

# Emmitsburg The Regional Dispatch

Vo. II, No. 5

Gaining Strength Through Each Other

May, 1993 <sup>4</sup>

## STATS SHOW "BIG PICTURE" A Portrait of Emmitsburg: Who We Are

Approximately 1,800 people call Emmitsburg home. Who are we? Where did we come from? What do we do? Are we mostly young or old, rich or poor, male or female?

Statistics prepared in April, 1992, by the Maryland Office of Planning and available from the Frederick County Planning Commission provide a portrait of our community. The report is based on the 1990 census which showed we had a total population of 1,688. This figure has since been revised to 1,870, but the figures quoted below are based on the 1,688 population count and subject to correction to reflect this increase.

The sexes are almost equally divided in this small rural community, but the women have a slight edge: 872 females and 816 males. A little over a quarter of the population is under 18 years of age (448); over ten percent of us are senior citizens (175 people between the ages of 65 and 84 years of age, and 17 over 85 years); and the majority are somewhere in between (187 between 18 and 24, 594 between 25 and 44 years, and 267 between 45 and 64).

Of the 639 households in Emmitsburg, well over half are family households; 350 are married couples and 116 are single parent families (94 female and 22 male). Of the 173 non-family households, 140 of these householders live alone.

The 639 occupied housing units are almost equally divided between owners and renters: 314 are owner occupied and 325 are renter occupied. At the time of this survey there were 42 vacant housing units. The average value of the owner-occupied units is \$85,300; the median rent is \$352 per month.

Six hundred twenty-five of the

households are white; 10 are black; 2 American Indian, Eskimo, or Aleut; 1 Asian or Pacific Islander; 4 Hispanic; and 1 other race.

Many of the early settlers of Emmitsburg were from Germany and today the population reflects the town's heritage: 849 people claimed German ancestry on the census survey. Other ancestries reported include Czech (6), Dutch (18), English (179), Finnish (8), French (21), French Canadians (2), Greek (5), Hungarian (4), Irish (313), Italian (51), Polish (21), Russian (5), Scots-Irish (20), Scottish (19), Slovak (2) Swedish (9), Swiss (3), and Welsh (12).

The growth of the town is particularly interesting. There were a total of 681 housing units in Emmitsburg when the report was made. A little over half of the structures were built prior to 1939. In the last 50 years 331 units have been constructed with approximately 60 new units being built each decade. The biggest building boom occurred in the 70s when 82 units were added. Only 52 went up in the 80s.

There are 925 employed persons 16 years and over in Emmitsburg. What do we do? The largest number (164) are in retail trade, followed by those in manufacturing (140), construction (116), and educational services (114). Government workers, including local, state, and federal workers, number 124. Only 9 people were recorded as being employed in farming, forestry, and fishing occupations.

By understanding the nature of the community we will be better able to plan for its growth. It is our responsibility to be aware of the future of Emmitsburg and to take part in its development.

## WORKING IT OUT Town Workshops Aim At Problem Solving

As the growth rate of Emmitsburg increases, so will the demands on our local government. Problems always need resolving. The Council-and-Mayor type of government of Emmitsburg lends itself to citizen participation, and two different meeting formats each month allow citizens to speak out. New residents especially are invited to become a part of the governing processes of the town and are invited to both the regular town meetings and the workshop meetings.

Community workshop meetings were initiated to provide opportunity for citizens to voice desires, suggestions, and constructive criticism in the operation of town government. Historically there has not been a large participation on the part of the residents unless a specific change or problem has arisen. Reaction tends to be the order of the day, and that is one of the functions of the elected officials.

Workshops provide an environment for discussion and planning for the future needs of the community. State and county agencies are of great assistance in future planning; however, local residents' ideas are often more relevant.

According to Mayor Carr, "Citizen participation at regular town and workshop meetings is welcomed. Any citizen can come. Workshop topics are often those carried over from town meetings, but citizen suggestions and current problems are heard at both meetings."

The times and places of meetings are posted at the town office and are announced on local cable channel 22.

For information call the town office at 447-2313.

## -- ROUNDS --

### TOWN MEETING

It was announced at the April town meeting that repairs to the Rainbow Lake spillway will be made by the Antietam Construction Co. of Hagerstown. Mandated by the Department of Natural Resources, the \$69,000 project will start April 18 and is projected for completion in 60 days. The town has established a three-year line of credit with F&M Bank to finance the cost of repairs.

Discussion was held regarding the new traffic signs at the intersection of Lincoln Ave. and S. Seton Street. Because people are still ignoring these signs, residents are reminded that these traffic control signs were installed to reduce the risk of accidents. Flags have been installed to draw attention to the signs.

The commissioners are currently studying alternatives to problems caused by two-way auto traffic along East Lincoln Avenue. Possibilities include creating a one-way street or widening the alley. Further investigation into an easement to allow for widening the street will be made. Advice from the Highway Department will also be sought.

It was decided changes and revisions to the ordinance affecting business signage along US 15 will be discussed in a public meeting set for May 2, at 7:00 p.m. at the town offices. Ordinance 94-3 addresses the impact of business logo signs and the impression they create upon those entering town. The commissioners will vote on the proposed ordinance in the regular town meeting that will follow.

### POLICE REPORT

The town deputies reported for March that there were three accidents, one assault, one case of child abuse, and three incidents of destruction of property. They made five adult arrests, one criminal, and one juvenile arrest. Thirty-seven traffic citations were issued and 17 warnings were given. There were one DWI and four arrests for traffic violations. Four thefts were reported. Six hours were spent on the special assignment dealing with the control of truck traffic enforcement of truck regulations. At the present time truck

inspections are conducted by special police units. Deputy Horner stated that both town deputies will be attending school to be certified in truck inspections and that once they are certified they can conduct the truck inspections themselves.

Code Enforcer Bob Koontz issued 281 tickets. He assisted in traffic control including 10 fires, eight ambulance, four funerals, and two days controlling traffic around repair work. He reported receipts of \$1,022.28 from parking meters, \$108 from parking meter rebates, \$626 from fines, \$628 from flagging, and \$9 from meter bag rentals.

### ROUNDS

The Emmitsburg Ambulance Company made a total of 64 calls in March, driving a total of 1057 miles. There were 42 emergency medical calls, eight motor vehicle accidents, seven routing transportation calls, one station transfer, and six fire assists. Thirty-five calls went to the Gettysburg Hospital and three to Frederick Memorial Hospital. Twenty-two of the calls required Advanced Life Support and 42 of the calls required Basic Life Support. In providing this service 60 company hours and 174 personnel hours were spent.

### FIRE SERVICES

In the month of March the Vigilant Hose Company responded to 22 emergency calls. These included nine first-due calls, five auto accidents, three mutual aid calls, one medical assist, and four station transfers. The company accumulated 1,210 personnel hours of service and held two department drills.

Don't forget the "Community Campaign for Safety."

### ZONING

If you are going to make changes to your property in any way, please remember to call the Town Office, Monday through Friday, 8:00 a.m. through 4:30 p.m. to see if you need a zoning permit from either the town or the county. Once you are sure you need a permit, the Zoning Administrator will see you by appointment only on Tuesdays and Thursdays. If you have any questions, please feel free to call us at 447-2313. Thank you for your cooperation.

