

The DISPATCH

Vol. VI, No. 12

Gaining Strength from One Another

December 1999

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Kids' Christmas party set

The Annual Lions Club Children's Christmas Party will be held on Saturday, December 18th from 10 a.m. to 1 p.m. at the Emmitsburg Ambulance Company.

10:00 - Christmas decoration workshop conducted by the Girl Scouts

11:00 - Magee the Clown entertains

12:00 - Refreshments & Door Prizes (must be present to win)

12:30-Santa distributes gifts. Polaroid pictures of the children to take home.

This is the 70th year that the Lions Club has sponsored this event.

Clintons dine at Carriage House

A routine reservation for a birthday party of 24 turned into a night to remember for the owners, staff and guests of the Carriage House Inn November 27th. The reservation had said nothing to indicate that the party included the President of the United States and the First Lady.

Sharon Collazo and Christy Stabler were the scheduled wait-staff and, according to Sharon, the Clintons were about a half-hour late and "that was good because it gave us time to get over our shock."

Owner Jim Hance observed that it was a nice, friendly meal. Pretty

much routine if you overlook being surrounded by the Secret Service, Frederick County police, the President's personal photographer, a press van, ambulance, and having guests being scanned with metal detectors. The entourage even included its own chefs, who had prepared a birthday cake and who oversaw the preparation of the Carriage House menu. The kitchen staff pulled it off despite the added pressures of having their preparations so closely scrutinized.

The President had *filet mignon* with a mushroom Madeira sauce. The First Lady had a *filet mignon* and crabcake. Like neighbors dropping in for dinner, the Clintons brought their own bottled water and cans of Diet Coke. Mr. Hance allowed that there might be other,

more sinister reasons for bringing one's own drinks especially if one is a President.

Since the "cat was out of the bag" that the party was a birthday celebration, a piano was rolled out and there was singing of "Happy Birthday" to some shy guest of honor who didn't seem to want to be associated with birthdays. A sing-along also broke out. "The president didn't sing," Mr. Hance reported, "but he applauded well."

The Clintons were given a tour of the Carriage House Inn (circa 1857) by Jim Hance. They warmly greeted guests and staff, taking time to pose for photographs and give autographs. "He seemed like a nice guy to me," said Mr. Hance, "sort of a good ol' boy," he added with a smile.

Christmas decoration categories set

The Emmitsburg Business and Professional Association will be awarding prizes to the winners of their eighth annual house Christmas decorations contest. The categories are:

Homes (single-family, duplexes, and townhomes) *Traditional*: (Live greens, candles, red ribbons, etc.)

Homes (single-family, duplexes, and townhomes) *Contemporary*: (multi lights, seasonal displays, etc.)

All others (businesses, offices, multi units).

Judging will take place on Sunday, Dec. 19th, and results will be posted on the Town's Bulletin Board on Dec. 20th.



Ho-Ho-Ho! Santa Claus is coming to town very soon!

Santa by Annie DeGeorge

Mother Seton School kicks off capital campaign

Good News! Mother Seton School launched its Capital Campaign Expansion Program, "Celebrating Our Past...Building Our Future," in the Horning Hospitality Room at Mt. Saint Mary's College on Friday, November 12, 1999. President George Houston, pledging his generous support for the success of the program, graciously co-hosted the kick-off reception with Sister Mary Catherine Conway, principal of Mother Seton School.

Also present to support the school in this momentous undertaking were Dr. Ronald Valenti, Superintendent of Catholic Schools in the Archdiocese of Baltimore; Sister Elyse Staab, Provincial Leader of the Daughters of Charity in the Southeast and the 18th successor to Mother Seton; pastors from supporting

Catholic parishes including Monsignor Edward Manalis, Vicar in the Western Area; members of Friends of Catholic Education and the Frederick County Catholic Schools Coordinating Committee; the Mother Seton School Board of Directors; the Mother Seton School Capital Campaign Leadership Committee; alumni of Mother Seton School; parent, staff, and student representatives; and many other friends and benefactors.

It seemed fitting that the president of Mt. St. Mary's welcome the principal of Mother Seton School to the Mount, for it was the President of Mt. St. Mary's, Rev. John DuBois, who welcomed Mother Seton to the Mount in 1809. Lodging was provided for Mother Seton until her school in the Valley of Emmitsburg,

which is now "our school," was ready.

The present Mother Seton School (built in 1964) stands on the same soil as St. Elizabeth Ann Seton's original school, established in 1810 as the first Parochial Catholic School in our nation. Thanks to the generosity of many benefactors throughout our history, the faith-centered education envisioned by our Foundress in 1810 is a vibrant reality for our students today. The soil is still fertile, as we embark on the "Celebrating our Past ... Building Our Future" Capital Campaign to grow and expand.

