

# The Emmitsburg Regional

## DISPATCH

Vol. IV, No.8

Gaining Strength From One Another

August 1996

### C'mon Dad, Move it!



Three-year-old Quinn Meehan of Frederick persuaded his Dad to let him run in the Emmitsburg Mile Run July 6. For more information on the run see page 10.

Photo courtesy of Larry Noel

### Funds Allocated for Flood Damage Repair

The June 19th "Flood of the Century" caused damage extensive enough for federal officials to name three flood-damaged sites around Emmitsburg to be among the first to receive funding for clean-up and repair. Funds from the Emergency Watershed Protection Program will be used to repair the damage around Kelbaugh Bridge and to repair the streambanks to protect homes at the intersection of Annandale Road-Hampton Valley Road and Crystal Fountain Road.

"These three sites were the most hazardous to life and property," according to Rebecca MacLeod, district conservationist for the National Resource Conservation Service. The death of Karen Roman, who was swept away by flood waters of Little

Owens Creek at Kelbaugh Bridge, triggered the federal aid.

On Friday, June 28, federal, county, and local officials and a number of Emmitsburg residents met with U.S. Rep. Roscoe Bartlett at the Town Office to discuss the damage caused by the flooding. The meeting was called by Congressman Bartlett, R.-6th, to see what could be done to prevent the problem from recurring.

During the meeting, local officials emphasized to federal and county officials that Flat Run was a major contributor to flooding in the town because of poor drainage and vegetative growth in the stream bed. Mayor Carr pointed out that the town's request for permits to dredge the stream bed had been turned down repeatedly by the

(Please see FLOOD on page 3)

### Seton Center Day Care Comes Under New Management

After nearly 26 years of service to the children and families in the Emmitsburg area, the Daughters of Charity announced in early July they would no longer be running the Seton Day Care Center. Due to the shortage of Sisters and for economic reasons, the Province has decided to enter into a lease agreement with an outside company for running the Day Care Center. This will ensure the continuation of a service that has proven so valuable to the people of Frederick County.

since 1983, told the *Dispatch* that his three centers are fully licensed, and offer a wide range of services including nursery school, full-day preschool, before and after school, toddler care, and drop-in. "All centers emphasize quality of care, kindness, education, and of course cleanliness," he said, "and I take great pride in the dedication of the teachers and the fact that the average tenure exceeds five years."

"The Seton Center has offered quality child care with excellent

Mr. Alfred Opack, owner and operator of three full-service Child Care Centers in Poolesville and Frederick, will assume the responsibility for the Seton Child Care Center as of September 3, 1996. It will be renamed the Emmitsburg Child Care Center.

Mr. Opack, involved in child care

teachers and programs over the past twenty-six years," said Mr. Opack. "I plan to continue to offer the same level of child care with the support of the very competent staff and teachers. The philosophy of the center will be to provide a safe, healthy, and secure (Please see SETON on page 3)



Back row (l to r) Al Opack, Owner, Lydia Kelley, Ann Marie Green, Bonnie Rexroth, Sharon Slaybaugh, Sr. Mary Beard. Children (l. to r.): Keith Ryder, Chelsea Birch, Nataya Miller, and Cody Ott.

A *Dispatch* Photo

## A Community Newspaper



# Letters to the



## Community vs. Fear: a reaction

Last night I happened to be glancing thru a copy of the Emmitsburg Dispatch when my eyes rested upon the article Comm. vs. Fear: a reaction.

Why I even read this article still puzzles me. I guess God guided my eyes to the part mid-way where the writer questioned the grandmas of the members of the KKK.

I want to make this letter short because at times when people become angry they say or do stupid things, and this letter really made me angry.

You see, Roger Kelly and me have the same grandmother. She's not with us any more, she's in a better place, where people don't judge, or act out of ignorance like this writer did. How dare they question the morals of a woman they never knew!? A woman who if she could now, and did many times

when she was alive, told everyone, "He died on the cross for all of us!"

Brenda Roberts

Rocky Ridge

P.S. You probably won't print this, and that's O.K. because if you read this far at least one person knows.

## Concerned

I am writing in response to the previous articles written about the Northgate problems. Being a Northgate resident, I agree with the person who wrote and said, "not all Northgate residents nerves are touched by the construction at Emmit Ridge." I don't agree with the traffic coming through our development, although I have not seen any problems with the construction workers. I believe the real problem will start when people start moving into Emmit Ridge and if there is no entrance from Irishtown Road, there will definitely be more traffic through Northgate all the time. I think the "so-called" town manager needs [to] get her act together and have things in order before the problems occur. If she can't handle it then maybe she should get another job that she can handle. After all, she doesn't even live in Emmitsburg so I doubt she really cares about the residents.

I believe more Northgate residents nerves are more touched due to the fact that Silo Hill will be getting a park that the town will upkeep. Why would it not be a problem for the town to upkeep their playground and not be able to upkeep the one in Northgate? I also agree that the park is the only reason we have an Association now and the little bit of landscaping at the end of the development. The people who live in the single homes in Northgate pay \$20 a month while resident in the Duplex homes pay only \$10 and for what, "the park." It seems to me that most of the older kids don't fool with the playground equipment, and for what little bit of landscaping is at the end of the development. We pay for someone to come and mow the grass at the end of the development when I'm sure some of the older kids probably wouldn't mind doing it. After all we don't pay someone to come in and do our side-walks in the winter when it snows. You see the neighbors and even the kids walking around helping out. The town also has volunteers that help with plowing the streets and I also see one or two of our own residents with snow plows on their trucks and I'm sure the Association doesn't even offer to pay them something for helping out. I along with others would be glad to do away with the Association. It will be no loss. Silo Hill has no Homeowners Association and they seem [to] be able to do just well without one. I think some people in Northgate needs to remember that we are in town limits and we are a part of Emmitsburg and the town has ordinances that we all have to follow.

A Northgate resident

Name withheld upon request.

## A thank you letter from the Philippines

[Editors' note: Last November we received a letter from Beth delos Santos, a leper patient at the Culion Leper Colony in the Philippines, asking for help in providing clothing for her seven children. We published her letter in the December issue of the Dispatch and the response from our readers was heartwarming. We shipped a large box in January filled with clothing donated to the family by

# Town News

## August 5 Town Meeting Agenda

### Items for Discussion:

### Planning and Zoning

1. Make appointment to Economic Renewal Com.
2. Status of Southgate Subdivision
3. Consideration of improvement plans and public works agreements of Emmitsburg Panes, Inc.
4. Consider plans involving expansion of Emmitsburg Ambulance Co.
5. Progress report on the Emmitsburg Family Center.
6. Presentaiton of Ordinance 15.16.-050, Residential and Open Spaces.
7. Discuss recommendation by P&Z Commission to allow a flea market in the Village Zone for a 2-month period.

### Water

8. Water & Sewer tap discussion - Sunnie Zahler.
9. Water billing discrepancy - Karyn Myers
10. Update on timber damage by Weaver & Sons, Inc.
11. Update regarding repairs stemming from flood damage in Emmitsburg.
12. Proposals from Smith Environmental Technologies, Inc.
13. Painting water hydrants.
14. Extension of Silo Hill's water and sewer taps.

### Streets

15. Consider recommendation from Streets Committee regarding storm

drain painting on Main Street.

16. Review the bid documents for street repair and resurfacing.

### Parks and Recreation

17. Pool report.
18. Consider the purchase of a fence for the pool.
19. Review bid documents for the concrete and brick work for the new pavilion in community park.
20. Consider mid-season reduction in pool memberships.
21. Status of the park land for Emmit Ridge Subdivision.
22. Update regarding DEPSCO case.
23. Review the request for proposals (REP) for the evaluation of treatment.

## Southgate Plans Resubmitted for Approval

By Christina Stevenson

The final and improvement plans for the proposed Southgate subdivision in Emmitsburg will be resubmitted for approval to the Mayor and Commissioners at the August 5, 1996 Town Meeting. This may prove to be the conclusion of a lengthy review (Please see Southgate on page 20)

*Emmitsburg residents. The eight personal health kits she mentions were provided by the Emmitsburg Elias Lutheran Church. Monetary contributions from some of you were used to purchase several items of clothing from the Seton Center Thrift Shop and to help cover the cost of shipping. We thank all of you who responded and know you will be pleased to read the following letter.]*

Our warmest greetings and we hope and pray you are all fine and doing well.

We received the big package you lovingly and generously sent us containing children's clothing with beautiful greeting card, 8 wrapped gifts for each of us with towels, bath soaps, tissues, face towels, toothbrushes, band-aids, combs, colgates and nail polishers. These things you sent greatly help us with our needs and we thank you all for your loving kindness and generosity. Please

kindly extend our heartfelt gratitude to all the wonderful people who generously contributed these gifts. I and my children send our love and big hugs and may God repay each and everyone of you with more blessings from His bounty.

I'm very sorry it took me so long to write because I was at the hospital ward when your package arrived suffering from leprosy reactions. I was hospitalized for four months but I'm much better now. The children are fine and I'm glad the older children are big enough to manage while I was at the hospital.

Thank you again and more power to your newspaper and your staff and may our Lord God provide you success in all your undertakings.

Lovingly and gratefully,  
Beth delos Santos and children  
Culion Leper Colony  
Palawan, Philippines



FLOOD continued from page 3)  
Department of Natural Resources.  
He quipped that may have been due to trout, darters, or spotted owls.

To this date the town has been authorized only to mow the stream's banks. Yvette Semler, Emmitsburg Town Manager said she would be working with Sean McKewen of the Maryland Department of the Environment to obtain permits and directives from the Army Corps of Engineers to dredge Flat Run. Rebecca MacLeod will serve as a special advisor to the town during the project. MacLeod is seeking funding to correct water flow in Flat Run and to repair two damaged water mains. The county will assume the remaining 25% of the cost.

Dredging is seen as a short-term solution to the problem while changes to the banks and streambed are considered to be a better long-term solution.

(SETON continued from page 1)  
environment for all children while emphasizing learning programs and physical development. We will be looking at new programs for toddlers and possibly infants. For the coming year a sliding fee scale will be used to provide affordable care to all families," Mr. Opack said. "I look forward to working in Emmitsburg and to being a part of this hospitable community."

The decision to withdraw the Sisters from the operation of Seton Day Care Center was not an easy one, but it is the conviction of the Daughters of Charity that this arrangement will assure that this wonderful work for the people will continue into the future as it has in the past. It is the belief of the Sisters that "We do not have to do everything ourselves, but that we start good works, enable others to continue the work, and then seek other areas which need our love and assistance."

The thrift shop and the Outreach Program in the building will con-

tinue to be sponsored by the Daughters of Charity.

Sr. Mary Beard, administrator of Seton Center, has been reassigned to Roanoke Rapids, North Carolina, where the Daughters of Charity plan to continue their service. Sister will be involved in conducting a community survey to determine the needs of the people in the area and how the Daughters can respond.

The Seton Center has collaborated with area citizens, businesses, and organizations in exploring mutual solutions to problems facing the community. The Seton Center Day Care Program opened November 3, 1969, with 20 pre-school children. Over its years of operation the center developed to become a fully licensed facility with an enrollment of 156 children from ages 2 to 12.

The center celebrated its 25th anniversary November, 1994, when the featured speaker was Sr. Mary Rose McGeady of the internationally recognized Covenant House.