## THANKS FROM THE EMMITSBURG LIONS

From Gene Rosensteel

The 11th Annual Emmitsburg Lions Health Fair was a success! There were 162 people in attendance, with 113 blood tests and 34 mammograms administered. The Lions wish to thank the Sisters of Charity of Mother Seton School for the use of their fine facility again this year. Likewise, the Lions wish to thank the doctors, including Dr. Alan Carroll who was at our Thurmont site, nurses, Ambulance Corps, and all the other volunteers who made this event possible. The volunteers appreciated the free lunch provided by the Carriage House and the doughnuts provided by Jubilee Foods.

We also wish to thank the following for their valuable service: Mount St. Mary's College for providing the room dividers, CPI Printing for printing posters and lending us stools, Mother Carey's Chickens for a vision machine, the Ott House for a vision machine, Farmers and Mechanics National Bank for pens, Bonnie Sanders for calligraphy, Zurgables Bros. for miscellaneous equipment, Rutters Farm Store for orange juice, and St. Joseph's Provincial House for use of a wheelchair.

We also wish to thank all of the exhibitors this year who gave us much valuable information. And finally, thanks to the Gettysburg Hospital and staff for providing their services. We are grateful.

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## SENIOR CITIZENS

### Day Trip Planned For May 25

by Anna Margaret Martin

Can you believe it! April has come and gone and May is here. Daylight savings time is here and now we must wait until the last of October to gain back that extra hour. And we seniors really need it.

We have quite a few activities planned for the month of May. We will be playing Bingo May 5th and 19th at 1:00 p.m.. Our "500" card parties are May 12th and 26th at 1:00 p.m. Reservations should be made for the card parties at least 24 hours in advance.

On Tuesday, May 3, at 12:30 p.m. the 5th grade from the Emmitsburg Elementary School will entertain us and on Tuesday May 24th, the 3rd grade will visit us. We all enjoy the fellowship with the children and look forward to seeing them each month. It keeps us all young.

On May 17, we will be playing "Blind Bingo." Every prize will be in a bag tied shut. The meeting will be at 1:00 p.m. Lunch will be at noon.

A Yard and Food Sale will be held on Saturday, May 12, from 9:30 until 2:30.

Pies, cakes, sandwiches, finger foods, and yard items will be on sale. This sale will be held inside at the Senior Citizen Center. There is plenty of free parking space.

A nutrition program will be presented by Rachel Ford of the central office. Rachel's presentation program will follow the 3rd grade visit on May 24.

The highlight of the month will be a day trip to "Roadside America," with a stop at Leesport Farmer's Market following a Pennsylvania Dutch family-style luncheon. The trip is planned for Wednesday, May 25. We will meet at the Senior Center at 7:45 a.m. and return at 5:30 p.m. If you are interested call Anna Margaret at 447-6253, Monday through Friday from 10 a.m. until 2 p.m.

Don't forget our meal program Monday through Friday at noon. Come join us if you are 60 years of age or older. Enjoy the fellowship and the food, and join in all the fun we have. A donation of \$1.50 is suggested. Transportation is available. Carry-outs are also available if you qualify for this service. We hope you will give us a chance to show you what the Senior Citizens can do for your community.

Special interest photos include a 20" x 24" shot of Baltimore City showing the new stadium at Camden Yards, a rare photo of Loy's Station covered bridge prior to the destructive fire of 1991, and an aerial view of the Frederick Fair that you can try to date.

Sky View Photos is owned and operated by Carl and Jeanne Angleberger of Rocky Ridge. They provide aerial photographs of properties to assist businesses, municipalities, and home owners in assessing changes to their properties and in planning for future expansion. The photos also make unique gifts and when attractively framed are real conversation pieces.

Carl flies a 150 Cessna and uses a large format camera for his photographic work. Sky View Photos has been in business for nine years, providing quality aerial photos to a variety of customers at affordable rates. Custom framing is also available.

## EMMITSBURG CROP WALK

### Fight World Hunger, May 15

Walk the lovely grounds of the Federal Emergency Training Center and the Provincial House and do it for a good cause -- fighting hunger. Take part in this community project sponsored locally by the Emmitsburg Council of Churches and nationally by the Church World Service. Twenty-five percent of the proceeds goes to the Emmitsburg Food Bank with the remainder going to fight world hunger. If you have not been asked to participate see your church CROP representative or call a member of the local clergy: they will lead the way.

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## BIRDS-EYE VIEW

### Aerial Photos On Display

by Jeanne Angleberger

Sky View Photos is hosting an open house of aerial photos of the Emmitsburg area Sunday, May 15, 2-4 p.m. at the Emmitsburg Library. The photographic exhibition will be on display during normal library hours through June 12. According to Librarian Katie Warthen, we are probably more familiar with what the earth looks like from space than we are with how our own homes look from 2,000 feet. This is an interesting way to get a new perspective on where we live.

The exhibit will feature photos before and after recent construction in Emmitsburg. Other sites included in this display include St. Joseph's Provincial House, FEMA, Mt. St. Mary's College, the Seminary at the Mount, and the housing developments in Emmitsburg.

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## FIREMEN CLARIFY NEED FOR TRUCK

### Discuss Services At Community Meeting

The Vigilant Hose Company (VHC) and the "Campaign for Community Safety" committee held an informational meeting April 13 at the elementary school to eliminate misconceptions about the acquisition of a new aerial truck for the company.

Wayne Powell, Information Officer for VHC, presented a slide program of photos depicting older structures in and around Emmitsburg. Shown from the firefighter's perspective were views that the average citizen seldom considers. Photos of newer homes in the area were also shown to illustrate a different mix of problems for firefighters that are created by present-day construction techniques.

Discussion following the slides focused on the ability of VHC to implement its "Coordinated Fire Attack Plan": search, rescue, firefight, ventilation, salvage, and special services. The proposed truck was described as a new and much-needed tool to improve the ability to respond to the many different situations caused by fires and disasters.

Detailed information about the truck

was given by Chief Frank Davis. A video about the truck was shown, followed by a demonstration of a similar aerial truck, courtesy of the Independent Hose Company of Frederick. Printed information was distributed about the truck cost, housing costs, and the pledge campaign. This information is also available at the Town Hall.

Approximately 125 people attended the meeting. One interesting comment was overheard: "Emmitsburg is getting to be a bedroom community. Where are the new people?" It is true that there is no formal procedure to blend new residents into the established community; however, the issues dealing with our group safety are a common concern. New residents are invited to talk with town and fire officials to become familiar with the services available and opportunities to become involved in the community work and activities.

### 100 Years Ago: "In This Place."

From the *Emmitsburg Chronicle*

#### Score 18 to 12

May 4, 1894 - A game of baseball was played in a field adjoining town yesterday afternoon, between the Franklinville team and a nine of this place. The game was hotly contested by the players, and the Franklinville boys had a walk over, and the game ended in a victory for the visitors by a score of 18 to 12. The Emmitsburg team was composed of the following players: Howard Rider, Harry Rider, Harry Hoke, Geo. Nussear, Chas. Eckenrode, Fred. Rider, V.P. Lawrence, Alvie Eyler and Harry Refsnider.

Our boys had an idea that they would win the game before they crossed bats with the visitors, but such thoughts were soon blighted, and the only reason they give for not winning the game is that they failed in keeping the visitors from crossing the diamond. Boys, if you desire to defeat your adversaries this summer, you will have to get down to hard practice work and learn how to support each other better.