Mother Seton School was built to house 16 classrooms for students in Grades 1-8. In the early 80's a Kindergarten program was initiated. Today, we

(See SETON on Page A3)



Sr. Mary Catherine and MSM president George Houston launch building campaign.

Letters to the Editor

The *Dispatch* encourages its readers to express their thoughts about issues that appear in this paper or affect the community. Letters must be exclusive to the *Dispatch*. They should be brief and must be signed and include the writer's address and daytime phone number to be used for verification. Deadline for letters is the 3rd Thursday of each month.

Opposed to a county-wide fire tax

On October 24, 1999, at its regular monthly meeting, The Emmitsburg Ambulance Company was informed that Frederick County Commissioners have asked the state representatives to give the commissioners the power to adopt a county-wide Fire Tax.

Now some of the County already has a Fire Tax due to either the Fire Department or the Ambulance Company having paid Personnel. And if you look at those companies with paid personal the volunteerism in those companies is now almost non-existent. The Volunteers are made to feel like second class citizens and not needed, and the community is non-supportive; they feel why should they give to the Volunteer Fire or Ambulance Service when they're paying Taxes to support them.

If you look closer, and a Tax does go into effect, this would mean everyone who owns property in Frederick County would be Taxed 22 cents on 100 dollars. Then also if you're in need of an Ambulance you'll also be Billed for the use of the Ambulance and the Equipment.

And let's look at Emmitsburg and the Northern end of the County even if the Fire or Ambulance does not have paid personnel you'll still pay the same. That means your Taxes will be going to support other company's like

Frederick city.

Emmitsburg like most other communities was built on Volunteerism the Fire Dept. in Emmitsburg dates back to 1800's and is one of the strongest Fire Dept. in Frederick County and it's still all-Volunteer. The Ambulance Company is now over 50 years old and it's all Volunteer. Although the Ambulance has had some trouble in the past few years, it's done a complete turnaround with the help of the Fire Dept. and the Community. When the County was asked for help all they could say was to go paid, but we said no and rebuilt ourselves.

The Buildings and the Equipment belong to the Emmitsburg Community but if a Tax were passed everything would belong to Frederick County. The county would say if a new Fire Truck is needed or if we need two Ambulances in Emmitsburg or if the two Departments should be but together under one roof. So again we're asking you the community's help, in fighting the Fire Tax. Call and Write your County Commissioners and State Representative to Vote NO on passing The Frederick County-Wide Fire Tax Bill.

Kenny Smith
Emmitsburg

Time to decide library location

Although town officials agreed in October 1999, to accept the Frederick County commissioners' offer to move the town office to the third floor of the renovated community center, I believe it would be to everyone's advantage to move the library to the third floor and place the town office on the second floor.

In my opinion, placing the town office on the middle floor would save money, provide better security for the library, and give the town, which will be the manager of the renovated community center, better control of the building.

The Town of Emmitsburg and the citizens of all of northern

Frederick County have to decide now if they want the library on the top floor and town office on the middle floor of the renovated Community Center.

Lee Koontz, county buildings manager, said on Nov. 29, 1999, that it is not too late to decide which floor will be occupied by the town and which by the library. He also said the county is ready [in early December] to let bids to hire a firm to design and engineer the renovation of the Community Center.

At a town workshop on Nov. 15, 1999, the town council discussed at length the floor locations of town office and library. No vote was

Town News...

Notes from November 1st Town Meeting

At the November town meeting the commissioners acted on the following issues:

* Voted to make payment of \$200,000 on the town's long-term debt of \$1.5 million. The money will be paid in two installments - \$150,000 to be sent in November and \$50,000 after the first of the year. The town is left with a balance of approximately \$340,000 after making the payments.

* Agreed to purchase 20 more parking meter heads programmed for ten and twenty-five cents. They will be placed on the square and along Main Street. Penny meters will be eliminated.

* Voted to extend the town's security patrol for 90 days. The sheriff deputies say the "extra set of eyes is helpful" and vandalism is down in Emmitsburg.

* Heard from the town manager Dave Haller that the skateboard park is ready for use. He reported the tennis net was taken down and the holes filled; safety signs were put in place; the town has agreed to purchase the wood for making ramps; and the sign-up sheet for the key is in the town office. In order to use the park, an adult must sign for the key and be present while the park is in use.

At the November 15 workshop the commissioners voted to adopt and enforce the state's Noise Ordinance in Emmitsburg.

taken and the feeling was to get Mr. Batson to ask the county to place the library on the top floor. Mr. Batson, on Nov. 29, 1999, declined to ask the county, saying the library will locate wherever the town and north-county citizens want the library to be located.