## Streets and Transportation Committee Seeks Changes

In their effort to deal with the reduction of traffic hazards at the intersection of Silo Hill Road and Route 140, the Streets and Transportation Committee plan to meet with a representative of the State Highway Administration (SHA) at their August 21 meeting. They will continue their discussion on the need for a traffic control device and the possibility of extending the 25 mph speed limit out beyond Harney Road. SHA has granted that once the Silo Hill Market Center is in full operation and the homes in Silo Hill become occupied, a new survey will be conducted in reference to a traffic control device.

Also to be discussed with SHA is the placement of "Do Not Enter," and "Wrong Way" signs on traffic lanes at the US 15 off ramp located at Harney Road. According to Patrick Sullivan, secretary of the committee, "At least three tractor trailers have used the wrong lane which creates a risk of a head-on collision because of the curved bank that makes oncoming traffic difficult to see."

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100 Years Ago, "In this place"  
from *The Emmitsburg Chronicle*

### Bicyclers be Careful.

August 7, 1896. The Burgess and Commissioners of Emmitsburg, have passed an ordinance prohibiting the riding of bicycles through the streets of Emmitsburg after dark, without a lighted lamp and bell. By the ordinance the rider is required to ring his bell, when within ten yards of each crossing. For the violation of said ordinance a fine of one dollar is attached for each and every offense, and should the guilty party refuse to pay the fine, he will be imprisoned until the fine is paid. The ordinance will go into effect on Saturday, August 15.

While our town authorities were framing the above ordinance it would have been well for them to have embodied a clause prohibiting wheelmen from riding on the pavements or sidewalks of the town.

For the benefit of our bicyclers who desire to read the ordinance, we will state that a written copy of the same can be found posted in the post-office, and possibly at other places in town.

## The Emmitsburg Regional Dispatch

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## Commentary: A simple act

"To be or not to be," mused Hamlet. Getting no answer other than from his own mind he devised his own scheme to deal with his problem.

Officials and committee members responsible for completing the town's comprehensive plan and investigating ideas for economic renewal of this place ponder what the town should become. They, as Hamlet, apparently are to be left to their own devices. One effort to gather ideas was to circulate widely a survey designed to plumb the thoughts of area residents for information that could be used in shaping an amenable plan for the future of this place. The response to this survey? Silence! Nada! Zip! The big goose egg!

Intentionally or otherwise there were no responses. Hopefully this is due more to apathy or a busy summer than intention, but the effect is still the same—disheartening. Have we, as a people become so sensitized by our continuous exposure to events going on nationally and even globally that we overlook or neglect the needs of our own village? Have we

become so hypnotized by the seeming importance of what's happening elsewhere that we neglect crucial responsibilities in our own back yard. Is watching the impersonal virtual images of TV, about which we can do nothing, short-circuiting our local civic responsibility?

A sign espousing the acceptance of responsibility and duty is often seen on desks of executives or managers. It reads, "The Buck Stops Here." Perhaps a more appropriate question would be "Where Does The Buck Start?" Clearly, and especially in a small town, it begins on an individual level. Planning at a community level is much like planning for a family vacation: a variety of needs to be met, wants to be considered, and the modifications to be made are critical to a successful mutual experience.

Want to feel like you make a difference? Behaviorist tell us to act on things that make a difference—attend a meeting which interests you. You can do simple things, even if it's only filling out a survey.

### Yes, It Was Hot.

This has been another hot week. On Thursday the thermometer registered 95 degrees at one o'clock. At 2 o'clock on the same afternoon a thermometer was placed in the sun, where it registered 136 degrees, and at 2:30 o'clock while in the same position it stood at the 120 mark.

### Parade

August 21, 1896. The bicycle parade on last Saturday night, as a burlesque on the ordinance requiring bicyclers to ring their bell before approaching a crossing, and to carry a lighted lamp on their wheels after dark, came very near being a failure.

### Bicycle Foot.

Now it is stated that there is a bicycle foot. Persistent riding on the wheel, will, it is said, swell the muscles, thicken the bones, spread the joints, destroy the contour of the ankle, broaden the heel, and, in short, make a bigger foot



## Catoctin High School - Back To School Night

Catoctin High School announces plans for Back To School Night and Ninth Grade Orientation. The combined event is scheduled for Wednesday, August 28, at 6:30 p.m. New students and their parents will have an opportunity to follow their schedule and meet their teachers. Returning students and their parents will be able to pick up their schedules, and be given a choice to meet with department members for presen-

tations or to meet with a guidance counselor, school support teacher, or an administrator if there are special concerns.

In addition, many clubs and activities will have displays set up to recruit new members. It is hoped this new format will offer something for everyone and will be a well attended event.

## FREE SCHOOL PHYSICALS

The Frederick County Health Department and CASS are offering an opportunity for a free school physical. Immunizations and hearing and vision screens will be offered as part of the exam. The physicals are by appointment only. This clinic will be held on August 15, 1996, at the Emmitsburg Community Center on S. Seton Avenue, adjacent to the CASS offices.

If your child does not have a doctor or does not have medical insurance that pays for a school physical, you may use this service. Prior to the physical a brief interview with a nurse is necessary. For more information or to schedule an appointment call 631-3343 and ask for Mrs. Dorr.

## Tarradiddle Travels Arrives in Carroll Valley

The Traveling Children's Theater Troupe of the Adams County Arts Council presents children and adults from around Adams County in a fun-filled music, and dance program with lots of chances for audience participation. Tarradiddle Travels, based on folktales of Ghana, India, Puerto Rico, and Japan, is for children of all ages. The free program will be held on the Carroll Valley Commons (on Rte. 116 in Carroll Valley), Thursday, August 15, at 3 p.m., rain or shine. The program is sponsored by the Carroll Valley Civic Association, and the facilities are donated by the Borough of Carroll Valley.

## Volunteer Mentors Providing Support For Children In Our Community

By Debbie Wivell Swiderski

This past school year Thurmont Middle School, with support from the Thurmont Ministerium and the Catoctin CASS Program and some very special community volunteers, implemented its first mentoring program. The program serves to give children the extra support and confidence to conquer the obstacles of life. Although parents are a crucial element in the healthy development of their children, they are directly affected by each child's problems. A mentor who is not directly involved as a parent can provide additional support and encouragement to the child.

At the program the students participate in both one-on-one activities and group activities. The combination allows them to build a relationship with their mentors and develop friendships with the other students. We have played basketball, made crafts and food, watched movies, done homework, and become friends.

Would you like to join the group in helping children in our local community? No special skills are needed, just the desire to be a part of a child's life. Training will be provided and is scheduled for August 26 at Thurmont Middle School. The program is held one day a week from 3:30 p.m. - 5:00 p.m. starting the end of September. No additional time commitment is required. If you are interested in becoming a mentor, please contact Thurmont Middle School at 271-7355 or the CASS Program at 447-3611. We have all needed help at one time; now is your chance to give something in return to your community.

## Thurmont Day Care Center Expands Operation

The Emmitsburg School Age Program for children in grades one through five will open Sept. 3, the first day of school. It will operate in the cafeteria of the Emmitsburg Elementary School and have the use of the school playground. The program, under the direction of the Thurmont Child Care Center, Inc., is licensed by the state of Maryland and operated by a college-educated staff with many years of experience. An important benefit of the program is that the children do not have to be transported.

The program will operate Monday through Friday from 6:30 a.m. to 8:30 a.m. and from 3:20 p.m. to 6:30 p.m. It will also be open when school is closed for all in-service days, many school holidays, and most snow days. During the summer there will be a summer camp program from 6:30 a.m. to 6:30 p.m. Monday through Friday.

Registration is now open for September! For references and more information please call Kathy Foster at 301-271-3454.

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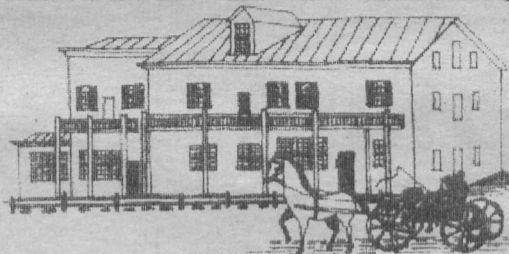
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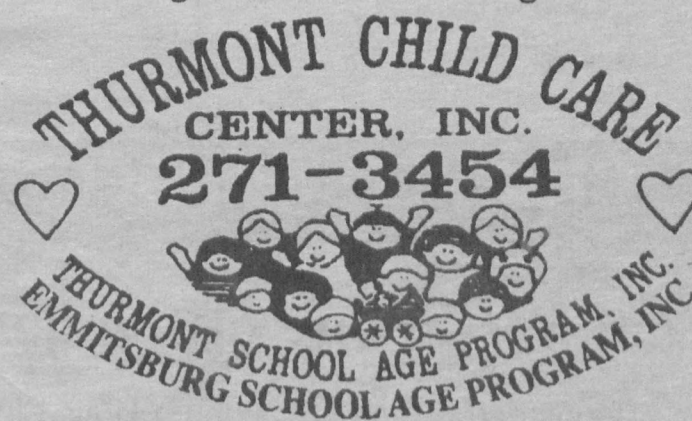
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**Registration open! Stop in anytime.**



## Senior Citizen News

By Anna Margaret Martin

The Seniors had a busy month of July and "things" are looking up for August. Our trip to the Totem Pole Playhouse was very enjoyable—lots of laughter!

Activities for August are as follows:

Thursday, August 1, 15, 29 - Bingo, 1 p.m.

Thursday August 8 and 22 - "500" card party

Tuesday August 13 -Frederick Shopping, 1 p.m.

Tuesday August 20 -Picnic at the senior center catered by Mountain-Gate, 12 noon

Flower Show - all flowers to be at the center by 11 a.m.

Make your reservation for the picnic before Wednesday Aug. 14.

Wednesday Evening, August 28 - Night card party. Doors open at 5:30 p.m. Party starts at 6:30 p.m. Refreshment on sale -\$2.00

Come visit the center any time between 10 a.m. and 2 p.m. Lunch is available. Reservations are a must 24 hours in advance. Call Anna Margaret at 447-6253.

## Paint the town

The Emmitsburg Arts League Association and the Town of Emmitsburg are sponsoring the 2nd Annual Emmitsburg, Paint the Town... and Around competition.

The work of the artists and photographers will be on display at the Labor Day Weekend Art Show held

at Her Studio Gallery, East Main Street, Emmitsburg, Md. The works will be exhibited Saturday August 31, through September 2 from 12:00 noon until 6:00 p.m.

There will be an Opening Reception on Saturday from 7:00 p.m. until 9:00.

## Little League News

By Marta Hillis

Emmitsburg baseball is just about over for '96. Our four all-star teams (11/12 A & B and 9/10 A & B) participated in post-season district play-off games throughout the county during July. Several games were played on our home fields. A big thank you to all who helped in the concession stand and the press box during these tournament games.

A final double elimination tournament begins in Thurmont on July 28, for three of our all-star teams.

The annual Little League picnic will be held at the Town Park Pavilion on either September 7 or 8 (look for definite date in next issue.) Please plan to attend this "farewell to the season" party. Little League will provide hot dogs and beverages. Each family should bring a covered dish to share and their place settings. The first place team will be receiving trophies and all other players will get a special Little League '96 memento. Our 12-year old "graduates" will also be honored.

## CHICKEN BARBECUE

**Last Bar-B-Que of the year!**

Sponsored by the Emmitsburg Lions Club

**August 31, 11:00 a.m. - until!**

**South Seton Avenue - Across from Getty Mart**

## Sanders' Reunion



Standing (l to r.): Thomas Sanders, Mary Bowne, Paul Raymond and John Danders. Seated, (l to r): George Sanders, Marshall Sanders, Anna Waysack, Rita Wiley.

