team coordinator. The cheerleaders and coaches all did a great job during the '96 football season.

## Mother Seton News

By Val Mentzer

**"To be or not to be, that is the question."**

The 7th and 8th graders were exposed to the wonderful works of Shakespeare. Mrs. Melanie Ware conducted a Reader's Theater performance with selected scenes from *Romeo and Juliet* and *Hamlet*. Student were attired in the costume of the period and performed this great literature for their family and friends. The classic sword scene of *Hamlet* was entertainingly acted by Joseph Burkell and Tommy Taggart with Tyler Boone intently looking on.

### Congratulations, New Student Council Officers

The Mother Seton School Student Council Inauguration was held on October 16 at 1:30 p.m. We were lucky to have Father Dolan present the opening and closing prayers. Our keynote speaker was Deputy Jerry Horner from the Frederick County Sheriff's Department. Congratulations to the following students, who will surely represent their student body very well for this 1996-97 school year.

Officers:

President - Katie Joyner  
Vice - Joseph Hallinan  
Secretary - Amy Kalas  
Treasurer - Caitrin McCarron

Representatives: Trista Kuhn, Grade 8; Tyler Boone, Grade 7; Stephen Harrington, Grade 7; Becky Smith, Grade 6; Nicholas Monacelli, Grade 5; Samantha Krauss, Grade 4; and Barbara McCarron, Grade 4.

Some of the special events to be sponsored by the Student Council are the following:

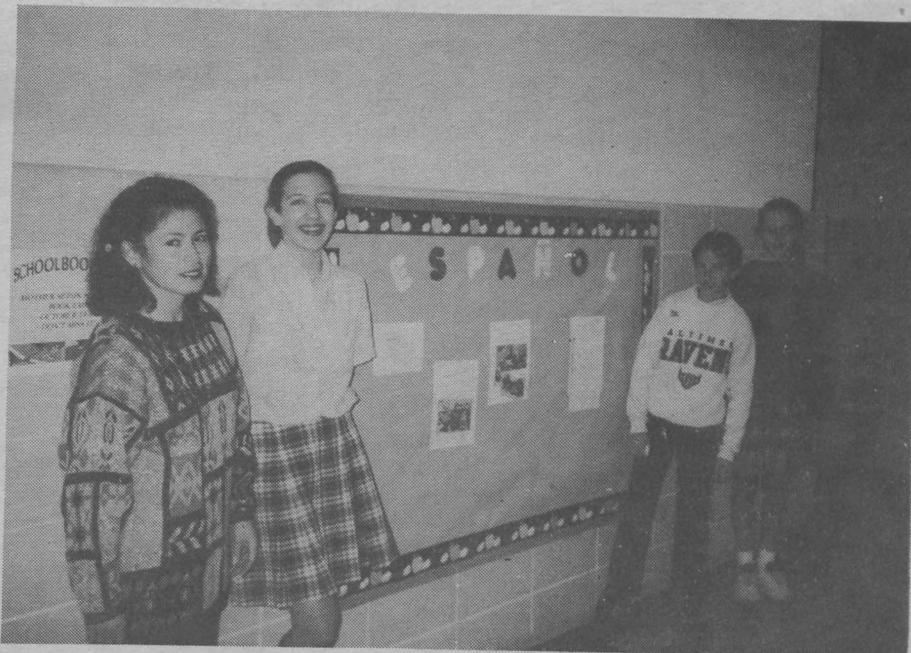
Nov. 15 - K-5 Games, Games, Games! To participate, students must bring a non-perishable food item. Classes will sign up for 30 minutes of fun and excitement.

Dec. 14, 6 - 8p.m. : Christmas Dance. Students must bring a non-perishable item to attend.

May 1 - Sock Hop  
May 10 - Spring Dance

### ¿Habla Espanol?

The students in Mrs. Hemingway's Spanish class are not only learning how to speak Spanish, but they're learning to understand Hispanic customs and culture. The 7th



Mrs. Hemingway with students Amy Kalas, Jason Quillan, and Alma Ritz  
Photo courtesy of Val Mentzer

and 8th graders are exposed to various music and video tapes describing the music of the country.

Students listened and then were asked to write their opinions. Here's what some of them wrote:

Kateri Hansbrough

**Question** - What do you think about Latin American music?

**Answer** - I like it. It had a nice rhythm and a definite bass beat. Their instruments had a better, DIFFERENT sound. Now people buy instruments so they all always sound the same and don't add personality.