If you care about this major happening in our community and the location of the oldest continuous library (1906) in Frederick County,

The Maryland Department of the Environment (MDE) Noise Control Program sets an upper or maximum sound level statewide, therefore *all jurisdictions have a noise regulation*. According to the MDE, local police and elected officials handle 99+ % of all noise-related complaints across the state. Upon request, the MDE Noise Control Program will conduct noise control enforcement training classes for local law enforcers.

The commissioners also voted to instruct the town deputies to enforce the town's existing juvenile curfew. Section B of the ordinance states that anyone under the age of 18 is prohibited from being or remaining in a public place within the town during any day of the week between the hours of 11:00 p.m. and 6:00 a.m. Juveniles excepted from the curfew are juveniles accompanied by a parents or legal guardians; juveniles on errands as directed by their parents or legal guardians; juveniles returning home from cultural, religious, scholastic, athletic or recreational activities supervised by a bona fide organization; juveniles who are legally employed; or juveniles who are married.

Dave Haller reported the water hook-up with Mount St. Mary's College has been completed. This connection will provide access to water in case of emergency and as a safety measure for future droughts.

contact your town commissioners and Mayor Carr (301-447-2313) or please attend the December town council meeting, Monday, Dec. 6th, at 7:00 p.m. and let them know how you feel. *The final decision must be made soon* because the county will soon hire a firm to begin designing and engineering the renovation.

Dave Martin
Emmitsburg

Seton

Continued from Page A1

have 400 students in Grades K-8. Our science lab was sacrificed to provide for another 7th-grade homeroom. One 5th-grade class is inconveniently housed in a modular unit. The art, music, PE, and Spanish teachers share one storeroom as their office and supply center, while they travel from classroom to classroom with movable carts to carry their teaching materials. The flexible band director finds a spot wherever he can to keep the #1 rated MSS Band in tune. The growth in services, programs, and enrollment has resulted in additional staff. The staffroom is too inadequate for the 45 member staff, and the administrative offices are located throughout the building, utilizing the former health room and some storerooms. Lack of adequate space has forced the Development Office and the Title I Program to move to the Sisters' residence.

To address the needs for additional space and to better serve our students in the new millennium, Mother Seton School has planned an expansion project, estimated to cost one and a half million dollars, which will include two age-appropriate kinder-

garten classrooms; an age-appropriate classroom for a future pre-kindergarten; a state-of-the-art science lab; a large multipurpose room (with a movable partition) for art, music, band, chorus; centralized administrative offices; a two-bed health room; a larger staffroom; a variety of storage space; a new central front entrance, an extended driveway in front of the school; a revised primary playground, an outdoor kindergarten play area, etc.

At the kick-off reception Nicholas Monacelli, President of the MSS Student Council, spoke on behalf of the students, expressing the enthusiasm of the students for the expansion program. He announced that the students "in gratitude for what the school has given them" have pledged \$1,500 over the next three years toward the kindergarten playground. For himself, Nick said, "Not only have I learned at MSS the necessary skills that I will use in high school next year, but I have learned to understand God's grace and what He expects of me." When the young student leader left the podium, the applause went on and on.

Cooperative construction



Little League volunteers busily engaged in construction of new dugouts for the baseball fields in Memorial Park.

A Dispatch Photo

Emmitsburg Little League and the town officials entered into a joint project to upgrade the Little League fields. The town provided \$3,000 for construction materials and Little League supplied the labor to build new dugouts.

Buddy Fields was in charge of the project and at various stages of the project other parents contributed their skills. Participating in the project were Roy Wivell, Rick Wivell, Chuck Dillon, Fred Hoff, Josh Wivel, Craig Sanders, Ed Ridenour, Chad Umble, Chuck Jensen, Bill Wivell, Lisa Krom, Ken Balough, Dave Wantz, Randy Myers, Mark Hanes, Frannie Lingg, and Mike Stouter.

Little League will begin its sign-up drive in February.

Memorial services held



Honor Guard from the Francis X. Elder Post fire a memorial salute over the grave of Francis Elder on Veteran's Day.

A Dispatch Photo

Dan Hallman, Co-chair of the Leadership Committee, announced at the reception that \$200,000 has already been raised to support the expansion plans, targeted to be completed in February 2001.

Other receptions to share our "Good News" have been held for staff, parents, grandparents, alumni, and parish friends. The final recep-

tion will be held Thursday, December 9th at Mother Seton School from 6:30-8:30 p.m.

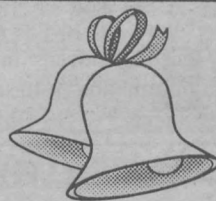
In "Celebrating Our Past... Building Our Future," Mother Seton School is embracing the mission of its Foundress, St. Elizabeth Ann Seton, in providing quality Catholic education in a safe and caring environment for any family who value such an education for their children.