Photo courtesy of Mary Bowne

By Mary Bowne

A reunion of the descendants of Robert and Blanche Sprankle Sanders was held in June at the home of Dorothy and Paul Sanders at Barlow, Pa.

All nine children attended. It was the first time all nine had been together since 1982.

Attending were all six sons, George, of Emmitsburg, Md., Marshall of Fairfield, Pa., Thomas of Phoenix, Ariz., Paul of Barlow, Pa., Raymond of Gettysburg, Pa., John of Alton, Mo. All three daughters, Anna Waysack of Frederick, Md., Rita

Wiley of Fort Myers, Fla., and Mary Bowne of Emmitsburg, Md., also attended. Daughters-in-law and sons-in-law attending were Mary Sanders, of Emmitsburg, Md., Dorothy Sanders, Barlow, Pa., Linda Sanders, of Alton, Mo., John Wiley, of Fort Myers, Fla. and Don Bowne, of Emmitsburg. A great-granddaughter, Katelyn Bowne, Fairfield, Pa., was also present.

A lot of old-time stories were swapped and the day was highlighted by a superb barbecue served by the hosts, Dot and Paul Sanders.

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## Library News, Emmitsburg Branch

By Kate Warthen

The birthday celebration has come and gone. Thanks go to the Lions Club for choosing to honor the Emmitsburg Library. Thanks to Sheila Chatlos for her remarks on the history of the library. Thanks must also go to Joan Boyle for her generosity in making the float for the parade. Also to Rose Keepers, Donna Cuseo, Karen Adelsberger, Stahley Meredith, Emily Daugherty, Megan Adelsberger, Leah Adelsberger, Heather Hagelin and Marianne Currens, Dave Martin, Robert Mort of Quality Tires, and a special thanks to Ernie Shriver for the use of his wagon, jeep, and general good will and expertise. Without the help of all these people, we would not have had the float.

Many thanks to Joan Boyle for her diligence in decorating the library Bulletin board. She made numerous trips to get pictures enlarged of all the former locations of the library. Many hours went into preparing this board as well as the Town Bulletin Board.

The Summer Reading Club is going well. Children who have finished one of their reading requirements are eligible for a treat at McDonald's. Be sure and ask at the desk for your coupon. Also, on August 1, at 10:30 a.m. at the Jack Cussmal Theater, Fine

Arts Building of Frederick Community College, those readers who are finishing their reading requirements can hear Cathy Fink, noted composer and children's singer, perform with Marcy Marxer.

Some new books are available at the Library that may appeal to readers interested in food and fitness.

*Hot and Spicy Mexican* by Dave DeWitt, Mary Jane Wilan, and Melissa T. Stock. The best fiery food from South of the Border. Take a hot and spicy trek to the very soul of Mexican Cuisine, where chilies aren't just spice, they're the staff of life. A great collection of tantalizing recipes.

*The Instant Bean* by Sally and Martin Stone. From sandwich spreads, salads, and soups to main-dish meals and even elegant desserts, here are over 150 quick and easy sophisticated recipes featuring the versatile bean.

*Vegetarian, Express Lane Cookbook*, by Sarah Fritachner. Really easy meals for really busy cooks. Cooking family meals sometimes seems like a relentless job with an impossible mandate, to please all the people, all the time, on a budget, with at least a perfunctory attempt at good nutrition—all on a tight schedule.

Most family cooks do this job every day, or aim to, under severe time and energy limitations. After a whole day at work, whether inside or outside the home, it's doubly difficult to get creative to adapt to changing tastes of diners, to balance a meal. Let this book help you to better food by showing you how to cook and by planning the menus as well.

*High Performance Nutrition* by Susan M. Pleiner, Ph.D. A total eating plan to maximize your workout. The author became interested in sports nutrition because as someone who's athletic, with a very-active lifestyle, she needed the staying power to work and work out. As she pursued her career in sports nutrition, she found it frustrating to be able to find so much information about what to eat for endurance sports or exercise, but so little for a person like herself who strength trains or cross trains with a variety of different activities. Thus she wrote this book.

*Fit Over Forty* by James M. Rippe, MD. A revolutionary plan to achieve lifelong physical and spiritual health and well being. This is a book about feeling good—better than you ever have, better than you ever thought possible. It is also a book about the personal power to be healthier than you have ever been by paying attention to daily practices and habits. It is a book about mind and body, a plan for achieving physical health and spiritual well-being.

There is a great selection of books on fitness available at your local library. Come see!!



**Super Summer Stories** puppeteers Ashley Rosensteel (left), Renee Seiss, and Becky Peters display puppets. Cathy Link is the program director.

*A Dispatch Photo*

A new program is being offered at the library for children ages 7 and up. Held on Wednesday at 1:00 p.m., it will be a time of stories and crafts un-

der the guidance of Cathy Link. All children who are interested in crafts should register at the library. Call 447-2682.

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**Large 5 bedroom house** - 2 baths w/tennis ct on 1 acre. Sec. Dep. Req., \$875 plus util. Crystal Valley Realty 447-2222.

#### Ocean City, Maryland:

**Condos** - 2 & 3 bedrooms, near Boardwalk, 1 w/pool. Sleeps 6.

**Bayside** - Large town house w/pool. Sleeps 12.

Crystal Valley Realty has had many requests from people interested in relocating to the Emmitsburg area. If you are thinking of selling your home or land, call our office for quick, efficient service.

**Emmit House**

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# COMMUNITY

## DAY

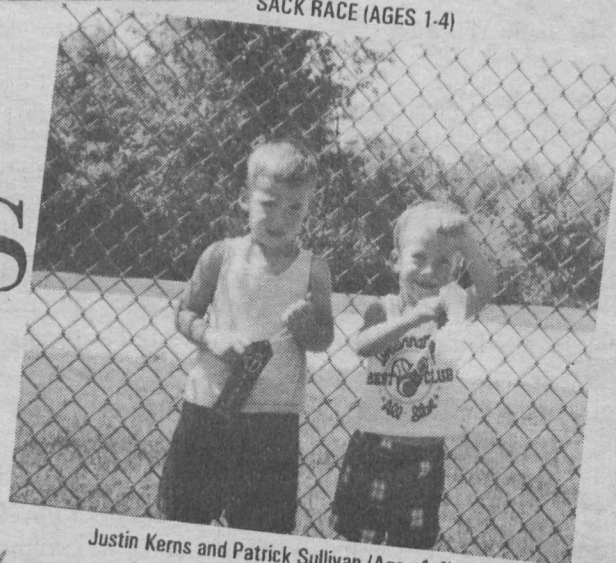
## WINNERS

GREASED PIG CONTEST



Wade Joy (13 & up); Nick Burns (ages 7-12);  
Dustin Gebhart (ages 1-6)

SACK RACE (AGES 1-4)



Justin Kerns and Patrick Sullivan (Ages 1-4)

SACK RACE (AGES 9 - 12)



1st place: Cory Creeger & Steve Reed  
2nd place: Steven Little & Derrick Thompson

Egg Toss



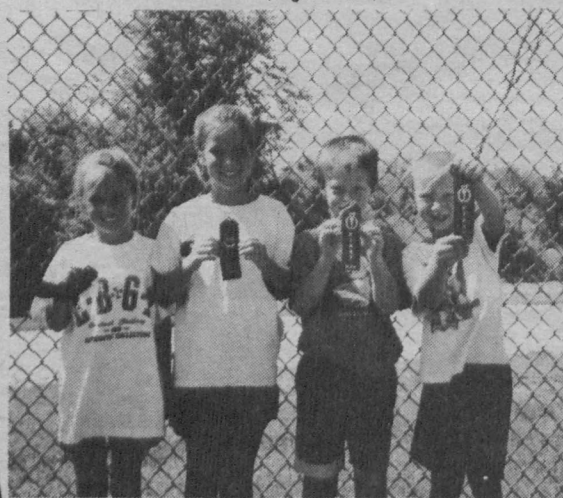
1st. place: Megan Adelsberger & Heather Haglin;  
2nd place: Jessica Schiery & Emmy Daugherty

SACK RACE (17 & UP)



1st Place: Jessica Schiery and Helen Kelley

SACK RACE (Ages 5 & 8)



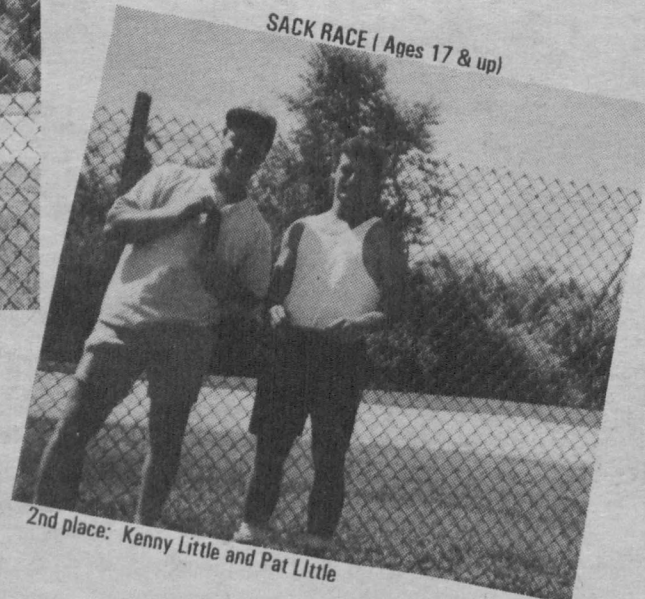
1st place: Cole Kauffman and Bobby Knox;  
2nd place: Heather Haglin and Megan Adelsberger

WATER BALLOON TOSS



1st place: Donald Stone and John Stone  
2nd place: Karen Walter and Erika Brunner

SACK RACE (Ages 17 & up)



2nd place: Kenny Little and Pat Little



# HAVING FUN

Pie Eating Contest (5-8)



1st Place: Christopher Stone; and (Tie) Erin Emory and Nathan Goetz.

Friends families, and well wishers gathered in Emmitsburg on July 6, to celebrate in the Lions Club 13th Annual Community day festivities.

It was a time for speeches. Our Emmitsburg Branch Library was recognized as being a special historical part of our town even though it is now a part of the Frederick County Library system. The library is now 90 years old.

Old Timey Games provided fun during the afternoon. These photos recognize "Olympian" feats, great skill, and a smattering of good luck. Winners not shown among these participants are Sack race (ages 13 - 16) 1st place Marie Walter and Betsy Gamble; 2nd place Erika Brunner and Karen Walter; Pie eaters (age 9 - 12) 1st place Bobby Knox and 2nd place Nicholas Wivell; and Watermelon eaters (ages 5 - 8) 1st place Nathan Smith and 2nd place Nicholas Wivell.

In the Horse-shoe contest for the less daring competitors Bob Dewees and Steve Welch won first place while partners Dennis Wivell and Bob Gauss won second, and Roland Frock and Toby Andrews placed third.

In the Lions Club 50/50 the luck of the draw went to Dr. Alan Carroll, Emmitsburg. Jeff Ott, Taneytown won the second prize and Debbie Stackhouse, Rocky Ridge took the third prize.

Thanks Lions for your vision, hard work and accomplishment. Photos courtesy of Jim and Connie Hahn.

Watermelon Eating Contest (Ages 1-4)



1st Place: (Tie) Julia Ziegler and Chris Stone.

Pie Eating Contest (Ages 13-17)



1st Place: Karen Walter(not shown), 2nd Place (Tie) Bryant Hoffman and Becca Goetz.