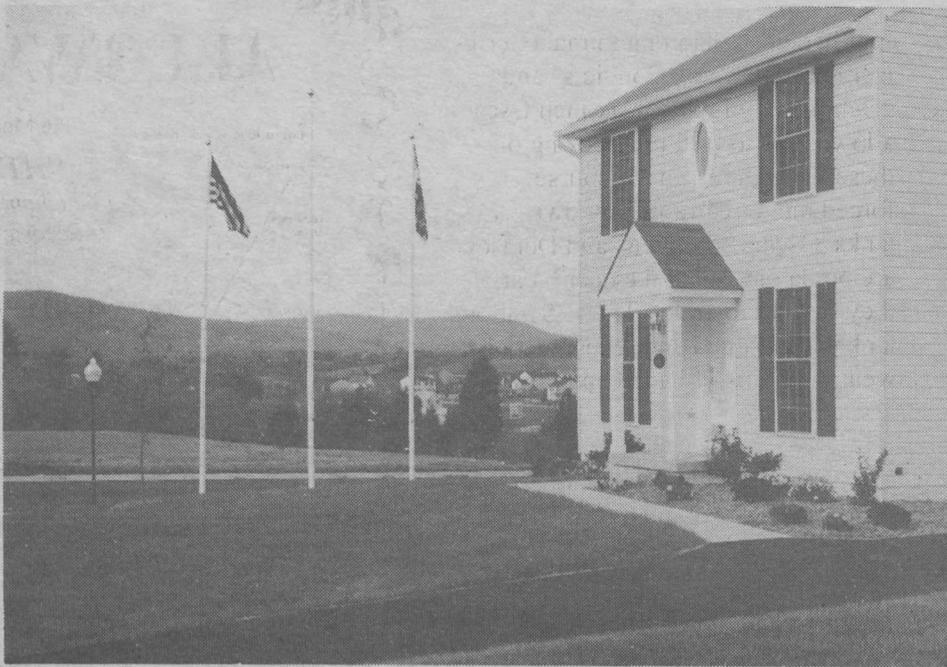
( Or as Mrs. Hemingway hopes that Kateri will say someday; "Me gustó. Tiene un ritmo agradable. Sus instrumentos tuvieron un sonido DIFFERENTE. Hoy en día, la gente compra instrumentos que tienen el mismo sonido y no muestra personalidad.)

## Rylea Model Home Opens in Silo Hill

Rylea Homes, with offices located in Mt. Airy, is building twenty-two new homes in Silo Hill. The builder offers several models including ranchers, bi-levels, and two-story homes starting at \$119,900.

According to Sonny Katz, sales consultant and long-time associate with Rylea Homes, "These homes have poured foundations and are 'stick-built.' They are high quality...and during our Grand Opening buyers will receive nice introductory incentives. The homes are conveniently located to shopping and beautifully situated," Katz said.

Rylea Homes are warranted for 10 years and are VA and SHA approved.



Conventional financing is also available.

The model home is called the "Rappahannock." It provides 1652 sq. ft. of living space with a full basement. Energy-saving features include R-13 wall and R-30 ceiling insulation packages, gas heat and hot water, and comfort-controlled central air.

Interior features include full kitchen, 2½ baths, cultured marble vanity tops, telephone jacks, cable hookups, smoke detectors, and a 600 amp. electrical service.

For information or an appointment call (301) 447-2300.

## FOOD FOR THOUGHT...

By George Geralis

Chicken, that popular species of bird savored for centuries throughout the world for its meat and eggs, continues to be enjoyed by Americans at an annual rate of 30 pounds of meat per capita, in a seemingly never-ending variety of recipes.

This, of course, can be readily understood, considering the rather recent promotion of chicken "nuggets" popularized by McDonald's and the ever-popular KFC (Kentucky Fried Chicken) franchises, as well as Roy Rogers drive-ins.

Much of America's love affair with chicken is Southern inspired. No one can dispute the attributes of a truly prepared Southern fried chicken, only to be argued by some that it is better as a backyard barbecue meat.

There are famed TV chefs, such as Pierre Franey, who roasts his birds at 425°F with the buttered heel of a loaf of bread folded over the accompanying chicken liver and a sprig of parsley stuffed in the cavity.

We must not ignore the famed opinionated food writer, Barbara Kafka whose method is roasting a trussed chicken in a 500° F oven. Her approach to roasting at a high temperature is great, as long as your oven is impeccably clean. If not, be prepared to experience a smoky kitchen.

Then if you're fortunate enough to own a self-cleaning oven, don't fuss at

the increase of your utility bill for the energy used during the subsequent necessary oven-cleaning session.

In all fairness, Kafka's recommended roasting procedures are superb, but in my opinion the clean-up of the resulting spatter on the oven walls is costly. In spite of all this criticism though Kafka remains my favorite food writer. Her straight-forward opinions are refreshingly honest among today's oft-influenced food authors.

Present-day standards for chickens have centered around those of large producers such as Perdue and Tyson, just to mention a couple, who contract independent poultry farmers to raise chickens by the producers' standards.

Yet it is said that there is a growth of individual farmers concentrating on *free-range* chickens, rising to meet the increasing demands of today's health conscious consumer. *Free-range* chickens are those that are usually raised in barnyards, free to dig up worms and eat insects and eat cracked corn from nearby fields.

Do you suppose that one day in the not-too-distant future, a geographic region of America will produce *free-range* poultry as fine as France's *Poulet de Bresse*? A chicken distinguished in appearance by its coral-red comb, snowy white feathers and brilliant blue legs, resulting in a plump, virtually fat-free four-pound bird with milky white, tender meat, so prized that each bird is labeled with the producer's name for authenticity.

Don't laugh, it may be possible. Who would ever have believed, 25 years ago, that California wines would have reached such high standards as to be featured in fine Parisian restaurants today?