#### Improvements

May 11 - Mr. Peter Hoke has had the wood work on his dwelling house repainted.

Mr. H.F. Hann has put new weather boarding on his house, which is a marked improvement to the old building.

#### "The Hidden Hand"

May 18 - The drama entitled "The Hidden Hand," by Mrs. Southworth, was rendered in Eyster's Opera House, in this place, on last Saturday evening, by the Forest Rose Concert and Dramatic Company, in the presence of a large audience. The Forest Rose Company is composed of amateur actors of this place, and all who could make it suit, were in attendance to witness the young people acquit themselves. The actors impersonated their characters more or less successfully, and one of the most pleasing features of the evening's entertainment was two selections of music rendered by the orchestra. Taking all things into consideration the play was well rendered, and that it was a success from a financial standpoint is evidenced from the fact that more than sixty dollars were realized.

#### Still to Come

May 25 - Miss Alice Baker brought to this office on Monday a hen egg which measured 3 1/2 x 4 1/2 inches. It appears that the chickens in this vicinity are trying to outdo each other in producing all sizes and sorts of eggs. Eggs of every imaginable kind have been shown us recently and the end is not yet. Next.

### The Emmitsburg Regional Dispatch

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*The Emmitsburg Regional Dispatch*

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## Letter To The Editor

To whom it may concern:

On Good Friday, April 1, 1994, around 5:30 p.m., I took flowers to my parents' and grandparents' graves at the Emmitsburg Memorial Cemetery. I fix special things (wreaths, for example) twice a year for their tombstones to acknowledge that we love them and remember them. This is not a cost issue. We just want to show that our love for them continues.

On Saturday, 24 hours later, the wreath was gone. It was a beautiful day, so I know that it did not just "blow away."

Though you may not have to answer to me (unless I see the wreath on your door, at which time I will be ringing your doorbell), there is someone you will have to answer to. We have an Almighty God who sees all and knows all and who once said "Thou shalt not steal." This has happened three times in the past just to my parents' grave. It makes me wonder how much more of this goes on and what can be done about it.

I hope this note reaches the person who felt it necessary to steal from a grave. I would hope that if this note does reach you, you will have the decency and courtesy to return the wreath to the tombstone of Arthur and Mary Hardman.

Their Children



## Dancing the Summer Away

Lorie Angleberger has been selected to perform at Paramount's Kings Dominion in Richmond, Virginia, during the 1994 season. Currently, she is dancing on the week-ends during the park's pre-season and will be performing full-time when the park opens officially on May 30.

She began dancing at the age of five at the Debora Lewis Dance Studio in Thurmont and has studied ballet, tap, jazz, and lyrical dance. Lori has performed in many dance competitions including the Dance Educators of America competition in Las Vegas where she won 1st place for a lyrical solo. In 1992 she won a one-month National Dance Scholarship to the Joe Tremaine Dance School in Van Nuys, California.

Lorie, a 1992 graduate of Catocin High School, is currently a sophomore at Mount Saint Mary's College in



Lori Angleberger

Emmitsburg. She is the daughter of Carl and Jeanne Angleberger of Rocky Ridge.

## Notes From the Arts League

The Emmitsburg Arts League will hold its next meeting on Thursday, May 12, at 7:00 p.m. in the Media room of the Emmitsburg library.

The featured speaker will be Margaret Dowd, a well known artist from Woodsboro. A slide show of Margaret's art will be shown tracing her explorations of various mediums and focusing on her work with pastels. Margaret teaches art in the Frederick County school system. She recently won the Best-in-Show award in the Delaplaine juried Mill Opening Show.

Jennifer Tenace, daughter of Catherine Tenace, has had two paintings on display at the Delaplaine Visual Arts Center in Frederick. *Bridging the Gap of Friendship* was first runner-up in the Sister Cities Contest. *The Penny Monument* was juried into the Frederick County Student Art Show.

Linda Postelle was the featured artist in the March issue of *Warm Welcomes*, a magazine published in Hagerstown. The article focused on Linda's project of painting every home in the historical

district of Emmitsburg. The completed project will be displayed in Her Studio Gallery in Emmitsburg during the months of November and December.

Nancy Coblenz will hold a class on doll sculpting at the Deleplaine Visual Arts Center on Saturdays, May 7th - June 18th, from 1:00 p.m. until 4:00 p.m. The class will be divided into two sections, sculpting the head only or doing the full doll figure. For information call 698-0656 or 695-3884.

The Arts League will have its first group show from May 7 to June 3. There will be an opening reception on Saturday, May 7, from 7:00 to 9:00 p.m. at Her Studio Gallery, 304 E. Main Street, Emmitsburg, MD.

The Emmitsburg Arts League was founded to promote the visual arts in Emmitsburg and the surrounding region. All persons are invited to join: professional artists, amateur artists, students, art lovers, and non-artists. Dues are \$15.00 per membership year which runs from January 1 through December.

## Profile Of An Artist

by Catherine Tenace

Ed Appel attended the Maryland Institute of Art in Baltimore during the years 1933 through 1938 where he studied drawing and fine art. Upon leaving the institute, he worked in the engineering field as a draftsman while continuing his interest in art. During that period he worked mainly in charcoal and pen-and-ink. He sold autographed pen-and-ink drawings of movie stars and band leaders who would come to town and play at the local clubs.

Around 1950 he began painting in oils. People were his favorite subject. In 1965 he began to specialize in calligraphy.

For fourteen years he designed the Civic Achievement Award that was given annually by the Engineering Society of Baltimore to one of its members. While living in Baltimore, he printed poems and writings for the bulletin board for Trinity Methodist Church. From 1986 to the present, he printed scriptures for the *Daily* (Continued on page 11)

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## CORRESPONDENTS

### ROCKY RIDGE

by Emma Keeney

Isabel Mathias, Norman and Ann Burrier, and Paul and Helen Burrier have returned home from vacations in Florida.

Lucille Valentine has returned home from the York hospital, where she had been a patient for many weeks.

Belated birthday wishes to Mary Louise Peomroy, Robert Ogle, Lori Angleberger, Marlene Danaher.

May birthdays wishes to Robert (Bob) Peomroy, Amber Humerick, Pauline Duble, Rosie Stambaugh, Charles Keeney, and Amy Burrier.

Our deepest sympathies are extended to the family and friends of Stanley "Bo" Gregg who died on March 22.

The Mount Tabor youth group sponsored the Easter Egg Hunt April 2nd. Many children enjoyed the activities. The winners were the following. Group 1 (young children that needed someone to help them): Lucky Egg-R.J. Smith, Most Eggs-Wesley Burrier. Group 2 (walking 2 year olds): Lucky Egg- Daniel Hobbs, Most Eggs- Douglas Saies. Group 3 (4 years old): Lucky Egg- Randy Gelwick, Most Eggs- Bradley Wiles. Group 4 (5-6 years old): Lucky Egg- Cathleen Ballew, Most Eggs-Brittney Henderson. Group 5 (7-9 years old): Lucky Egg-Michael Hobbs, Most Eggs-Chand Wolfe. Group 6 (10-12 years old): Lucky Egg-Erin Hobbs, Most Eggs-Nicholas Wetzel.