Water Melon Eating Contest (Ages 9 - 12)



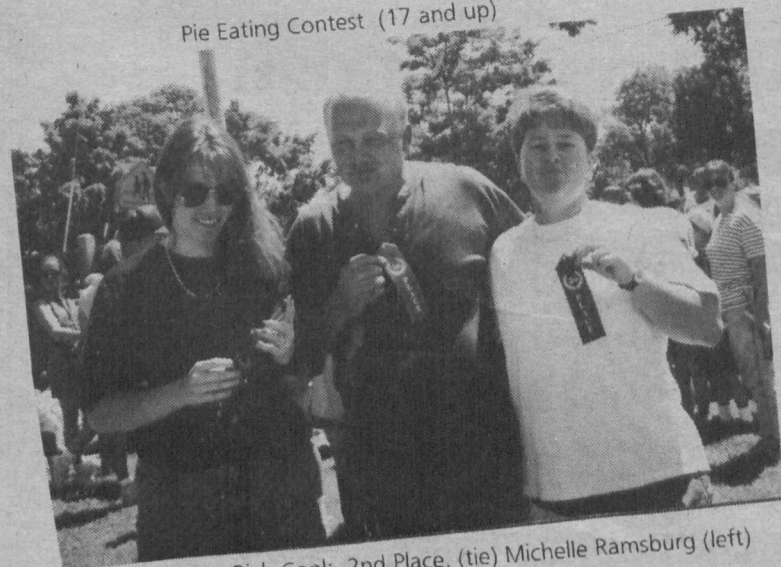
1st Place Bruce Bryant (second from left); 2nd Place, (Tie) John Stoné (left), Mathew Sickie, and Casey Andrews.

Watermelon Eating (Ages 12 - 18)



1st Place: Matt Knox (right); 2nd Place, Bryant Hoffman.

Pie Eating Contest (17 and up)



1st Place: Rich Cool; 2nd Place, (tie) Michelle Ramsburg (left) and Sonia Fannin.

Watermelon Eating Contest (Ages 19 and up)



1st Place: Michelle Ramsburg; 2nd Place (tie) Maria Topper & Rich Cool.



## Getting Ready to Make Tracks



### Lions Club One-Mile-Run

By Larry Noel

Sixty-two runners from age 3 to 61 kept in front of the Community Day parade through the streets of Emmitsburg in the 4th annual Lions Club's One-Mile Run held Saturday, July 6. The lure of seven age groups attracted many young runners and their parents who ran with them.

There were 18 Emmitsburg runners who finished:

Kenny Gentile, 14, in 5:58 (13th); Dale Gentile, 16, in 6:10 (14th); Cory Cregger, 13, in 6:18 (17th); Vincent Reaver, 9, in 6:32 (20th); Steve Reed, 12, in 7:01 (23rd); Trevor Gentile, 7, in 7:01 (24th); Derek Cool, 9, in 7:17 (26th); Ryan Gauss, 9, in 7:17 (27th); Angus Derbyshire, 9, in 7:19 (29th); Kyle Roberts, 8, in 7:19 (30th); Emily Balogh, 8, in 8:05 (35th); Teresa Scheider, 9, in 8:05 (36th); Cory Welch, 8, in 8:15

(37th); Brenda Scheider, 10, in 8:35 (44th); Kathy Kelley, 8, in 8:52 (49th); Myra Derbyshire, 38, in 8:52 (50th); Carl Gentile, 35, in 9:20 (52nd) and Ronald Gillispie, 11, in 11:29 (59th).

Experienced runners have been in this race since it was first held in 1993 when Frank Kelly of Frederick won in 5:04. This year's winner, John Roemer, 36, of Parkton, MD, set a new record of 4:33. The women runners have also been improving. Lealia Price of Smithburg, MD was the fastest woman runner in 1993 with a time of 6:31. This year Kathy Messner, 16, of Thurmont, Md. had the best time for a woman at 5:56.

The outstanding performance by a young runner in 1995 was the 8th place finish in 5:49 by Brad Topper, 10, of Thurmont. This year he finished in 10th place in 5:49 but his 7-year-old brother was right behind him in 5:56, the outstanding performance this year.

The youngest runner was Quinn Meehan, 3, who talked his father into letting him run although he had never run more than 440 yards. Quinn logged a time of 12:09.

#### Open Division Winners

Men: John Roemer, Parkton, MD, 4:33; Tony Lawson, Jefferson, MD, 4:38; Ted Poulos, McLean VA, 4:39. Women: Cathy Messner, Thurmont, 5:56; Lealia Price, Smithburg, 6:16; Emily Balogh, Emmitsburg, 8:05.

#### Age Group Winners

##### 6 - 9 Years of Age

Boys: Michael Topper, Thurmont, 5:56; Vincent Reaver, Emmitsburg, 6:32; Trevor Gentile, Emmitsburg, 7:01. Girls: Teresa Scheider, Emmitsburg, 8:05; Amanda Meehan, Frederick, 8:26; Ashley Reaver, Frederick, 8:48.

##### 10 - 13 Years of Age

Boys: Brad Topper, Thurmont, 5:49; Chris Kelly, Emmitsburg, 6:12; Cory Cregger, Emmitsburg, 6:18; Girls: Meredith Black, Olney, MD, 8:32; Brenda Scheider, Emmitsburg, 8:35;

##### 14 - 18 Years of Age

Boys: Kenny Gentile, Emmitsburg, 5:58; Dale Gentile, Emmitsburg, 6:10;

Jesse Ziegler, Taneytown, 7:50; Girls: Allison Black, Olney, MD, 9:20

##### 19 - 29 Years of Age

Men: Mark Zook, Martinsburg, WV, 4:52.

##### 30 - 39 Years of Age

Men: Frank Kelly, Frederick, 4:44; William Hunter, Thurmont, 6:56; Chris Engle, Frederick 7:29. Women: Myra Derbyshire, Emmitsburg, 8:52; Carol Drummey, Silver Spring, 8:54.

##### 40 - 44 Years of Age

Men: Byron Stay, Mt. Airy, 5:21; Jeff Jones, Hagerstown, 5:29; Kevin Robinson, Gettysburg, 5:31. Women: Mimi Black, Olney, MD, 8:50.

##### 50 - 59 Years of Age

None

##### 60 + Years of Age

Bill Price, Smithburg, 6:53.

"Necessity is the mother of invention" is a silly proverb. "Necessity is the mother of Futile dodges" is much nearer the truth.

Alfred North Whitehead

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Aug. 23 - 24 Space  
Aug. 30 - 31 Bootleg

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## Grand Opening



A Dispatch Photo

## Smitty's Gun Gallery Opens in Emmitsburg

Smitty's Gun Gallery held its grand opening on Saturday, July 20th. Over 70 people came to celebrate the opening of the new store located in the former Reynold's Feed Store.. A drawing for a \$50 gift certificate was held during the opening. Bob Wantz, Jr., of Emmitsburg was the lucky winner.

Smitty's Gun Gallery is located at 502B East Main Street and features a full line of guns and archery supplies along with some fishing supplies.

The owners, Terry and Belinda Smith, previously operated the business for five years in their home on Robindale Drive. The home business

served mainly family and friends. Over these years the business outgrew the space. The Smiths had been looking for a convenient location in Emmitsburg from which to serve better the general public. "We want to offer hunters in the area a place where they can come and take care of all their hunting needs," said Terry Smith. "We do bow repair, tune-ups, custom-made arrows, and take special orders. If we don't have it in stock, we can get it."

Smitty's Gun Gallery is open Monday, Wednesday, Thursday, and Friday from 1 p.m. to 8 p.m. and on Saturday from 8 a.m. to 4 p.m. For more information call (301) 447-3237.

## St. Joseph's High School Reunion

Saturday, Sept. 7, 8:00 p.m. to midnigh  
St. Joseph's Parish Hall, North Seton Avenue  
Set-ups a available BYOB  
\$5.00 per person

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Directions: US 15 to right on Welty Road, immediate left on Old Gettysburg Road past Mountain Liquor on left, to auction on right.

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Business Communications	Management Theory & Practice
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Intro. to Not-for-Profit Sector	Strategic Planning and Policy
Managerial Accounting	Independent Research
Managerial Economics	Macro for Managers
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Financial Management	International Marketing

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#### *In Frederick (Walkersville H.S.)*

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or a catalog and class schedule, contact:

Graduate Studies Office  
Mount Saint Mary's College  
Emmitsburg, MD 21727  
(301) 447-5326



## Garden Ramblings

By Christine Maccabee

### Expecting the Unexpected

I don't care if it is problems with people, or problems in the garden, one can barely predict what is going to happen next. If I've learned one thing this year it is this...to expect the unexpected. This spring I experienced more than my share of calamities, both natural and human, and privately I've been calling myself Calamity Jane. First the late frost (which claimed my 1" green beans, some viners and tender transplants), and then came the hail. As you probably know many of our local orchards were very hard hit by that hail, and a delicious local apple, pear, plum, or even peach will be hard to come by this year. Then came the horrible torrential rains with flooded basements and gardens, and the loss of a friend and neighbor, Karen Roman.

For those of us who work intimately, on a daily basis, with the earth, the unexpected is nearly a daily occurrence. But it is not all bad, thank goodness. In fact, since the hail storm, and thanks to lots and lots of rain, my garden is making an astounding comeback. Everything is lush, lush, lush. I call it my jungle.

Pumpkin vines are huge with many fruits, wax beans prolific, and my Basil plants have made a decent comeback after the hail storm nearly killed them. Even the wild flower Bergamot which was decapitated, is blooming from some new shoots which grew tall due to the extra rain.

The excessive moisture and long winter has also affected the insect population, such as the cucumber beetle which as of yet has not shown its face—Hallelujah!

Unexpected blessing have come in the form of people as well. Out of the blue, a young man, with time on his hands and a deep love of gardening, showed up at my door in early June to buy some tomato plants. Thereafter he come back three more days to work for me, doing seeding and trimming and other things I didn't have time for. Then, there is Susie whom I met through the Emmitsburg Studio Tour in June. She has been coming over once a week to garden and is giving to me of her youthful enthusiasm and curiosity as we share and learn together. Food for my soul, for half of the joy of gardening is in the sharing of it with others. Last, but definitely not least, is Nancy Gable who helped me regularly through the most labor-intensive time of gardening, spring and early summer. One day as I was go-

ing into Jubilee, Nancy was coming out. I mentioned my great need for a very part-time gardener, she said she was looking for part-time work, and that was that! She was an answer to a prayer, a totally unplanned, unexpected gift from the universe.

So, life unfolds in its frequently dramatic, unplanned way, as I proceed with my many deliberate plans for myself, my property, and my family. Somehow, it all works together. Some of the surprises of life please me, while other nearly devastate me. However, like all other struggling human beings, I work out my problems the best I can and proceed through the day with as much buoyancy as I can muster.

"Expecting the Unexpected" is, at least for me, far better than living where one learns to "expect the expected." California earthquakes and tornadoes in the West come as no surprise to the people living there, but I will take the relatively peaceful weather patterns of our wonderful State of Maryland (although this year may be the beginning of some real changes here). Either way, gardens and gardeners will be showered with both the good and the bad life brings. This is how it has always been and how it will always be. It takes courage to live. So be strong,

dear friends and fellow workers of the living soil, and cherish all the little unexpected blessings which always come along the way.