Volunteers hang Christmas greens

It is time once again to acknowledge and thank the loyal group of people that came out the Saturday morning after Thanksgiving to make the Christmas swags for the town lamp posts.

It was a much smaller number that showed up to help this year, but they did a beautiful job in record time!

Many thanks with deep appreciation to Guy and Betty Ann Baker, Vernon and Bea Keilholtz, Loretta Adelsberger, Ann Gingell, Bill and Chata Carr, Julie Davies, Cindy and Denny Adams, Annetta Rapp, Ed and Marion Levandowski (new kids on the block), Diana and Elizabeth Hoover, Jim Click and the town crew (we couldn't do it without you!).



Annual Christmas Food Drive

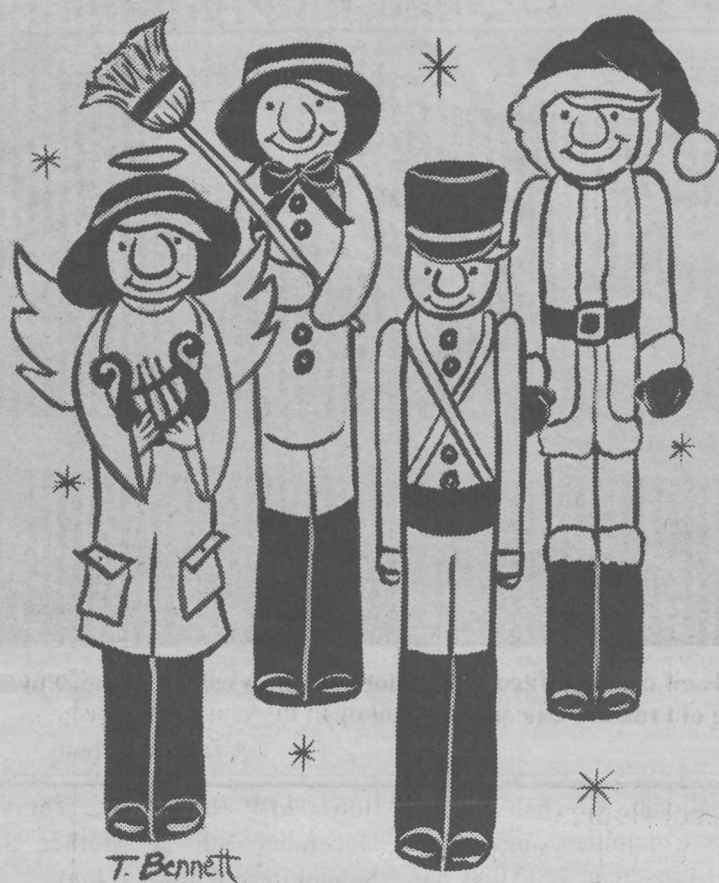
Sponsored by the Emmitsburg Lions Club

Collection Points: Zurgable Hardware and Jubilee

Cash donations are accepted. Make your check payable to the Emmitsburg Lions Club. Box 1182, Emmitsburg, MD 21727

If you know of someone in need this Christmas season contact any Lions Club member or drop a note to P.O. Box 1182, Emmitsburg, MD 21727. Thank you.

"God rest ye merry, gentlemen..."



Merry Christmas from the Emmit Choral Society

The Emmitsburg Regional Dispatch

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Season's Greetings to everyone.

Town faces fluoridation issue

Mayor Carr is urging commissioners and citizens to prepare themselves and become familiar with the arguments and facts regarding fluoridation. This is so everyone may act in the public interest as they consider the plans for the new water treatment facilities to be built in the near future.

The value of water fluoridation in reducing tooth decay is recognized nationally as well as internationally and yet there are issues that have slowed the adoption of fluoridation. Among the factors has been the difficulty faced by citizens in evaluating scientific information in the midst of emotional arguments.

Adoption of fluoridation is ultimately a decision which will be made by state or local officials, and the mayor is asking that citizens make themselves aware of these issues and let town officials know how they feel about fluoridation. The mayor and commissioners will issue a packet of articles regarding fluoridation facts including benefits, safety, cost effectiveness, and public policy. The information is published by the American Dental Association and is also available on the internet at www.ada.org/consumer/fluoride/fact/benefits.html.

Consumers can also get more information from www.publicinfo@ada.com.

EXTRA! EXTRA! GALA 2000

Volunteers have been working diligently organizing a Gala Dinner Dance, Silent and Live Auction, March 25, 2000, to raise operating funds for the *Dispatch*.

A quick peek at auction committee chairman Linda Junker's notebook reveals some enticing items to be auctioned at the dinner including private sky box tickets for an Orioles game, Washington Redskins tickets, Baltimore Ravens tickets, season tickets to MSM men's basketball games, fifty certificates for antiques, two-nights' stay in a local bed and breakfast, several signed and numbered prints, and gift certificates for dinners. Watch for more information in the *Dispatch*.