Bingo is held every Saturday night at the Rocky Ridge Fire Hall. Doors open at 6:00 p.m. Early bird games will start at 7:00 p.m.. There will also be a food sale.

A gun raffle will be held May 14, at 6:00 p.m.

The Mount Tabor Quilters are progressing with the "3 Bridges" quilt which will commemorate the three covered bridges in Frederick County. The quilt will be completed in June to coincide with the dedication of the restored bridge at Loy's Station. The Roddy Creek block is almost complete and the Utica block has been started.

We thank our loyal supporters who help us through their donations. We recently received a huge roll of batting to

use in our quilts. Thank you, Ruth and Pauline.

We are also getting items ready for our June sale. At the present time we are working on a "Grandmother's Flower Garden" quilt, a design that was very popular in the 1930's. Remember "Keep your stitches neat and orderly, or your 'block' will fall apart."

### ST ANTHONY'S/OLMC

By Ann Marshall

Our Lady of Mount Carmel Catholic Church: A Brief History

The beautiful little Gothic-style church of Our Lady of Mount Carmel is located just north of Thurmont on Church St.

The parish has a long history. A letter written in 1828 by Fr. Simon Brute and now in the archives of Mount St. Mary's College suggests that the priests from the College could serve the congregation at Mechanicstown, as Thurmont was called until 1892.

For almost three decades, pastoral services were provided on an irregular basis, but in 1857 land for a church was purchased by Fr. William McClosky, Director of the Seminary at Mount Saint Mary's. The *Catholic Mirror*, in referring to the consecration of the cornerstone on August 30, 1857, estimated that "...a concourse of at least a thousand persons witnessed the ceremonies."

The parish was attended by Mount priests until the appointment of Fr. John Conway as pastor in 1881. Fr. Conway lived near Mechanicstown, but succeeding pastors (1886-1900) were stationed at St. Peter's, Libertytown.

From 1900 until the end of 1918, the Mt. Carmel congregation was cared for by Fr. John Manley, pastor at St. Anthony's Shrine located just south of Mount Saint Mary's College.

A major change occurred in 1918 when Fr. Thomas Wheeler was appointed pastor at Mt. Carmel. A rectory at 18 Altmont Street was purchased the following year. Fr. Wheeler's duties included care of the patients at the Maryland State Tuberculosis Sanatorium, Sabillasville.

Longtime residents will remember pastors Fr. John Hart (1954-1961), Fr. Edward Echle (1961-1971), Fr. Thomas Caulfield (1971-1973), and Fr. Donald Croghan (1973-1986). A spacious parish hall was built in 1979.

At present, the separate parishes at Our Lady of Mt. Carmel and St. Anthony's are once again served jointly, currently by Fr. Leo Tittler, pastor, and Sr. Carol Czyzewski, pastoral associate. Church services and activities are frequently combined.

### TOM'S CREEK

A district-wide seminar on ministry for the elderly was held at Tom's Creek United Methodist Church recently. The keynote speaker was Dr. Billie H. Frazier, Certified Family Life Educator, Human Development Specialist for the Cooperative Extension Service, University of Maryland, College Park, MD. Dr. Frazier presented an overview of the aging population and discussed specific problems and needs of the elderly.

Ms. Sue Pederson, geriatric coordinator for the Frederick County Health Department, discussed local efforts and resources to help the elderly and needy. She described the goal of the department as helping the elderly continue independent living. Reducing unnecessary admissions and length of stay in mental hospitals, nursing homes, and long-term care facilities are an important part of their work.

Mrs. Carolyn Largent, Director of the Record Home in Frederick, demonstrated exercises that can be done in chairs regardless of age.

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## UP-COUNTY

Would you like to make finding a job 100% easier?? How? Become acquainted with a computer keyboard! The Up-County Family Support Center located in the Seton Center in Emmitsburg is offering FREE beginner computer literacy courses. The classes will be held Tuesday evenings beginning April 19 and continue for 4 weeks. The classes will be taught by Jackie Dietrich. All students will have their own individual work stations. Transportation and child care are available if necessary. For further information and to sign up, contact the center at 447-2810.

### EMMITSBURG AMBULANCE CO.

#### Open House

The Emmitsburg Ambulance Company invites you to an Open House Sunday, May 15, from 12 - 4 p.m. This is an opportunity for everyone to talk with company personnel and become familiar with the service and operations. A full day of EMS-related activities is planned. A mock accident

will be staged to demonstrate the training and treatment required in emergency situations. Educational safety and emergency brochures will also be available.

#### CPR Courses

Classes in cardiac pulmonary resuscitation and standard first aid will be offered by the Emmitsburg Ambulance Company as part of its ongoing activities to serve the community. Citizens have the opportunity to enroll in adult, child, or infant CPR which also includes first aid. The classes will last from 2 - 9 hours depending on the one selected. Classes are scheduled on a registration basis and will be held at the Ambulance Company building at 300 S. Seton Avenue. To register call 447-6626 or contact Ken Bittner at 447-2163.

#### GOING FISHING

A fishing trip for all Emmitsburg youth to Rainbow Lakes on Sunday, May 22, 1994 from 10:00 a.m. until 4:00 p.m. is being planned. There will be no age limit, no fee or charge for this fishing trip.

The food and refreshments will be provided by Deputy Jerry Horner, the organizer of the outing.

At least one parent of each child who would like to participate in this fun-tastic event must attend the planning meeting for the child to be eligible. The planning meeting will be held at the Emmitsburg Ambulance Building on Friday, May 6, 1994, at 7:00 p.m.

For more information, or to volunteer as a friend of the kids, contact Deputy Jerry Horner through the town office on E. Main St. or call 447-2313.

## PARENTING CLASS

Systematic Training for Effective Parenting (S.T.E.P.) course will be held at Emmitsburg Elementary School starting Tuesday, May 10. The class will meet from 7:00 p.m. - 8:30 p.m. and is free of charge with free child care.

Interested parents should call Mary Ann Ford at the Frederick County Health Department at 694-1778 or Debbie Wivell, CASS program coordinator at 447-3611.

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Now taking orders: Just \$5.00 down will reserve your copy of Jurassic Park or the long-awaited Disney classic Snow White. Both coming in October. When you order by September 1st, you pay only \$18.00 (After release, regular price is \$24.99).



## TOWN SPONSORS ARBOR DAY CELEBRATION FOR LOCAL STUDENTS

Students from the Emmitsburg Elementary School and Mother Seton School participated in the annual Arbor Day celebration April 29 under the guidance of Chris Weaver, Commissioner of Parks and Recreation. Trees and junipers were planted along the east end of the parking lot of the town's swimming pool.

Assisted by the town crew, second graders from Emmitsburg Elementary School planted nine Sea Green junipers during the morning. That afternoon fourth graders from the Mother Seton School planted seven Bradford Pears.

The fourth graders have been studying in their science unit the fact that trees give oxygen to the environment, and, according to Sister Sandra, the students are "very interested in ecology and want the world to be a healthier place as well as beautiful."

Commissioner Weaver, on behalf of the town, expressed his appreciation to the students for participating in the celebration and for adding to the beauty of Emmitsburg.

## REFLECTIONS ON THE LAND

By Robert Streeter

The Meaning of Earth Day

Did anyone out there realize that April 12 was Earth Day?