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Domestic Pitcher Beer \$3.75 14 oz. Bud Draft \$1.00	Bloody Marys 14 oz. (our own recipe) \$2.95	14 oz Harp or Guinness \$2.00  14oz Black and Tan \$2.00	Mens \$1.25 Domestic Beer DJ & Dancing	Frozen Margaritas (Tequila, Triple Sec., Licor 42 \$2.95	Frozen Strawberry Daiquires 7 p.m. Midnight	All Night Happy Hour 8 p.m.- closing Domestic \$1.25
Open 4 p.m. starting August 19	Sr. Citizen's Day 25% off any full-priced entree	Pitchers Harp or Guinness \$9.95  Purple Shooter \$2.50	Buffalo Wings (Hot and Sweet) 10¢ each 7 p.m. - Midnight	Miller Lite 12 oz. \$1.25 11 a.m. - 7 p.m.	Natural Light 12 oz. \$1.00 11 a.m. - 7 p.m.	Rail Cocktails \$1.25 74¢ Draft \$3.75 pitchers
Games, Great Meals, Entertainment	Bud 12 oz. \$1.25 11 a.m.- 7 p.m.	Busch 12 oz. \$1.00 11 a.m. 7 p.m.	Coors Light 12 oz. \$1.25 11 a.m. - 7 p.m.	Entertainment 9:00 p.m. - 1:30 a.m.	Entertainment 9:00 p.m. - 1:30 a.m.	Busch 12 oz. \$1.00 11 a.m. - 7 p.m.

Piggy's is going "CLUB STYLE" Thursdays, Fridays, and Saturdays from 9:00 p.m. to 1:30 a.m.  
Dance the night away with Tim Cosia (formerly of Marvelous Marv's), one of the hottest young  
DJ's on the circuit.



# Over the White Board Fence

By Mike Hillman

## Quality in Emmitsburg - Ed Reaver, cabinet maker

On a recent trip, a flight attendant asked if I would like cream in my coffee. Now for those of you who have never had the pleasure[sic] of airline coffee, it's without a doubt the worst coffee there is; axle grease added in large quantity helps some to hide the taste. So, needless to say, I said "yes" to the cream. It came as no surprise, however, that I was handed a container of skim milk instead of cream. Now I'm not a dairy expert, but unless there has been a recent change in definitions, skim milk is not cream. (I independently confirmed this with Eugene Grimes and Joe Wivell, Jr.). When I asked for the cream originally offered, the flight attendant informed me that only the first class passengers received cream. "Then why did you offer me cream? Why not ask if I want skim milk in my coffee?" Obviously flustered by my completely logical question, the flight attendant reacted and retrieved some "real" cream for me. Other passengers watching this exchange also began to insist on real cream. The following week, I received notice that my frequent flyer status was being revoked.

Now Audrey originally thought that I did this sort of thing just to embarrass her, but after seven or maybe eight years of marriage she's concluded that I'm simply neurotic. A fact I do not deny, especially when it comes to my level of expectations on the quality of products and of customer service (not to mention white board fences).

Since moving from the city to Emmitsburg, I have become increasingly aware of the different levels of customer service and quality provided by big-name chain stores compared to that provided by our local merchants and professionals. Sure, we can all run down to "Tire Universe and Donut Shoppe" and save two bucks on a tire. But how long will you have to stand in line to get service when that tire blows out ten months later, and will the owner apologize to you, and slap on a new tire without giving you the third degree? Over the last eight years, I have become acquainted and impressed with many local businesses to the point that when I can purchase a product or service locally, I do, even if sometimes shopping locally means spending a few extra dollars in the short run. Businesses like Quality Tire, Zurgables, the Ott House, the Main Street Deli, Alloway Gardens—, to name just a few, are a pleasure to deal with. Emmitsburg also has more than its share of excellent tradesmen and professionals, such as Kermit Glass, Earl May, Ed Reaver, Paul Krietz, and Dr. Gary Kabala. All treat you with respect and honesty, a trait that we often hear is hard to find.

Take Ed Reaver, for example. Ed and his son Brian operate "Reaver's Woodworking" out at their shop on Dry Bridge Road. Born in Taneytown to Sheridan and Helen Myers Reaver. . . on, well lets just say July 31, Ed will be celebrating an anniversary of his 40 birthday. Like most men, tiring of the good bachelor life, Ed got respectable and married "the love of his life," Helen Wivell. Settling in Emmitsburg, they raised a happy brood of six boys and three girls. For the first thirty years Ed worked as a machinist in various clothing factories, but all that time his heart and mind longed for the feel of wood. Having built furniture for relatives for years, in 1989 Ed started to produce furniture for people outside the 'clan.' Over the next six years he honed his skills, and in 1995, Ed finally made the plunge and went into cabinet making full time.

Just about this time, Audrey was renovating our living room, which included obtaining a new entertainment center. Why she wanted to replace the cinder blocks and pine boards that had served me well since my college days escaped me, but since she had married me, I figured her judgment wasn't all that bad. After several unsuccessful attempts to purchase one, Audrey opted to have one built. Always looking to save a buck, I offered to build the center myself and was rewarded with hysterical laughter. "You build it? the man who blames a certain country for your bent nails?, Mr. good enough for government work . . ." Needless to say, Audrey opted not to use my budding carpentry skills. So while she hunted for a builder, I headed off to see if Earl May would teach me how to fix a transmission.

Our quest to find a builder was relatively easy. Richard Broadband, our neighbor and a professional woodworker specializing in those multi-species cutting boards and lazy susans that you can buy out of catalogs and at craft stores, pointed us to Ed Reaver. As did everyone else we contacted. Less than an hour after receiving our call, Ed was sitting in our living room, studying an advertisement depicting the console Audrey wanted, and discussing dimensions, stains, and wood types. When I offered to help build it, Audrey politely showed me the door, pointing to a section of the fence that needed painting, and she and Ed went back to discussing details of how the console would be built.

In spite of Audrey's trepidations, Ed allowed me to watch him work. Unlike most shops today, Ed's shop does not have a 'customers must wait outside' sign. Throughout the building of the console, Ed never hesitated to take time out to give me a lesson on how to work a piece of equipment or join a piece of wood. I'm sure my never-ending string of questions about how or why something was done, combined with Ed's willingness to teach, significantly lengthened the project. Ed even answered some of my more obtuse questions,

which often resulted in his giving me a piece of wood and some nails and telling me to practice my nailing technique in some far corner while he figured out an answer.

Every time I entered his shop, I found myself admiring the console, as well as kitchen and bathroom cabinets, bookcases, and other household furniture that were coming to life under his and his son's steady hands. Talk about poetry in motion! Every piece of wood was inspected for imperfections, straightness, grain patterns, and a host of other quality attributes. Every angle was triple checked for squareness (even though there isn't any other one in our 100-year-old farm house). Every piece was hand fitted before final assembly to insure proper fit and operation. Even Ed's application of the stain was a royal production. He repeatedly checked and rechecked his work as if he were creating an 18th-century masterpiece.

Needless to say, when Ed and his son delivered the console, Audrey was thrilled, for it was exactly what she wished. Sure we could have bought something cheaper out of a catalog, but we wouldn't have gotten a piece of work that always draws the admiration of guests to our home, nor benefited from the 'residuals' of buying local, like gaining a new friend. Several times since the completion of the console, I've found myself stuck on some aspect of a wood-working project, be it making a raised panel, installing molding, or planning an extra large piece of wood. On each occasion, Ed cheerfully, and without charge, showed me how to perform the task. As a result, my level of knowledge about wood-

working has increased immeasurably, (now I only miscue one out of three boards!).

My experience with Ed is not untypical of my experience with other Emmitsburg-based businesses and professionals. Ed and others whom I'll be writing about over the coming months have strengthened my belief that local businesses are the lifeblood of a healthy community and deserve our support (not to mention the fact that each has provided me a seemingly unending source of self-deprecating topics for this column). So if you're in the market for some kitchen cabinets (they'll be doing ours if Audrey ever lets me remodel the kitchen) or bookcases, or if you would just like to watch true craftsmen at work, give Ed and his son a call; you won't be disappointed. And next time you get the urge to run down to Frederick to save a buck, stop a second and think. Is it really worth missing a friendly smile and down-home conversation, which for me usually goes something like "Hey Mike, Audrey let you back in the house yet . . .?"

*Mike lives with his wife Audrey on their farm on Sixes Bridge Road. When he's not painting fencing, he spends his time practicing nailing and sawing and swimming with his dogs.*

## Wanted

Story ideas:  
Announcements, Births,  
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## Rocky Ridge News

By Emma Keeney

Happy Birthday to Mary Ellen Cummings, Emily Sixx, Regina Dinterman, Betty Lee Mumma, Burnea Russell, Melissa Sharrer, Lucille Waynant, Richard Dinterman, James Stambaugh, Diana Hahn, Steven Day, Jennifer Hobbs, Heather Valentine, Charity Wivell, Cody Wivell, Larry Doble, and David Dinterman.

The Church of the Brethren will have Bible School July 29th through August 2nd, starting at 6 a.m. and ending at 8:30 p.m. Anyone interested in attending or helping please call Alice at 271-7960.

Emily Sixx, Isabel Mathias, and Carrie Ralston have recently returned home from the Frederick hospital.

Dorothy Wiley had eye surgery recently, and Melissa Sharrer had surgery at the Gettysburg Hospital on July 24. We wish them a speedy recovery and hope to see them soon.

The Annual "Big Picnic" and Festival will be held Saturday August 10. The Baby Show starts at 1 p.m. There will be age groups from newborns up to two year olds.

Soups, sandwiches, pies, etc. will be available in the afternoon and evening. A buffet dinner will begin at 2:30 p.m. Bingo and other games and the giant sliding board are there for all to enjoy. Music will be featured in the evening.

The Rocky Ridge firemen will be holding their annual Rocky Ridge Carnival August 12-17, with the parade being held on Wednesday, August 14, at 7 p.m.

The entertainment will be *Catootin*, Monday, August 12; *Makin' Changes*, Tuesday, August 13; *Lonesome Highway*, Wednesday, August 14; *Roll the Dice*, Thursday, August 15; *Country Gold*, Friday, August 16; and *Country Caravan Plus*, Saturday, August 17. Come on out and enjoy the entertainment and good home cooking along with the famous country ham sandwiches.

*A personal note:*

Since I have been a nursery Sunday School teacher many years, I have often wondered how much a nursery-age child understands. Recently, Chad McNair was in the yard with his mother, who was busy using the weed-eater, when he called her several times. Finally she stopped, he pointed to the sky and said, "God's Hands!" She said it did look like two open hands with the fingertips pointed to earth and she told him God was healing someone. To me that was a wonderful answer. I only wish I could have seen this, and I was very happy when they told me about it.

**Mt. Tabor Quilters**

by Inspector 13

The "Dresden Plate" quilt is finished. Tickets will be available until the drawing at the "BIG PICNIC" August 10, at 9:00 p.m.

It's business as usual on Tuesdays—quilt and visit. Why don't you bring a bag lunch and join us for the fellowship?

Someone suggested making a "community quilt," with blocks of different local landmarks. Loy's Station Bridge and the Big Slide are two ideas. Share your thought with us.

I've been asked why I am called Inspector 13. My mother can be blamed. Her lucky number was 13—everything she did was by 13's. (Continued on page 16)

# HIS PLACE, INC.

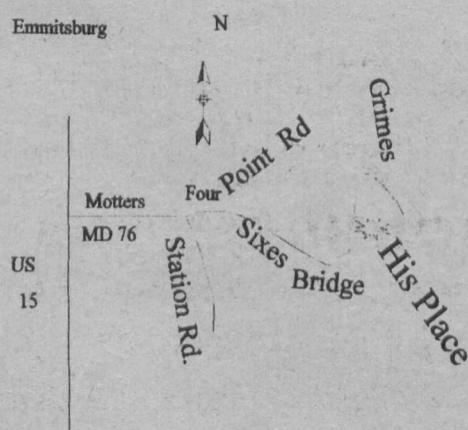
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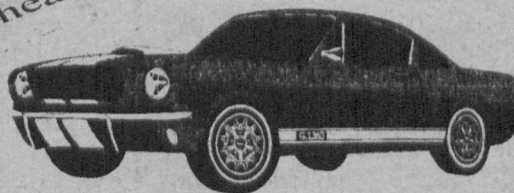
#### MONDAY thru FRIDAY; 8:00 - 5:00

Four Wheel Alignment	Computerized Wheel Balancing
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**PICK-UP & DELIVERY AVAILABLE (Limited Area)**



(Continued from page 15)

Gathering eggs always resulted in 13; anything she randomly picked up would be 13. Her name had 13 letters. Ergo, her only daughter must be called 13. But she never heard my "alias."