Looking Ahead

Fri. & Sat. Dec. 3 & 4

Country Christmas Fare will be held at St. Joseph's Parish Hall, Fri. 12 noon - 8:00 p.m., and Sat. 9:00 a.m. to 5:00 p.m.

Saturday, December 4

Annual Christmas Bazaar and Beef, Turkey & Ham Supper with apple fritters will be held at Elias Lutheran Church of Emmitsburg starting at 1:00 p.m. The supper also includes filling, gravy, mashed potatoes, sauerkraut, sweet potatoes, corn, applesauce and cake. Crafts, homebaked products, and white elephant table will be available. Adults \$7.50; Children 6-12 \$3; carryout \$8.50.

Saturday, December 4

Spirit of Christmas Holiday Bazaar will be held at St. Mary's at Fairfield, Pennsylvania, Village Hall, 108 West Main Street, Fairfield, from 8:00 a.m. to 3:00 p.m. Visit with Santa. Crafts. Wreaths. Goodies. Raffles. Door Prizes.

Sunday, December 5

The Emmitsburg Community Chorus Christmas Program will be presented at 2:00 p.m. in the Basilica of St. Joseph's Provincial House.

Monday, December 13

Thurmont Community

Lighthouse Meeting for ladies will be held at Mountaingate Restaurant in Thurmont. 6:15 p.m. for fellowship and buffet. Cost \$7.00. Program to begin at 7:05 p.m. Subject: "How to keep Christ in your heart and home during the busy season." Call for reservations by Friday, December 10.

Saturday, December 18

Annual Lions Club Children's Christmas Party from 10:00 a.m. to 1:00 p.m. at the Emmitsburg Ambulance Company.

Sunday, December 19

A Good Old Country Breakfast at the Taneytown Rod & Gun Club, 12380 Shoemaker Road, from 7:00 a.m. to 11:00 a.m. Menu includes pancakes, buckwheat cakes, sausage, eggs, toast, sausage gravy, chipped beef gravy, pudding & hominy, fried potatoes, hot cheese, hot apples, fruit cocktail, orange juice, and coffee. Adults: \$4.50. Children 8 to 12: \$3.00

Tuesday, December 21

EBPA Christmas Luncheon at the Carriage House Inn (second level) at 11:30 a.m. Guest speaker will be Jim Phelan, basketball coach of Mount St. Mary's College. Reservations requested but not required. ALL ARE WELCOME. Happy Holidays.

100 Years Ago

As reported in the Emmitsburg Chronicle, Dec. 22, 1899

Go to M.F. Shuff's for toys, novelties, etc.

Buy your Presents at J.C. Williams'. He will save you money.

Dolls, Toys of every description, and a great variety of fine Xmas presents at Kings.

Miss Effie Belle Fritz, of Frederick county, walked twenty miles to that city to marry George T. Schaffer, who was released from the county jail.

Wanted --50 women and girls to work in the Emmitsburg Wrapper and Shirt Waist Factory, at good pay. Apply immediately to Albert H. Maxell, Emmitsburg, Md.

A Merry Christmas to all.

Zora Marketplace aims to revive corner community

Two years ago Mary Ellen Jester passed an empty little building at the corner of PA 16 and PA 116, Zora. She was attracted to it, and wondering what she could do with it became an exercise for the rest of her daily trip to work. Then, as she was cleaning a storage area in her basement and organizing items collected in the everyday process of living, the answer came, as do many answers to knotty problems, in a flash—a consignment shop.

Jester's Hope Chest was a dream that became a reality 16 months ago. The plan to provide a consignment service for people who for various reasons can't hold yard sales has been growing steadily and today Jester's Hope Chest has customers from around adjacent states and consignees from as far away as North Carolina. Consignees who wish to place items for sale make

appointments to discuss the sale potential of items. The collection attractively arranged and displayed items throughout the shop include new, used, antiques, crafts, collectibles, and quality second hand clothing.

Not only do people stop to search for "treasures"—many of her customers stop by to "place an order"—keep your eye open for a ... and let me know.

Mary Ellen's dream was supported by property owner Mary-Elizabeth Buckham who was interested in developing the little complex of cottages and reviving the Zora community that has almost been lost to the past. Joining the Hope Chest are Penny's Country Gifts, operated by Penny Baumbaugh; Country Quilter, operated by Carrie Schimmel and a New Age shop is soon to be opened.



That jolly elf, Santa, visited Zora, courtesy the Vigilant Hose Company, checking out the route he plans to follow in his yearly epic dash.