It certainly wasn't surrounded with the holiday atmosphere with which Christmas, Hanukkah, Easter, and other holidays are filled. Nor was there any celebration equal to the Fourth of July or Thanksgiving.

Earth Day simply drifted over like a passing cloud on a spring afternoon. Few took time to notice or ponder its meaning.

It is a tragedy that Earth Day is not as sacred to most Americans as Christmas or the Fourth of July. I find it more sacred than any of the traditional holidays. What could be more important than setting aside one day of the year to reaffirm our connections with the Earth, to recognize the many problems our tiny planet faces, and vowing to heal the wounds? Christmas and the Fourth of July are only possible through the courtesy of a healthy planet. That is the bottom line.

But please don't celebrate Earth Day in the same manner that many holidays are celebrated: consume, consume, consume.

Instead, stop whatever it is you normally do, whether you stop for 24 hours, 24 minutes, or 24 seconds, it doesn't matter. Just stop. Then, preferably alone, find something green and alive. I don't care if it's fuzzy mold on a block of cheese, a weed in the crack of a parking lot, or a forest floor alive with violets. Find something real, and sit with it for a spell.

While you're sitting there, reflect on the ways you spend your days and nights, and how those ways affect whatever you have chosen to sit with. Touch it, smell it, and consider its needs. There, in the thing that's green and alive, you will discover common ground--the desire to continue.

Accommodate that desire in the ways you spend your days and nights.

This past Earth Day I sat with a clump of skunk cabbage on the bank of a stream. Sunshine backlit the fresh young leaves from where I sat, making them glow a translucent green with sharp white edges. The skunk cabbage was sprouting in many spots along the stream and was the most conspicuous sign of new life. That is the meaning of Earth Day, and it comes from the root of skunk cabbage.

Though the meaning of Earth Day may have eluded most of America, some first-graders in Wendell, Mass. discovered it for themselves. During the week they sang songs about the Earth, painted a large mural with scenes from nature, made "Earth Day birthday cards," and baked "Earth cakes" by filling one-half of an orange rind with cake batter.

To end their celebration they wrote and sang the following song, sung to the tune "Be Kind To Your Web-Footed Friends."

Be kind to the land and the Earth.  
And not tear up all of our grass.  
Don't throw your trash on the ground  
Pick it up instead!  
Be careful of where you step  
You might smooch an ant or a  
sapling.  
Remember that bugs are like you  
They have rights too!  
If we didn't have any bugs  
The Earth would be only dead trees.  
Without trees we'd all be hot  
(Continued on page 11)  
And that, we would rather not!

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## JOY FOUND IN CHALLENGES

by Sandy Keene

The Outreach Program is a unit of the Seton Center, a rural non-profit multi-service agency administered by the Daughters of Charity of St. Vincent de Paul.

There may not be a solution to every problem or an answer to every question, but through this program all avenues are taken and explored to find that solution or to answer that question. It truly reaches out and strives to assist in alleviating many forms of human misery.

This goal is a challenge and to this end joint effort is made by the Outreach staff and its volunteers to visit individuals and families in their homes, nursing homes, hospitals, or the local office. The objectives are to promote healthful living, family life, and personal dignity, to provide support, or to help find ways for families to move forward with their lives.

Sister Denise is the coordinator of the program. She is very ably assisted in all endeavors by Sister Mary Bernadette and Sister Mary Kevin.

For several years Sister Mary Bernadette has been visiting the residents of Montevue, the County Home in Frederick, on a weekly basis. Besides these visits, parties are planned around Halloween, Christmas, Valentine's Day and Easter.

Collaborating with sister Mary Bernadette in helping to make these parties a success are the students and seminarians of Mt. St. Mary's, the Daughters of Charity, the staff of Seton Center, and volunteers from the Emmitsburg area. They truly represent the adage, "in unity there is strength."

Individualism is stressed. Each resident wears a name tag in order to personalize conversation. A party begins with Bingo, followed by activities such as dancing, singing, games, etc. Personalized bags of cookies and candies are distributed and names are drawn for door prizes. The residents, as well as all who cooperate in this labor of love, come away with great joy in their hearts. The residents say that these parties are the best they have ever had. All who collaborate truly experience the truth that there is more joy in giving than in receiving.

## Food Bank

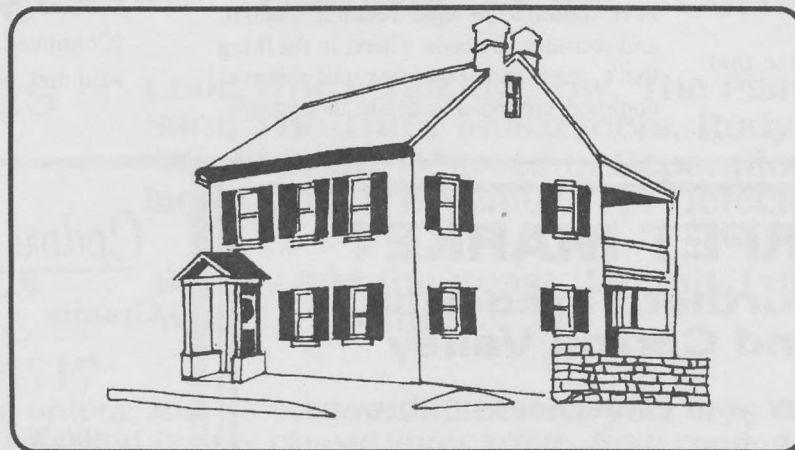
The Emmitsburg Food Bank, sponsored by the Religious Coalition for Emergency Human Needs is located at the Seton Center. The bank provides food for many families in the area who have experienced financial crises or other emergencies. All donations are greatly appreciated. Times are hard and our less privileged neighbors are more in need than ever before.

All who work in the food bank including those who stock, pack, and distribute the food, and those who serve on the steering committee are volunteers from the Seton Center, Catholic Charities, and area churches.

Seton Center Outreach encounters many organizations and businesses through its Helping Hands Christmas Program. Donors in Christmas of 1993 provided 138 families with clothes, toys, food, etc. The families included 219 adults and 335 children. Thanksgiving, Easter, and back-to-school are other seasons when kind friends are there to help these families. The donors understand and experience the peace which comes to those who bring  
(Continued on page 11)

## Another Mystery House

Be the first to identify this house located in the historical section of Emmitsburg and win a \$50.00 gift certificate toward any painting or print by LINDA POSTELLE in HER STUDIO GALLERY, 304 E. Main St., Emmitsburg, MD. Gallery hours are Fridays, Saturdays, and Sundays, noon until 8:00 p.m.



HER STUDIO GALLERY, 304A E. Main St., Emmitsburg, MD, 301 447-2866

Visit HER STUDIO GALLERY during the month of May to see the art work of the newly formed EMMITSBURG ARTS LEAGUE. Everyone is welcome to the opening reception Saturday, May 7, 7:00 p.m.



(PROFILE from page 5)

*Bible*, a magazine published by the United Methodist Publishing House located in Nashville, Tennessee.

Since moving to Foxville twelve years ago, Ed has expanded his interests and is now working with watercolors and calligraphy, often combining the two.

His work has been displayed in the Civil War Exhibition at Her Studio Gallery in Emmitsburg and at the Emmitsburg Public Library.