When I became involved with Mt. Tabor Quilters, word soon spread that I would *closely* scrutinize everyone's work to be sure points matched and seams were exactly 1/4". Inspector 12 was on TV in an ad for Fruit-of-the-Loom, so someone in our group named me Inspector 12<sup>1/2</sup>.

I was soon promoted to 13 by my husband who was one of the men who knotted our charity quilts. And now to borrow a TV phrase, "It's not a quilt until I say it's a quilt." And, by the way, my business name has 13 letters.

## St. Anthony/OLMC News

By Ann Marshall

St. Anthony's church has been repainted and the summer Mass schedule has resumed. Weekend Masses are Saturday at 5:00 p.m. and Sunday at 7:00 a.m. and 9:30 a.m.

The Youth Choir is looking for new members, 3rd to 12th graders who like to sing. Call the Parish Office, 447-2367 for information.

Many children from the joint parishes attend Mother Seton School. The school is now holding registration for Fall '96, kindergarten through eight grade. For information: 447-3161; RCIA (Rite of Christian Initiation of Adults) is a program for anyone interested in knowing more about the Catholic Faith. The next session begins in Fall '96. New comers are also invited to attend either of the following events which are held for people currently involved in the program. New volunteers are also welcome to attend.

Thurs. 8/15 8:30-9:30 p.m. - Ice Cream at St. Joseph's

Sun. 8/25 12 - 1:30 p.m. - Picnic at OLMC

Please RSVP/ASAP to Sr. Carol at 447-2367; Rita Carroll at 447-2115; or St. Joseph's at 447-2326.

Parish Youth are planning to attend a Youth Rally at St. Ann's Parish in Hagerstown on August 12 at 10:00 a.m. Transportation and lunch will be provided. This rally is for 7th-12th graders who may call Yvette Leith at 271-4099 for further information.

Our Lady of Mt. Carmel Parish Community welcomes Jordyn Ashley Maria Rosenberry who was baptized on Sunday, July 7. Jordyn is the daughter of Kenneth and Jennifer Rosenberry.

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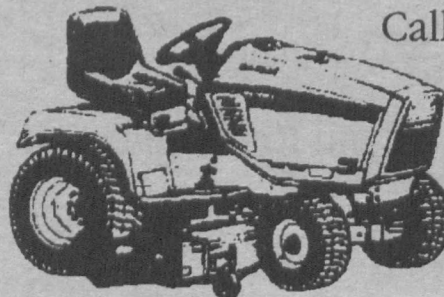
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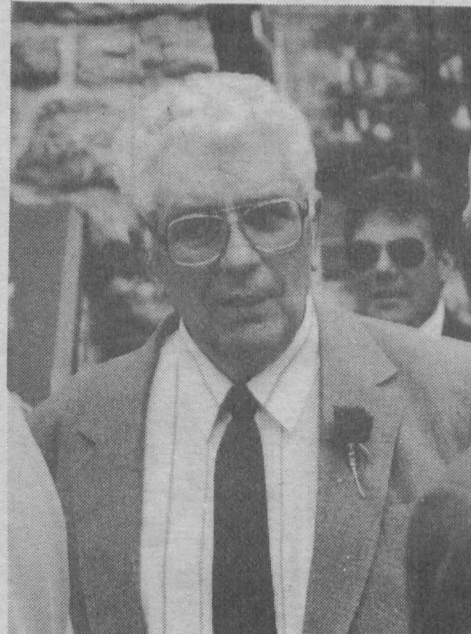
Jeff Smith, Professional Mechanical Technician  
14714 Motters Station Road, Rocky Ridge, MD

Call for an appointment.



## Obituaries...

### Dr. Robert Thomas Marshall



Dr. Robert Thomas Marshall, 76, of 16057 Annandale Road, Emmitsburg, died Sunday, July 14, at his home.

He was the husband of Ann Hall Marshall, his wife of 53 years.

Born Sept. 22, 1919, in Johnstown, Pa., he was a son of the late Leo V. Marshall and Adelaide Lohman Marshall.

He was a longtime member of St. Anthony Shrine Parish, Emmitsburg.

Dr. Marshall graduated summa cum laude from St. Vincent's College, Latrobe, Pa., in 1941. He was elected to Delta Epsilon Sigma.

His graduate studies were interrupted by four years of military duty in World War II. He served as a combat medical officer in Gen. George Patton's Third Army and earned the Purple Heart, a Silver Star, and four battle stars. He entered the Army as a private and was discharged as a captain.

After the war, Dr. Marshall attended Catholic University, Washington, D.C., as a Knights of Columbus Fellow and earned a Ph.D. in Latin and Greek in 1951. His dissertation, which was published, was titled: "The Socio-Political Terminology of St. Augustine's *De Civitate Dei*."

In 1949, Dr. Marshall joined the faculty at Mount St. Mary's College, where he taught for 36 years. He also taught shop classes at St. Joseph's High School, Emmitsburg.

At Mount St. Mary's College, Dr. Marshall was chairman of the language department for many years. He did post-graduate work in linguistics at Columbia University and studied computer-assisted instruction at Towson State University. He was a Ford Foundation Fellow in 1962-1963.

Dr. Marshall planned and personally built his family's home, continuing with additions and improvements almost until the time he died.

Surviving in addition to his wife are seven daughters and two sons, Mary Frances Marshall of Frederick, Donald Patrick Marshall and wife Becky of Frederick, Margaret Ellen Marshall of Santa Fe, N.M., Ann Frances Marshall and husband Darrell Dobbertin of Mountain View, Calif., Thea Elizabeth Marshall and husband Ethan Allen of Chicago, Ill., Katherine Marie Marshall and husband Kirk Ruthenberg of Potomac, Patricia Ann Marshall and husband George Filgate of Eugene, Ore., Elaine Hall Marshall of Frederick, and Robert T. Marshall Jr., of Chevy Chase.

Dr. Marshall also is survived by 16 grandchildren: Anne Marie Marshall, Julia Elizabeth Seess and husband Will Geovannello, Burt and Diana Marshall, Sara and Benjamin Marshall-Dobbertin, Margaret, Michael, Robert, Daniel, and Christine Ruthenberg-Marshall, Ellen, Claire, and Paula Filgate, Elizabeth and Thomas Zorzi; and one great-grandchild, Juliana Lufkin.

Dr. Marshall was preceded in death by a daughter, Sara Becket Marshall Hanning, who died in 1973.

Dr. Marshall will be remembered by Cheryl Grant, fiancée of his son, Robert Jr.

The family received friends and the Rosary was recited at 7:30 p.m. at the Skiles Funeral Home. Memorial services were held privately.

### Mrs. Lelia Catherine (Sanders) Orndorff

Mrs. Lelia Catherine (Sanders) Orndorff, 85, of Emmitsburg died Friday, July 19, 1996, at the Gettysburg Hospital, Gettysburg, Pa.

Born March 1, 1911, in Rouzerville, Pa., she was the daughter of the late Mary Susan Sanders and John McClellan Sanders. She

was the wife of the late John Loyter Orndorff who died May 7, 1988.

Mrs. Orndorff worked for many years as a clerk in Saylor's Store. She was a member of St. Anthony's Shrine Parish, Emmitsburg, and a member of the Sodality of the Blessed Virgin Mary.

Surviving are 5 children: daughters Regina Kelly of Hagerstown, Md., and Joan M. Sherman of Marriottsville, Md.; sons Paul R. Orndorff of Rocky Ridge, Md., Edward F. Orndorff of Blue Ridge Summit, Pa., and Gerald P. Orndorff of Emmitsburg, Md. Also surviving are 13 grandchildren, 14 great-grandchildren, a brother, Charles Sanders of Emmitsburg, and a number of nieces and nephews.

The Funeral Liturgy was held at St. Joseph's Parish on Monday July 22, with the Rev. Charles Jacob presiding. Interment was in St. Anthony's Shrine Cemetery Arrangements by Skiles Funeral Home.

### Laura Gertrude (Winebrenner) Cullison

Laura Gertrude (Winebrenner) Cullison, 82, of Fairfield, Pa., died Saturday, July 20, at the Gettysburg General Hospital, Gettysburg, Pa. Born August 4, 1913, in Troutville, Md., she was the daughter of the late Laura (Myers) and William Winebrenner. She was the wife of the late Harvey E. Cullison.

Mrs. Cullison was a lifetime member of St. Joseph's Parish, Emmitsburg, Md.

She is survived by 7 children: John E. Cullison of Fairfield, Pa., Genevieve G. Utz of Hanover, Pa., William L. Cullison of Gettysburg, Clair C. Cullison of Emmitsburg, Margaret E. Sprinkle of Biglerville, Pa., Kathryn I. Pottorff of Gettysburg, and Donald I. Cullison of Fairfield. Also surviving are 32 grandchildren, 42 great-grandchildren, and 1 great great-grandson, and numerous nieces and nephews.

Mrs. Cullison was preceded in death by a son, Charles E. Cullison, who died October 12, 1973.

The Funeral Liturgy was held Wednesday, July 24, at St. Joseph's Parish with the Rev. Father Charles E. Jacobs, C.M. presiding. Interment was in New St. Joseph's Cemetery, Emmitsburg. Arrangements by Skiles Funeral Home.

## New Director for Home Health Care

The Gettysburg Hospital recently announced the appointment of Carol A. Geist, R.N., to the position of director, Gettysburg Home Health Care. Geist had been serving as interim director since November, 1992. Geist joined The Gettysburg Hospital in 1979 as a staff nurse in the critical care department and moved into home health care in 1981. Four years later she was appointed team supervisor for Gettysburg Home Health Care, a position which she has held for ten years.

A native of McConnellsburg, Geist is a 1971 diploma graduate of Lancaster General Hospital School of Nursing and began her nursing career at Fulton County Medical Center in McConnellsburg before coming to Gettysburg.

Geist resides in the York Springs area with her husband, Franklyn Geist, Jr., and their two daughters, Angela and Kristi.

Gettysburg Home Health Care agency provides several home health care services, including skilled nursing; home health aides; enterostomal therapy; speech therapy; occupation therapy; parenteral therapy; prenatal, perinatal, neonatal, and post partum services; pediatric service; preadmission prep services; medical social services, home care coordination; and education services.

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### A word about pre-arrangements and pre-financing



The funeral serves a wide range of purposes, with religious, psychological, and physical significances. There are many aspects and details to the meaningful funeral that are arranged with the assistance of the professional funeral director, usually at the time of need. However, some people prefer counseling prior to need.

We offer complete information in pre-arrangements and pre-financing, available without cost or obligation of any kind.

Feel free to contact us at your convenience.

### Skiles Funeral Home

Serving the community since 1878

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## Water Filtration Plant

Sitting on Crystal Fountain Road up on Carricks Knob, the town's water filtration plant processes daily 288,000 gallons of water. The water flows through the local distribution network as it has for the past 30 years when it was installed by Sam Hayes' Emmitsburg Water Company, a private business.