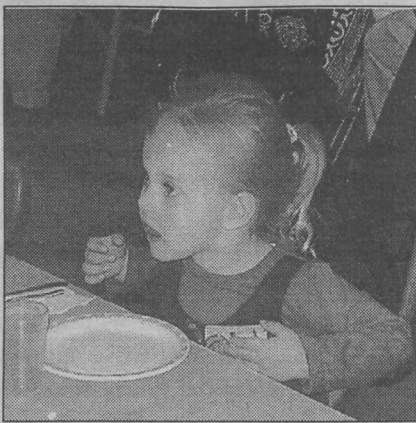
Annual Thanksgiving feast held at Child Care Center

Emmitsburg Child Care Center held its annual Thanksgiving Day Feast on November 18. According to Director Al Opak, this year's turn-out was the largest yet. He was especially pleased to see the number of parents attending with their children. Approximately 175 people attended the banquet, half of whom were parents.

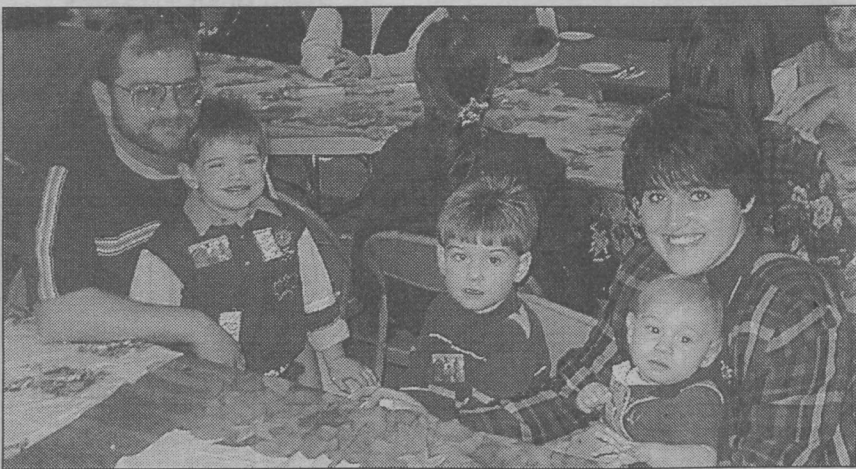
"What we're seeing here today is pure and simple the kind of organized activity we designed to generate more parental involvement. We see this [Thanksgiving dinner] as a part of the movement on the part of the Emmitsburg Council for a Better Community and the town's youth programs for generating meaningful activities," said Mr.

Opak. "It is a positive experience for us all," he said.

Mr. Opak commented that such a successful endeavor is due to a cooperative effort, and he gives special thanks to the parents, cooks, teachers, and staff of the center.



Den Bleyker gives Thanks.



Tim Smith (l) Quinton, Andrew, Spencer and Mom Erika enjoy special treats of Emmitsburg Child Care Center's day of Thanksgiving.

A Dispatch Photo

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EBPA meeting

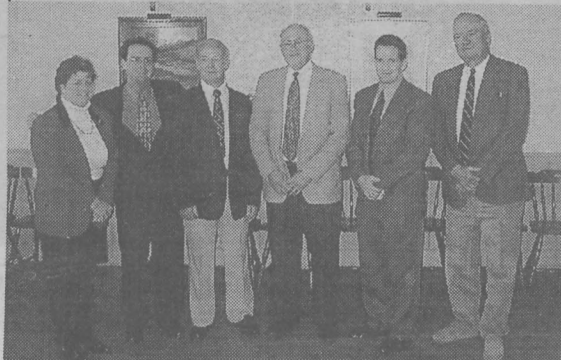
Catherine Cresswell, president of the Adams County Economic Development Corp., and Brian Duncan, director of the Frederick County Economic Development Department, were guest speakers November 16 for the Emmitsburg Business and Professional Association. Ms. Cresswell told the group her goal is the retention and expansion of the business base in Adams County, PA. "Eighteen thou-

sand people leave every day [for work] and my goal is to provide site locations and to bring jobs to Adams County." She spoke of plans for a 180-acre industrial park off U.S. 15 and U.S. 30 in Gettysburg.

Brian Duncan, who has headed Frederick County's economic development efforts for two years, said the issue facing Frederick county is agriculture and seeing how to make something out of it. He said his

office is looking for an agricultural specialist who would help to locate ag-related businesses in Frederick county. Mr. Duncan said that 66% of growth over the last seven years came from businesses that have moved into the county.

The proposed biotechnology park at Mount St. Mary's College will be good for the county, Mr. Duncan said. "It's not just the jobs (only 20 in this case) that the company will offer, but all they will bring with them," referring to associated companies in the biotech industry.



Pictured with the guest speakers Catherine Cresswell, left, president of the Adams County Economic Development Corp., and Brian Duncan, second from left, director of the Frederick County Economic Development Department, at the EBPA luncheon held at the Carriage House Inn are from Mr. Duncan's left Phil Postelle, president of the town council; Larry Underriner, assistant administrator, St. Joseph's Provincial House; Marty Schlipp, assistant to the president, Mount St. Mary's College; and William Carr, mayor of Emmitsburg.