He is an active member of the Emmitsburg Arts League and a devoted member of the Senior Citizens Arts Group of Emmitsburg. He is also a member of the Washington, D.C., Calligraphers' Guild. You may reach Ed by calling 301-416-0605.

(SETON from page 10)

happiness to others whose lives have little joy in them

The Seton Center Outreach staff believes in, and places special emphasis on, the concept of a collaborating ministry by maintaining a close working relationship with other departments of the Center as well as other community agencies.

Why do people make "pride" such a big issue in some cases? Sometimes it becomes all powerful in preventing us from asking for help when it is really needed. Pride is a powerful word when a helper feels it, but not when it stands in the way of receiving help. Don't let your problems keep piling up. Give someone at the Seton Center the chance to help you.

(REFLECTIONS from p. 9)

And that, we would rather not!

So be kind to the land and the Earth  
And the sky and the oceans around  
us.

We kids have an important job to do  
Saving the Earth is up to me and you.

Celebrate Earth Day next year, or tomorrow and the next day. It is good for things alive and real, like first-graders and skunk cabbage.

*Robert Streeter lives in New England and writes for the Berkshire Eagle.*

## WORKSHOP ON VIOLENCE

Parents and professionals are invited to attend the conference, *Violence! A Community Issue, A Community Response* on Thursday, May 19, 8:00 a.m. - 4:00 p.m. at Rosenstock Hall, Hood College. Ron Zuskin will speak on "Mastering Violence in Ourselves and Our Society." In addition, twenty-three workshops will be offered on topics such as Taming the Tube: Helping Children, Parents, and Others Respond to TV Violence; Hurt, Healing and Hope: Helping Children Who Witness Violence; Rules of a Referee: A Parent's Response to Sibling Rivalry; Recognizing and Avoiding Abusive Relationships; Living With Someone With a Substance Abuse Problem; Teaching Children Problem Solving/Conflict Resolution Skills; and Double Trouble: Domestic Violence & Substance Abuse. The conference is sponsored by Frederick County Mental Health Association and Hood College Department of History and Political Science. Call 663-0011 or 663-9096 for conference registration and information.

## BIRTH ANNOUNCEMENT

Terry and Freda Boller of Emmitsburg are pleased to announce the birth of their second child. Andrew Charles Boller was born on Tuesday, March 22, 1994, at 4:00 p.m. He weighed 8 lbs. 2.9 ozs. and measured 21 1/4 inches long. Andrew's paternal grandparents are Dusty and Shirley Boller of Rocky Ridge, and his maternal grandparents are Fred and Nancy Grimes of Emmitsburg. Leroy and Novella Dinterman of Rocky Ridge are his maternal great-grandparents.

## SHARE YOUR GOOD NEWS

In the recent meeting concerning the local newspaper a request was made for more personal items such as births, anniversaries, weddings, special occasions, etc. People are interested in people, their friends and neighbors.

Send the information you want to share to the *Dispatch* or drop it off at the town office and we will pick it up on Fridays. The deadline is the end of the third week of the month.

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## COMMUNITY EVENTS

**BARBEQUE:** The Emmitsburg Lions Club will hold a barbeque Saturday May 7, from 11:00 a.m. till ?? The cookout will take place on South Seton Ave. across from the Getty Mart. Revenues raised will go to support the general activities of the Lions Club.

**FOOD SALE:** The Women's Guild of the Incarnation Church will hold their annual food sale in the fire hall in Emmitsburg, May 7, 9:30 a.m. until noon. For information call 642-5543.

**PLANT SALE:** The annual plant and bake sale of the Carroll Valley Garden Club will be held Saturday May 7, from 9:00 a.m. until 2:00 p.m. at the Fairfield Village Hall, Fairfield, PA. Rain or shine.

**CRAFT SHOW:** The Lions Club of Smithsburg, MD presents their annual "Week-end in the Park" craft show May 14 & 15 from 10:00 a.m. to 5:00 p.m. at the Lions Club Park off of Bikle Road in Smithsburg, MD. Call 824-7809 for information.

**DANCE-RAFFLE:** A benefit Dance-Raffle for the Eliot S. Kelly Scholarship

Fund at St. John's Catholic Regional School, Frederick, MD, will be held Saturday, May 21 from 8:00 p.m. - 1:00 a.m. in the 4-H Building at the Timonium Fairgrounds. The fund awards an annual scholarship to a needy kindergarten student. Eliot graduated from St. John's kindergarten in June 1992. The fund was established in his memory after his death caused by unexpected complications following open heart surgery. Eliot is the grandson of Dot Kelly of Thurmont, and Ed and Helen Reaver of Emmitsburg. For more information, or if you wish to make a donation, you may contact Helen Reaver at the Emmitsburg Town Office.

**CARNIVAL:** Mother Seton School sponsors their annual carnival May 23 - May 28. Live entertainment! Monday-Make 'n Changes, Tuesday-Mark Ramsburg, Wednesday-Branded, Thursday-Dixie Highway Band, Friday-Long Shot Band, Saturday-Catootin.

Rides every night!! Kiddie Korner, Bingo, great pizza, crab cakes and different platters nightly.

MORE ON PAGE 14

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## THURMONT ALUMNI

The annual dinner/dance of the Thurmont High School Alumni Association will be held on Saturday, June 4, 1994, at the Thurmont American Legion. The event is open to those who attended Thurmont High School whether or not they are graduates. This also includes members of some classes who attended Thurmont High but graduated from Catoclin. If you know of individuals who attended Thurmont High School, but may have been overlooked in our efforts to correspond or may not have attended in recent years, please send their addresses to Thomas Fox.

The social hour will begin at 6:00 p.m., and a ham and turkey dinner will be served at 7:00 p.m. A dance will be held from 9:30 p.m. until 12:30 p.m., Music will be provided by Twilight 3 plus 1. Door prizes will be awarded during the festivities.

To make the proper arrangements we will need your paid reservations by May 18, 1994. The price of the dinner and dance will be \$12.50 per person. Please send your remittance to Thomas W. Fox, 11 Locust Street, Thurmont, MD 21788. No tickets will be sold at the door. You may contact Rodman Myers, President of the Alumni Association, at 447-2104; Ernest Snyder, Vice-president at 271-7442; Thomas Fox, Treasurer at 271-7188; or May Eby, Secretary, at 271-7811.

(COMMUNITY EVENTS from p. 12)

**ANTIQUE MALL:** The Emmitsburg Antique Mall will hold its Spring Extravaganza Sale on Memorial Day Weekend, May 28, 29, and 30 from 10:00 a.m. until 5:00 p.m. There will be a book signing by David Maloney, author of *Maloney's Resource Directory* on May 28. Sam Tressler will be available to discuss and identify antique toys on May 28 and 29. On all three days of the event the Etzlers will give informal appraisals on glassware and china.

**PICNIC:** St. Joseph's Parish, Emmitsburg, will hold its annual Summer Picnic on Saturday, June 25, 1994, from 12:00 noon til 9:00 p.m. We will be offering pit beef barbecue sandwiches and dinners, Italian sausages, and a variety of other great food, homemade lemonade, money bingo, old-fashioned prize bingo, white elephant table, fancy table, baked goods table, big-money raffle, many games for the enjoyment of young and old, grab bags, and other attractions for the kiddies. Everyone is welcome.