Peering down from the peripheral catwalk into the filtration room operator Doug Wantz said, "The problem isn't quality—it's quantity." The sand filter processes water at the rate of 100 gallons per minute. "We're peaked out," said Wantz. The age of the system was apparent in creeping patches of rust and scars from past welding repairs.

Humming away behind us, the clarifier and chemical tanks were treating and processing the raw water being pumped in from Rainbow Lake. The chemicals were added before the water entered the filters. "We get good water to start with," said Bill Boyd who is also an operator of the plant. "It may seem strange, but in order to filter the water we have to make it dirty." Polymers have to be added to make a flocculent that settles down through the water to make particles large enough to be filtered out.

Cloudy water in various parts of the town does not come from the filtration plant. A highly sensitive turbidity measuring system constantly checks the water, showing its turbid condition in real time and also recording turbidity levels on a graph. "We have good test equipment," said Wantz. To illustrate he momentarily disturbed the normal flow of the water through the test equipment and within 45 seconds the electronic meter recorded the change. Wantz said, "The state allows a turbidity level of .5 ntu (units of turbidity). Our water consistently measures in the .05 ntu range." The pockets of cloudy water in town are caused by the "dead-end" distribution lines, some of which will soon be replaced.

Changes in the amount of water flow are also closely monitored. So carefully, as a matter of fact, that it is possible to "watch" the town begin its day with morning showers and breakfast through the quantity of water flowing through the system at that time.

Important in maintaining the quality of the water are tests that are carried out throughout the town. A "Present/Absent" biological test for e-coli and coliform bacteria is made every two weeks. A positive response brings in the health department and alters the treatment processes. "Emmitsburg has a good record in the county," Wantz said.

The Emmitsburg system is a mixed one, with ground water com-

ing from wells and surface water from Rainbow Lake. The lake holds about 33 million gallons of water and is fed by way of an 800-acre watershed. Despite last summer's drought conditions, the lake continued to supply enough water so that rationing was not necessary. This was because of the cooperativeness of the citizens and voluntary conservation of water, according to Water Commissioner Gingell.

A grant of approximately one million dollars from the Maryland Department of the Environment will be used to replace parts of the existing filtration plant, specifically the filtering system and probably the building, and to increase the source of ground water by drilling new wells in the vicinity of the plant. Ground water reduces the cost of processing the water. Preliminary engineering studies for the new system will begin in the fall.

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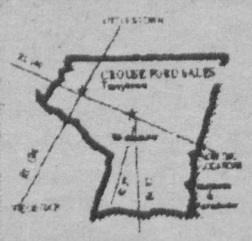
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## Looking Ahead.....

**Tuesday, August 20**

**EBPA covered dish picnic** will be held at the pavilion in Memorial Park (behind the Post Office) at 7:00 p.m. Drinks, dessert, plates and utensils will be provided. All who are interested in meeting other local business owners and professionals are invited to bring a dish and join members of the EBPA for this summer picnic.

**Saturday, August 24**

**The 222nd Birthday celebration of Birthday of Saint Elizabeth Ann Seton** will be held at the National Shrine of Saint Elizabeth Ann Seton in Emmitsburg. Registration is at 1:00 p.m. in the Shrine Visitor's Center. The Procession of Elizabeth Anns will begin at 2:00 p.m. The blessing of children & parents by Rev. Msgr. Robert Lawrence will be

followed by a family Fun Day with balloons, clowns, face painting, and refreshments in the courtyard.

**Saturday, September 7**

**St. Joseph's High School Reunion,** 8:00 p.m. to midnight, St. Joseph's Parish Hall, North Seton Avenue. Sept-ups available. BYOB Music will be by Iris "DJ."

## Mother Seton School Calendar

Orientation - Grades 1-8, Aug. 29, 9 a.m.-12 p.m.; Kindergarten, Aug. 29, 7-8 p.m.

First Day of School - Grades 1-8, Sept. 3, 8:25 a.m.-12:30 p.m.; Kindergarten Open House, Sept. 3, 9 a.m. - 12 noon. All grades report, Sept. 4, 8:25 a.m. First full day Sept. 5.

We welcome our new teachers Roger Anderson, Science and Mollie Herrick, Math/Science.



### COMPLETE CARPET CARE

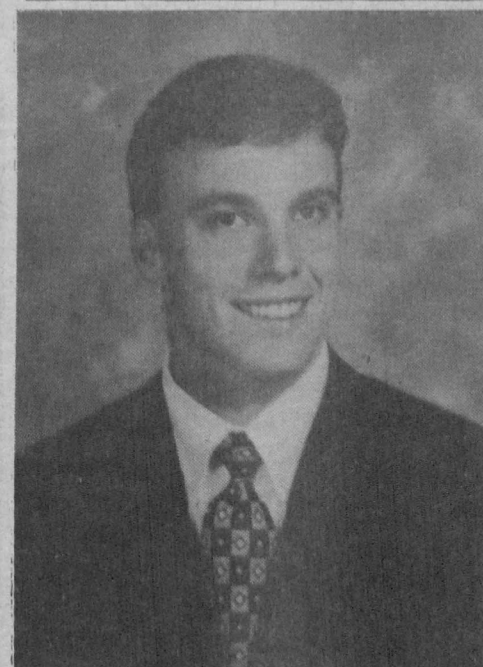
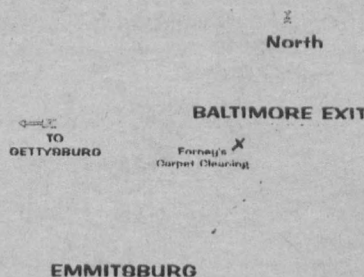
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Patrick Michael Valenti

### Emmitsburg Resident Delivers Commencement Address

Patrick Michael Valenti of Emmitsburg, Md., was the graduating student speaker at the recent commencement ceremonies for the University of Maryland at College Park's College of Business and Management commencement. Earlier in the day First Lady Hillary Rodham Clinton, was presented with an Honorary Degree from the University.

Valenti graduated Summa Cum Laude and received his Bachelor of Science Degree in accounting. He was a member of the University Honors Program and the Total Quality Management Program sponsored by IBM. He recently received the Charles B. Edelson Outstanding Accounting Student Award and the Financial Institute Academic Achievement Award. He was also elected to serve as a student marshal for the Commencement exercises where over 5,000 degrees were awarded.

Valenti, who was the Salutatorian for Del One Catholic's 1992 Graduating class also attended Mother Seton School. He entered the University of Maryland as a Francis Scott Key Scholar. He will be joining the Washington Office of the International Accountig Firm Deloitte & Touche as a tax associate this summer.



(Southgate from page 2)

process due to soil and water concerns. The subdivision site, which will have 35 homes, is behind the Community Center on South Seton Avenue. Access to and from the subdivision will be from Cedar Avenue which connects to South Seton Avenue.

1994

The preliminary plans were first presented to and approved by the Planning and Zoning Commission on November 29, 1994. The plans were then brought before the Town Council at the December 5, 1994 Town Meeting. The Council reviewed and discussed the plans at this time. Of particular importance was the intermittent stream identified in the site's forest conservation plan. In Commission approved the plans with the condition that no basements be put in the houses and a six-inch storm drain with subdrains be installed. At this time, the preliminary plans were also reviewed and approved by the County agencies and the State Highway Administration.

At the May 1995, Town Meeting, there was further discussion regarding the intermittent stream. The Town Council voted 4-0 in favor of the preliminary plans contingent upon the approval of USDA Soil Scientists, that a geotechnical survey be completed, that curb, gutter, and sidewalks be installed on the portion of Southgate that borders Cedar Avenue, and that the stormwater management pond be the responsibility of the homeowners' association.

A geotechnical report was then submitted to the Town by Hillis-Carnes Engineering. Their recommendations were that all basement units should be planned so that a gravity underdrain may be installed from an elevation of two feet below the lowest slab elevation to a suitable gravity outfall. The report also recommended all basement units should be provided with perimeter foundation drains connected to a gravity outfall underdrain or storm drains. The report further stated that based upon the field observations and information available at this time, it was their professional opinion that structures without basements be considered for some lots and the remaining lots may utilize basements but may encounter rock.

The final plans were then presented to the Planning and Zoning Commission at the October 10, 1995, meeting but were tabled until the geotechnical reports could be further reviewed. There was a special meeting held with the Planning and Zoning Commission to discuss the geotechnical report. After this discussion, the Planning and Zoning Commission voted 4-0 in favor of approving the plans with the condition that twenty of the lots have no basements.

The improvement plans were then presented to the Town Council at the December 4, 1996, Town Meeting and the plans were tabled until all agency comments were received.

There was a lull in activity while,

at the request of the Town, agencies reviewed and investigated site. The Army Corp of Engineers, the Maryland Depart-

ment of the Environment, the Maryland Department of Natural Resources, and the Town's forester provided reports.

These agencies identified, to some degree, wetland qualities and recommended this be addressed on the plans.

In reaction to these reports,

Mayor Carr asked the Planning and Zoning Commission to discuss the Southgate plans once more at the June 24, 1996, Planning and Zoning meeting. Mayor Carr prepared a memorandum listing the results of the various reports. The Planning and Zoning Commission concluded the plans ad-

dressed the water issue and maintained approval of the plans.

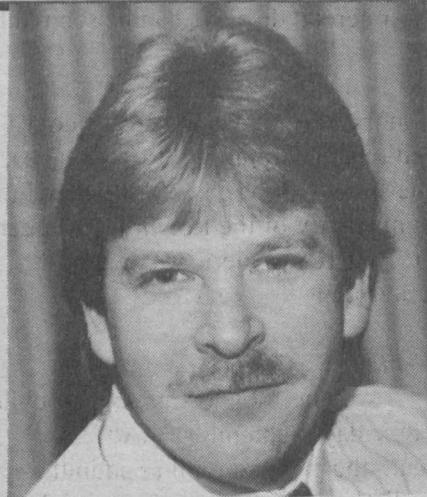
The final and improvement plans were again presented to the Town Council for approval at the July 1, 1996, Town Meeting. The builders stated that because of the water concerns none of the homes would have basements. The Council voted to approve the final plans 3-1. Commissioner Thomas Gingell opposed the motion to approve the plans.

On July 11, 1996, Mayor Carr presented a formal veto of the Council's de-

cision to approve the Southgate plans. His decision was based on the fact that more input and review was needed from the town inspector, town manager, and outside agencies.

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Anonymous Crumudgeon



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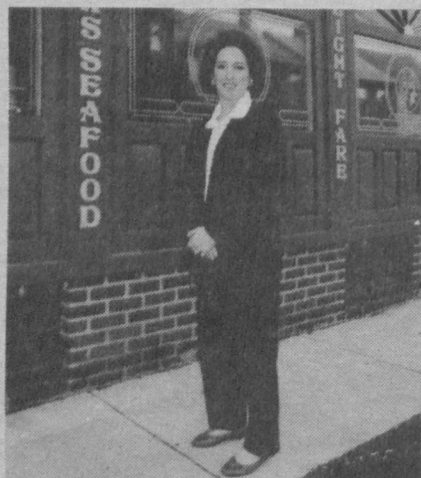
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## Community Show Rules

Rodman Myers, Chairman of the Thurmont and Emmitsburg Community Show, urges new area residents to enter exhibits in the 40th Annual Community Show. The show will be held September 6, 7, and 8 at Catoc-tin High School. Exhibitors can expect to find a copy of the show booklets at area businesses around August 15.