A Dispatch Photo

Senior Citizen News

By Linda Umbel



Winners from Seniors bazaar announced

Here is the list of winners from the Nov. 13th Bazaar: quilt, Helen Miller; wooden deer, Betty Long; wooden accent table, Eunice Neighbours; wooden wheelbarrow, Lucille Valentine; Christmas dishes, Denise Warthen; clock, Eunice Neighbours; decorated cake, Eunice Neighbours, baking stone, Loretta Adelsberger; dolls in a basket, Shirley Eyler; Longaberger basket, Bill Magaha; Santa, Katherine Shorb; Christmas decoration, Donna Cuseo; map doll, Megan Wood; coffee mugs, Tray Weinfield; door prize, Anna Heall. Thanks, everyone for coming and supporting the Seniors.

Our Christmas Dinner will be held Tuesday, Dec. 28. The reservation deadline is Monday, December 20.

The New Year's Eve Party will start 7 p.m. Dec. 31 and run until.... The reservation deadline is Monday, December 20.

St. Catherine's names employee of month

St. Catherine's Nursing Center Employee of the Month for October 1999 is Janice James. Janice has been employed as the Unit Coordinator since February of 1999. Janice was chosen because she is a true example of an employee "living and working" the core values. She sees what needs to be done and does it, with a smile on her face and a positive attitude. Janice always puts others first. She has a quiet and humble manner and is a great role model. Congratulations, Janice!



JANICE JAMES

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'95 Ford Windstar, Tan	SOLD \$9,995
'94 Ford Ranger XL 4x4, Ext. Cab	SOLD \$9,995
'93 Chevy Silverado 4x4, Extra Cleanl	\$11,995
'98 Ford Ranger	\$11,995
'96 Dodge Caravan Sport 5-dr	\$12,995
'96 Jeep Grand Cherokee 4x4 s#68	\$13,995
'96 Jeep Grand Cherokee, V-8 s#73	\$14,995
'95 Ford Explorer 4x4	\$15,995
'96 Chevrolet Silverado 3 dr., Ext. cab	\$20,995

CARS

'92 Geo Prizm	\$4,995
'95 Dodge Neon	\$5,995
'94 Toyota Corolla	\$5,999
'94 Dodge Shadow	\$5,995
'97 Pontiac Grand Am	\$8,599
'98 Chevrolet Cavalier	\$9,995
'97 Nissan Sentra	\$10,995

There's Something
for Everyone
at Speak Automotive!

SANTA'S SPECIALS

'91 Plymouth Laser was \$4,995	now \$3,995
'90 Honda Accord was \$7,488	now \$5,595
'90 Pontiac Firebird, T-tops was \$5,995	now \$4,995
'96 Toyota Camry LE, Auto, 4 dr was \$10,888	now \$8,995
'94 Chevrolet S10 Blazer was \$9,995	now \$8,995
'93 Mercury Villager LS was \$11,995	now \$9,995
'95 Ford Escort (white) was \$4,995	now \$3,995
'91 Ford Taurus was \$4,995	now \$3,995
'95 Ford Escort was \$7,995	now \$6,995

Fitzgerald's Auto Service

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Emmitsburg Friends plan an internet training workshop

By Dave Martin

The Friends of the Frederick County Public Library (FCPL) Emmitsburg Branch Library Advisory Board will be conducting a free internet training class for members of Friends of the Emmitsburg and FCPL libraries.

There will be space for twenty-five students, each at their own computer. One instructor and 3 or 4 helpers will guide students through the menus and clicks leading to the discovery of a universe of information. The one-day class will consist of a 2-hour morning session, followed by a lunch and then a 2-hour afternoon session. No previous experience is needed for this class. For more information phone Dave Martin of the Emmitsburg Branch "Friends" at 301-447-2353. Deadline for sign up is December 8.

If you don't know anything about computers or the internet but want to know what you are missing, join the local Friends' organization. Membership is only \$10 for one year, half of which goes to the local group and the other half to the county group. Members of Emmitsburg Friends under 17 must be accompanied by a parent or guardian to the workshop. If interest warrants, more training sessions will be planned.

Rocky Ridge Fire Company Honored



Fifteen members of the Rocky Ridge Volunteer Fire Company were honored on the company's 50th anniversary at the the Thurmont and Emmitsburg Community Show on September 10th at Catocin High School. Each year the Community Show honors an organization for its contributions to community life.