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## VILLAGE COUNSELOR

by Rosemary McDermott

As spring flowers forth in all its splendor, it's difficult to think of the "what-if's" of life. What if I become really sick? What if the doctors hook me up to all those medical devices to keep me alive? What if I were unconscious and couldn't tell anyone that I wanted to die peacefully and naturally? Would I end up like that young woman in New Jersey who was in a coma for all those years?

Good news! Our state of Maryland has some answers to your "what-if's." You can make some of those decisions right now. Yes, you can decide today, this lovely spring day, while you're in prime health, what you want your doctors to do if you become unconscious and terminally ill. There's now a form known as "The Living Will." Here's what it takes to make a Living Will.

There is a form that you can sign requesting that no special procedures be used to prolong your life. You will sign the form in the presence of two people. These two people can not be related to you by blood or marriage, nor can they benefit in any way from your death. Then the two folks who watch you sign the form will sign their names stating that they believe you know what you are doing and that you are of sound mind. That's all there is to it.

What happens to the Living Will after you sign it? As soon as possible, let your doctor know that you signed the form and ask your doctor to make the Living Will part of your medical record. By the way the living will can be revoked. If you ever change your mind, just tear up the Living Will, and tell your doctor.

Life is great. Spring is a time of growth, especially here in northern Frederick County. But one day spring will become autumn, and life will slowly retreat. As our lives ebb, let's take control by making our "life-and-death" decisions now.



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## BENEFIT FOR HOSPICE

### A "Red Ribbon" Happy Hour

Would you like the chance to sample a variety of Frederick's restaurants and caterers and help a local organization at the same time? P.M. Affairs is going to give you that chance.

On Thursday, May 19th, from 5:00 p.m. until 8:00 p.m., P.M. Affairs is hosting a "Red Ribbon" Happy Hour for the benefit of Hospice of Frederick County.

The event will feature local restaurants and caterers serving samples of their specialties while Bill Izer provides a wide variety of musical entertainment. A cash bar will be available as well as door prizes and a

silent auction.

The event is going to be held at P.M. Affairs' Silo Factory at the corner of 6th and East Streets in Frederick. Some of the participating vendors are: Baltimore Seafood Company, Canapes, Catering by Lu Morley, Cozy Catering, Dutch's Daughter, Frederick Coffee Shop, Genova's Catering, Main Street Deli, P.M. Affairs, Red Horse, Studio 20, Trout's Seafood, and Watson's Catering.

For more information and advance tickets, call Hospice of Frederick County at 694-6444 or P.M. Affairs at 698-0111. Tickets cost \$10.00 in advance and \$12.00 at the door.

## FUNERALS

Funeral services for Mr. Stanley Wilbur "Bo" Gregg, 67, of Motter Station Rd., Rocky Ridge, MD, who

died Tuesday, March 22, 1994, at the Gettysburg Hospital, Gettysburg, PA, were held Friday, March 25, 1994, from the Thurmont Church of the Brethecan, Thurmont, MD, with the Rev. Linda R. Lambert officiating. Interment was in the Union Cemetery, Burtonsville, MD. Arrangements by Skiles Funeral Home Emmitsburg, MD.

Funeral services for Mr. Charles Robert Smith, 61, of Old Emmitsburg Rd., Emmitsburg, MD, who died Tuesday, April 12, at the Gettysburg Hospital, Gettysburg, PA, were held Saturday, April 16, with a Christian burial service from Elias Lutheran Church, Emmitsburg, MD, with his pastor Rev. W. Ronald Fearer officiating. Interment was in Emmitsburg Memorial Cemetery, Emmitsburg, MD. Arrangements by Skiles Funeral Home, Emmitsburg, MD.

Funeral services for Mrs. Margaret Younger Carr, 97, of Waynesboro Pike, Emmitsburg, MD, who died Thursday, April 14, at the Citizens Nursing Home, Frederick, MD, were held Saturday, April 16, with a Christian burial service from the Emmitsburg Presbyterian Church with her pastor Rev. R. Benjamin Jones officiating. Interment was in the Presbyterian Cemetery, Emmitsburg, MD. Arrangements by Skiles Funeral Home, Emmitsburg, MD.

## READING DAY

### Citizens Read To Children

Catoctin Reading Day was celebrated at Emmitsburg Elementary School on April 25. Many community representatives attended the special day and read to all classes.

Many thanks to the following people who made the reading day successful: Loretta Adelsberger, Anna Margaret Martin, Eleanor Humerick, John Humerick, and Faine Rodgers (Senior Citizen Center); Sister Catherine Francis (Seton Center); William Pickney (Frederick County Multicultural Committee); Rich Boyd, Brandi Dove (Emmitsburg Jubilee); Leslie Persse (Up-County Family Support Center); Shari Ostrow Scher, Martha Bauer, Philip Brohawn, and Nelson Palmer (Fred. Co. Public School System); Dr. Tim Bringardner; Katie Warthen (Library); Sandy Andrew (F&M Bank); Linda Chappel (Emmitsburg Post Office); Mary Ann Wivell (Town Office); Debbie Wivell (CASS); Mary Bare (FEMA); and Marta Hillis and Karen DeGrange (parents of students).

### *A word about pre-arrangements and pre-financing*



The funeral serves a wide range of purposes, with religious, psychological and physical significances. There are many aspects and details to the meaningful funeral that are arranged with the assistance of the professional funeral director, usually at the time of need. However, some people prefer counseling prior to need.

We offer complete information on pre-arrangements and pre-financing, available without cost or obligation of any kind. Feel free to contact us at your convenience.

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## THE FIRST PERSON SAID, "NO."

by Dennis Schulze, Pastor, Tom's Creek United Methodist Church

In the Gospel of John 20:19-31 we have a powerful and moving story of Jesus' appearance to the disciples in the Upper Room following His resurrection from the grave. The disciples were overjoyed as He said, "Peace be with you." One disciple, Thomas, was not there. Later the disciples told Thomas that they had seen the Lord, but he was not convinced. Thomas said, "Unless I see the nail marks in His hands and put my finger where the nails were and put my hand into His side, I will not believe."

The risen Christ came to His followers, granted authority to forgive sins, breathed the Holy Spirit on them, and sent them out into the world. I would have loved to have been in that room as Jesus breathed on them the Holy Spirit. It had to have been an incredible moment. To see the risen Lord following His cruel death on the Cross—alive again. Jesus showed them His hands and His side, and they were overjoyed. And Jesus said, "As the Father has sent Me, I am sending

you."

They were all fired up, full of the Holy Spirit and overjoyed; then Thomas, who was one of the twelve, walked in. Thomas was not a stranger for he was one of them. But he didn't take their word for what they claimed. Imagine telling great news to the first person you see and finding that he doesn't accept it, doesn't take your word. But, "We saw Him!" The very first person the fired-up disciples told rejected them. I imagine they were shocked. "What do you mean you don't believe what we saw?"

Maybe you have had a similar experience in telling great news and its being rejected. Telling a family member or friend about your faith and its being rejected. But wait a minute; let's give Thomas a break. Thomas was really only asking to see what others already had seen. A week later Jesus appeared again before the disciples and Thomas was there. Jesus showed Thomas His hands and side, to which Thomas responded, "My Lord and my God!" It was a burst of praise. It had to have been a powerful, positive, moving moment as Thomas realized the presence of the Risen Lord. It must have been a great moment in the lives of all those in that room.