Rules and regulations for the show:

1. Entry of exhibits may be brought to Catoc-tin High School gymnasium on Thursday evening, September 5 from 6 p.m. to 9 p.m. and on Friday morning, September 6 from 8 a.m. to 12 noon. Hay, rabbits, and livestock may be entered in the Ag shop area.
2. Exhibits are solicited from residents of the Catoc-tin High School area and entries must be grown or made by the exhibitor. There is no entry or admission fee.
3. Only one entry per person per class. Departments include fresh fruits, fresh vegetables, canned fruits, canned vegetables, jellies and preserves, pickles, meat (canned and home cured), baked products, sewing, crocheting, needlework, embroidery, and knitting, flowers and plants, arts and crafts, corn, small grains and seed, hay, nuts, poultry and livestock, dairy and goats, eggs, home products display, miscellaneous, junior department (ages 12 and under), and youth department (ages 13-19).
4. All cakes, pies and baked goods will become the property of the Community Show committee and will be auctioned off Friday at 9 p.m. in the school auditorium.
5. The junior department will include boys and girls ages 12- and under, and the youth department will include boys and girls ages 13-19.
6. Ribbons and prize money will be awarded to the first, second, and third place winners in each class. Honorable mention ribbons will be awarded at the judges discretion. A champion and reserved champion will be selected from each department.
7. The placings of the judges will be accepted as final.
8. The show committee is not responsible in case of fire, theft, or accident.
9. The show committee reserves the right to pass any decision not covered by these rules.
10. Exhibits may be removed Sunday, September 8 from 4 p.m. to 8 p.m., and Monday, September 9 from 8:30 a.m. to 12 noon.

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## 40th Annual Thurmont-Emmitsburg Community Show

This year marks the 40th anniversary of the Thurmont and Emmitsburg Community Show which will be held at Catoc-tin High School September 6, 7, and 8.

Over 2,500 farm and garden, household, quilt, livestock, machinery, and commercial displays can be seen during the three-day event.

Each year, the Community Show honors an organization for its contributions to community life. This year, the show will be celebrating the 50th anniversary of the Edwin C. Creager, Jr. Post 168, American Legion of Thurmont.

### Friday

The show opens to the public on Friday, September 6. At 7:30 p.m., the program will open in the auditorium with the massing of flags by community civic organizations. Pat Troxell will sing several selections during the program. The highlight of the program will be the announcement of the 1995-96 Catoc-tin FFA ambassador.

Following the program, at 9 p.m., an auction of all baked goods exhibited at the show will be held in the auditorium.

### Saturday

Saturday's activities include a Beef, Sheep, and Swine Fitting and Showing contest from 9 a.m. to 2 p.m. and a pet show beginning at 10:30 a.m.

The Thurmont Grange will serve a family-style turkey and ham supper in the school cafeteria from 3 p.m. to 7 p.m.

Milking equipment, gasoline engines, and machinery will be displayed throughout the event.

"Homer" and "Albert," owned by Ernest Jackson, will be back again

this year. The Brown Swiss are eight years old and weigh 3,000 pounds each.

The Catoc-tin Area FFA Alumni Beef, Sheep and Swine Sale will be held in the Ag center area at 7 p.m.

### Sunday

On Sunday, Sept. 8, the show opens at 10:30 a.m. with a dairy and goat show.

At 12 noon, in the school cafeteria, chicken barbecue will be served by the Catoc-tin FFA Alumni.

"Dash for Mash" pig, duck, and goat races will be held at 1:30 p.m. and 2:30 p.m. by Merle Mills, a Montgomery County farmer.

A K-9 dog show and demonstration will be held at 1 p.m., 2 p.m., and 3 p.m. by the Frederick County Sheriff's department.

The Catoc-tin Mountain Horse-shoe Pitching contest will begin at 1 p.m., and the cross-cut sawing contest will begin at 2 p.m.

Debra Lewis and Chandra Curry will have a horse rodeo event near the Ag center at 2 p.m.

Tyson and Sylvia Creamer will do sheep shearing at 1:30 p.m. and 2:30 p.m. and there will also be a spinning and weaving demonstration.

During the three-day event, the Catoc-tin FFA and Hunting Creek Fisheries will have an aquaculture display in the Ag shop area.

The Tom's Creek Church Quilters will be quilting in the quilt and afghan display room.

The Community Show is sponsored by the Thurmont and Emmitsburg Granges, the Catoc-tin FFA Chapter, Catoc-tin FFA Alumni, Maryland Agricultural Fair Board, and the Maryland State Grange.

## Community Show Hosts New and Old

Three events have been added to the Community Show's contest and attraction program.

### Pie-Eating Contest

We have brought the pie-eating contest back to the show this year. The pie-eating contest will be held on the rear patio of the school where the pet show is held, and will begin at 12

noon on Saturday, September 7. Please register at the same registration table as the pet show. Age groups will be determined after registration is completed.

### Bike Rodeo

The Frederick County Sheriff's Department will be conducting a bike rodeo at this year's Community Show. The bike rodeo will be held to the rear of the school on the basketball court, Saturday, September 7. (Please see Show on page 22)



## Food For Thought...

By George Geralis

Over the years, Americans have become more discerning in their choice of salads. In the 1930's and into the mid-1940's, salads served in most households were customarily comprised of a wedge of iceberg lettuce with mayonnaise or with a basic salad dressing of a mixture of cider vinegar, vegetable oil, salt and pepper.

U.S. servicemen, returning from all parts of the world following World War II, recalling the foods of other ethnic cultures, began encouraging a more diverse order of agriculture. As time would allow, produce markets each season revealed wider assortments to satisfy the demands of a changing profile in the post-war American consumer.

Our eating habits and tastes have changed so much that selections of different packaged salad mixtures are now surfacing at progressive grocers.

New introductions of salad mixtures do not stand alone in agricultural growth. Current demands for fresh herbs have increased crop productions to meet the ever-growing need of today's sophisticated consumer.

Today, with the continued introduction of vast arrays of trendy salad

fixings, one may select from choices of *Belgian Endive*, *Daikon*, *Arugula*, *Cilantro*, *Escarole*, *Dandelion Greens* and a variety of lettuces to suit the most discriminating lettuce fancier. They have far outdistanced the previously popular iceberg type, and let us not overlook the myriad of mushrooms, enough to satisfy the culinary desire of any ethnic food aficionado.

Salads have become so well accepted in our health-conscious diets, that one does not hear the descriptive term "rabbit food" previously associated with them.

Instead, what was regarded as a lady's choice is now accepted universally as a healthy choice and consumed, unabashedly, by males.

Salads need not be exclusively vegetables or predominately chicken, or tuna, or ham. They can include combinations of mixed ingredients such as those found in various Italian antipasti and the formidable English concoction known since colonial days as *Salmagundi*. Today variations are conveniently passed on as Chef's Salad.

*Salmagundi* doesn't even sound like an English word, but it is and has been resurrected from an eighteenth century recipe in Colonial Wil-

liamsburg as an entrée at Christiana Campbell's Tavern.

Its ease in preparation makes it an excellent main course for a luncheon during summer months. It's especially good when accompanied by a cold glass of sparkling apple cider.

### Salmagundi

Salad Greens (Boston, romaine, endive, watercress, and others, enough to serve 8)

1 pound Virginia Ham (preferably authentic Smithfield), thinly sliced and cut into strips

1 pound chicken thinly sliced and cut into strips

4 hard-cooked eggs, sliced

16 sweet gherkins

8 celery hearts

16 sardines

16 anchovy fillets

Vinaigrette (recipe follows)

▪ Arrange the mixed greens on a large serving platter.

▪ Place remaining ingredients decoratively over the top and around the greens

▪ Sprinkle with vinaigrette  
Yield: 8 servings.

### Vinaigrette

¾ Teaspoon salt

½ Teaspoon white pepper

¼ Cup cider vinegar

¾ Cup vegetable oil

▪ Dissolve the salt and pepper in the vinegar.

▪ Add the vegetable oil while whisking until dressing is emulsified.

(Show continued from page 21) beginning at 12:30 p.m. A bike inspection will be done. Helmets are required. Bike helmets will be provided at the rodeo. You can sign up for your respective age group prior to the rodeo. The rodeo will follow the pie-eating contest.

### K-9 Dog Show

The Frederick County Sheriff's Department K-9 Team will hold two K-9 dog demonstrations on Sunday, September 8 at 1:30 and 2:30 p.m. The team will demonstrate the skill of the dogs and their handlers in the apprehension of suspects and in drug detection.

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## Fresh Water Fish, The Pet

By Jack Deatheridge, Jr.

Until July 3, the most I've spent for a single fish was \$23. It was a goldfish, purchased in Randallstown for a customer. I wouldn't have paid that much for the fish had I been in any store other than the Aquarium Center. I trust them and have not been disappointed. I can't write that about any other shop I've stalked!

I honestly believed I'd never spend \$30 for a fish. I would have bought Brown discus at \$60 apiece had I had the chance, but I'm married to a saner person than I, so I know my limit. What stuns me and scares me is Wanda's paying over \$70 apiece for two discus!

We were arguing over the \$40 I wanted to spend on Cory catfish. I wanted 6 each of three species, Wanda claimed we couldn't afford more than one species. She later found the discus tanks and came to me with an expression I've seen in the mirror half my life. Wanda was gone!

I followed her to the discus, delighted that I would get a beautiful fish and fearful that our marriage was over. She wanted the Pigeon Bloods at \$99.99 each. She loved them. I wouldn't have argued had there not been other types of discus available. I plugged for the wild-caught Greens at \$69.99 each. We finally agreed to buy one Green so I could get my cats, all 3 species.

Had Wanda really lost her mind? Had I actually stood there and talked her out of buying fish? Me, the insane one who can't stop the dreams of fish that have haunted me since childhood! I pondered the idea of our ending in bankruptcy as both of us embraced the madness. I also chased

down a person to net catfish before reality found my partner.

Seven fish were bagged when Wanda caught up to us. I knew she'd changed her mind. So much for the fish I hadn't reached, so much for the magnificent Green discus. Reality!

"I can't make up my mind," Wanda said calmly. (I knew we weren't buying discus, the fever had passed. Maybe I could still get my cats.) "So don't get anymore catfish." (I was crushed.) "I'm getting the two nicest discus."

Seventy-three dollars and forty-nine cents for a single fish and she buys a pair. I don't know what to think now. Has she finally crumbled from close and constant association with me? Or should I look at this as a testimony of her belief in my ability to keep these fish healthy.

The madness has receded in me, a bit, as I have to worry with water conditions, feeding, tank companions, and what not. Should I have the discus successfully reproduce themselves, I fear Wanda may get lost completely. If I manage to lose her fish I might cause her to lose interest in the hobby. I've learned to live with my madness, but having to deal with it in others frightens me.

We're planning a 3' x 7' African Cichlid pond (landscape timber and pond liner) for the middle of the living-room floor. My dreams are closer to reality. We hope to stock it with "Lemon" Labidochromis at \$25 apiece. We'll need at least 10 to make use of that big pond.

It's been suggested that I spend the fish money on psychiatric help. But I fear the boredom being sane would bring. HA! HA! HA! HA!



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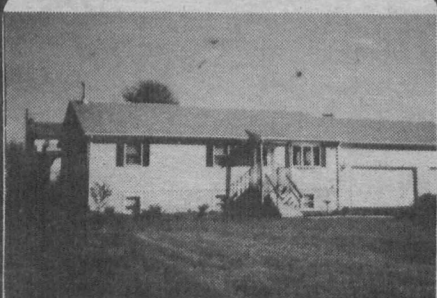
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