We have become so accustomed to mass-produced chickens, reportedly fed with growth hormones and a high-fat diet of commercial feed and antibiotics, that hardly any of us can recall the taste of *free-range* chicken.

Meanwhile, until I can find a nearby source of *free-range* birds, I shall continue to enjoy mass-produced chickens sold at local markets, bred with marigold petals and whatever.

Among the multitude of available recipes for chicken, one of my favorites is Roast Chicken with Oranges and Basil served over creamy mashed potatoes.

The ingredients are inexpensive and the preparation is not time consuming. Your choice of wine can be as flexible as a Chardonnay, a Riesling, or a sparkling white wine. If the occasion warrants it, consider a Champagne or an Asti Spumante, using the remainder of the bottle for some appropriate toast.

### Roast Chicken with Oranges and Basil

- 4 Whole chicken legs (with thighs) Salt and freshly ground pepper
- 1 Tablespoon olive oil
- 2 Medium, thin-skinned oranges unpeeled, cut into six wedges
- 10 Garlic cloves, peeled and crushed

- 1 Medium white onion cut into large dice
- ½ Cup fresh basil (or parsley)
- 1 Cup Chardonnay or sparkling wine

- Preheat oven to 400°F
- Rinse and dry the chicken. Rub with salt and pepper.
- Heat the oil in a roasting pan over medium high heat
- Brown the chicken on both sides
- Add the orange wedges, garlic, onion, basil and wine
- Cover and roast for 30 minutes
- Serve chicken on creamy mashed potatoes
- Pour the sauce, including the oranges, garlic, and onion over the chicken.



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## Fresh Water Fish, the Pet

By Jack Deatheridge, Jr.

I hate being given someone else's fish. Still, I dislike saying "no" so I end up with a no longer wanted pet. (At least I haven't gotten into dogs and cats! I couldn't do breed rescue work or be a volunteer at the Humane Society.)

I've learned to dispassionately, most of the time, end an unwanted fish's life by convincing myself the deed is less a sin because a fish is a "lower form of life" than a dog, right. I've tried to convince fish owners that disposing of fish is a simple, painless task if they do as I suggest. Freeze it.

No one wants the responsibility, though. I've discovered that fish (sometimes sick, often not) get flushed or tossed if I don't accept the job of disposal. I've explained to a number of people that flushing a sick fish may accomplish "out of sight, out of mind" but it doesn't end what the owner believes to be the fish's suffering. I think most suffering is done by the human owner anyhow and that is what I end up trying to alleviate. (I've seen no evidence of the fish's feeling pain or misery as we do. Not being a fish probably keeps me from recognizing the signs.)

Of course I got a fish I didn't want from Ben. Ben's fish is a six-inch Oscar that he'd raised from a one inch fry until it no longer fit his tank. I told Ben I'd put it to "sleep" if he left it with me. He thought a friend of his was going to get a new tank big enough to house the Oscar and convinced me to keep the fish alive at least a month so he could find a home for it. I agreed.

I had been planning to make fertilizer out of several "Convicts" and "Dempsey." Getting a six inch Oscar allowed me to stall the freezing of these fish. The Oscar of course forced me to rearrange my own tanks. Oscars, Convicts, and Dempsey are predators. What they can't eat, they seldom tolerate. The 125 gallon tank was stripped and redesigned. In went all the fish I had been planning to freeze. *Surprise*, I love them!

I've now had the Oscar longer than I promised to keep it. Why? Well, it could be that it looks great with the Convicts and Dempsey but that discovery came after I'd decided to keep it alive. Oscars have a nasty habit. They recognize their keepers and greet them almost like dogs. Ben had told me the Oscar would jump from the water for its food. It began doing that for me. First its head would break the surface when it saw me, then half its body. Now that it's sure I won't hurt it, it leaps completely out of the water.

I've come to understand how many large fish, Oscars among them, get dumped in local waters. It isn't a total lack of responsibility on the pet owners part. They just don't have a fish shelter that will find a home for a fish as endearing to some people as a dog or cat is to others. I know I'll be miserable if I "put down" Ben's Oscar.

P.S. Ben recently called, hoping to reclaim the Oscar. I reluctantly let the fish go. The fish caused me to rethink the Convicts and Dempsey. They'll continue to grace the 125 instead of feeding the lilies. At least through the winter.

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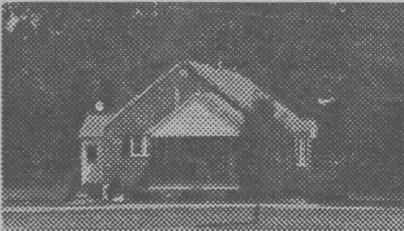
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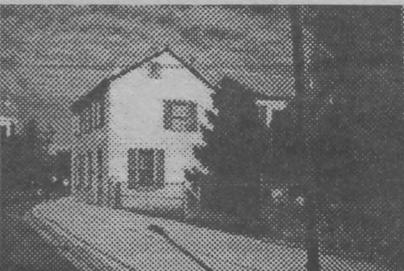
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