Love is such a powerful force. God's love can be seen in Jesus' returning just

for Thomas. God is available to all His children. You are a child of God. when you cry out to Him, He will be there for you. We all have the need to be loved. I know a man who always wanted his parents to say that they loved him. He was in his forties when he asked them to please say they loved him. They were unable too. An abandoned child, now twenty-three years old, went in search of his father. When he found him, the father rejected him.

This is an imperfect world. We are hampered in so many ways from giving and receiving love. But there are no restrictions, no barriers to God's love. All that you have to do is ask and you will receive the perfect love of God as revealed in Jesus Christ.

A week later Jesus reappeared just for Thomas. Jesus is always available just for you. Jesus said to Thomas, "You believe because you see; blessed are those who do not see and yet believe." I have not seen the nail prints as did Thomas and the other disciples, but I do believe because of the witness of Thomas and because of the Holy Spirit's influence on me. Thomas' response in seeing Jesus, "My Lord and my God," affirms my understanding and belief as in my heart, mind, and soul I too say, "My Lord and my God."

I encourage you to lay claim to God's love for you. Believe that Jesus has indeed conquered death and has prepared a place for you in God's eternal, heavenly realm.

*The Dispatch includes religious articles by local ministers believing that community is*

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## CULINARY AND MEDICINAL HERBS IN THE GARDEN

by Barbara Steele, Alloway Gardens

The trend toward low-fat foods and low-salt diets has sent many people looking for flavor enhancers. The natural alternatives have been with us since ancient times. Herbs were grown and used by the ancient Greeks for medicinal, culinary, and ornamental uses. The bay leaf (*Laurus nobilis*) that we use in our soup pots once was used in wreaths to crown poets and athletes alike. Rosemary (*Rosmarinus officinalis*), with its delightful fragrance, was much loved and used symbolically in weddings and also in funerals. Rosemary signified remembrance.

A little garden of fragrant herbs is possible to obtain. Herbs may also be incorporated into a perennial border in a flower bed or at the edge of a vegetable garden. Herbs have a wide range of longevity—annuals such as basil and dill, biennials like parsley, or perennials that come back year after year. Of course some plants (rosemary and bay) are perennial in warmer climates. When shopping at a nursery or garden center for plants, make sure you obtain correctly labeled plants and know whether they are annuals or perennial.

Most culinary herbs require full sun or at least a half-day of sun to develop their full flavor of essential oils. Well-drained fertile soil that has a neutral to slightly alkaline pH will get your plants off to a good start. Poorly draining clay soil may be improved with well rotted manure, compost, and sand.

Some culinary herbs which are easy to start with include curled parsley, flat-leaf Italian parsley, sweet marjoram, chives, sage, rosemary, thyme, basil, dill, French tarragon, salad burnet, oregano, and spearmint.

A note about mint might include the caution to obtain only a mint plant that has a good sweet mint fragrance. Mint should be propagated by root divisions from a quality plant rather than from seed. Mint seedlings have a strong oily fragrance that is not suitable for culinary uses. Also use caution when purchasing oregano. The "good" oregano has white flowers and a pizza flavor. The purple flowered wild marjoram (*oreganium vulgare*) has no flavor in its leaves. French tarragon is another plant that can be grown only from a root division. An herb nursery should not mind if you press the plant leaves and smell the fragrance. Herb plants have few "pests" and should be grown without chemicals. Insecticidal soap may be safely used if there are any problems.

Once the herbs are established and growing the harvest may start. Herbs for drying are best picked on a dry day after the dew has evaporated but before the sun becomes too hot. Small bunches are hung in a dark, airy, dry room until they become "crackly dry." The leaves are stripped from the stems and stored in air-tight containers. Of course it is best to use fresh herbs when possible and store the dried plant

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Always be sure to use herbs every time that you cook. There are many herbal cookbooks that you can explore: *Rodale's Illustrated Encyclopedia of Herbs*, Rodale Press, Emmaus, PA (1987); *Park's Success with Herbs*, Gertrude Foster and Rosemary Lauden, George Park Seed Co., Greenwood, SC (1980); *Herbs in the Kitchen*, Carolyn Dille and Susan Belsinger, Interweave Press, Colorado (1992).

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## SUMMER CAMP JOB OPENINGS

YMCA Contact Celia Ridge or Gary Baldwin at the Frederick YMCA, 663-5131 to apply for positions at the - week Catoctin Retreat Camp in session from July 18 - August 12, 9:00 a.m. until 4:00 p.m.

**DIRECTOR:** Requirements: College degree or background in recreation or related youth program preferred. CPR and First Aid a plus. Salary \$1400.

**COUNSELOR:** Requirements: Must be at least 18 years of age. Prefer college student with experience working with children. CPR and First Aid a plus. Approximate salary \$800 - \$1000.

Note: Lifeguard Certification preferred for both positions.

### BEFORE AND AFTER CAMP

**COUNSELOR:** Requirements: Must be at least 18 years of age. Experience with youth preferred. Approximate hours 7:00 a.m. - 9:00 a.m. and 4:00 p.m. - 6:00 p.m. Approximate salary \$600.

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## EMMITSBURG (Catoctin Retreat)

**YMCA Camp** The Emmitsburg (Catoctin Retreat) YMCA camp will be held at the Emmitsburg Elementary School. There will be two sessions: (July 18 - July 29 and Aug. 1 - Aug. 12. Daily sessions will run between 9:00 a.m. and 4:00 p.m. Campers must be between the ages of 8 and 15. Activities include swimming, sports, crafts, etc. Fees for YMCA members are \$110 per session, for non-members \$125 per session. To register call the Frederick YMCA at 663-5131.

## EMMITSBURG COMMUNITY

**DAY CELEBRATION** The 12th Annual Community Day celebration will be held on July 3, 1994; raindate July 4, 1994.

There will be something for everyone--friends, family, young and old. This is promises to be the biggest and best Community Day ever. Contact any Lions Club member to volunteer.

## COMMUNITY SHOW

The Thurmont and Emmitsburg Community Show Committee met recently to make plans for the 38th annual show. The show is scheduled for September 9, 10, and 11 and will be held at the Catoctin High School.

The flag ceremony and cake sale will be held on Friday night to open the activities. Saturday will open with a pet show. There will also be a beef, sheep, and swine show on Saturday, and the Thurmont Grange will prepare a turkey and ham supper. A sale of the beef, sheep and swine will close Saturday's activities. Sunday will feature the dairy and goat show, sheep shearing, wool spinning, pig races, log sawing, barnyard bingo, and numerous other activities.

The band *Catoctin* will provide music on Saturday and Sunday. Premiums paid to exhibitors will be the same as last year in all classes and department.

As this is the 25th anniversary of Catoctin High School, the group decided to honor all faculty members who have taught for 25 years at the school.

## Classified Ad Rates

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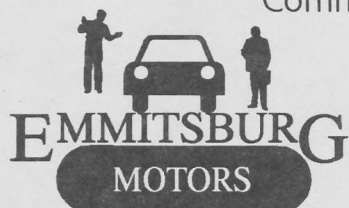
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