Standing (from left) are Emily Sixx; Bonnie Sixx Sanders; Rodman Myers, Community Show President; Robert Valentine, Vice president; Robert E. Mumma, President Rocky Ridge Fire Company; Charles Riggs, Bernard R. Wivell; Melvin T. Myerly; Robert Kaas; Ralph E. Baker; Alan Brauer, Sr.; Kathy Sixx; and Linda Sixx Shields.

Bottom row from left are Paul H. Burrier; Robert Albaugh, Marlene Tarr, Catocin High School principal; Robert O. Ogle; Kira Pilson, Catocin FFA Ambassador, 1999-2000; Betty Ann Mumma; Betty L. Mumma; Kenneth R. Mumma; Daniel J. Kaas; and Charles E. Brauer.

The Sixx family sang several songs at the ceremony.

Photo Courtesy Rodman Myers

"That Yo-yo Guy" puts spin on fun and science

"What goes around, comes around." So it has been for Dick Stohr, who on November 13 presented a combination entertainment and instructional program on yo-yos at the Emmitsburg Branch Library. Stohr is a member of the Board of Directors of the American Yo-Yo

Association and a judge on the local, national, and international levels.

"I played with yo-yos a lot when I was a kid. Then I put them away when I thought they were no longer 'cool,'" said Stohr. "I rediscovered them twelve years later and it was

like riding a bicycle—something you never forget. I took a class presented by a yo-yo club that was held in a nearby school. And I practiced a lot."

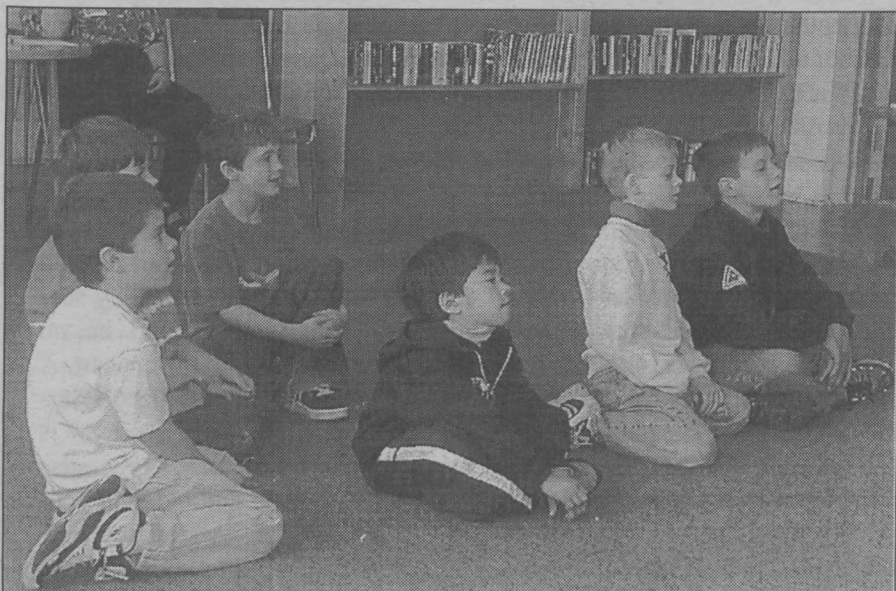
Stohr's passion for yo-yoing grew and he practiced 3 to 4 hours a day in order to participate in yo-yo competitions. He became good enough to quit his day job and become "That Yo-yo Guy." He travels around the area giving assemblies and programs in schools on Yo-yo Fun and Safety and the Science of Spin. The program consists of demonstrations and participation. Students are introduced to the concept of gyroscopic stability, rotational inertia, plane of spin, distributed mass, levers, and friction.

Yo-yos have had their ups and downs over the years since first depicted on a Greek vase from 500 B.C., but their message is still "...have fun, like it a lot, practice a lot, practice hard, and practice well," said Stohr.



Dick Stohr, "That Yo-yo Guy," enchants his young audience at the Emmitsburg Branch Library.

This program was sponsored by the Frederick County Public Library.

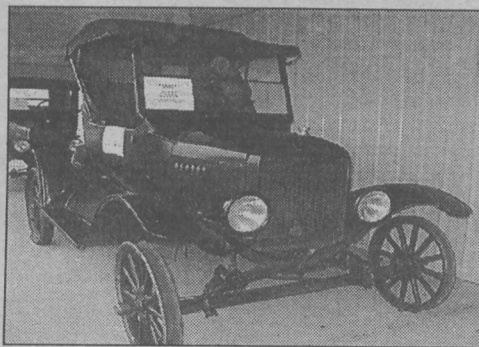


Catoctin wins *It's Academic*

Contest to be aired Dec. 25

Catoctin High School's Academic Tournament Team recently traveled to WJZ-TV in Baltimore to participate in the *It's Academic* television show. The team produced a magnificent come-from-behind victory in the last minute of competition to defeat teams from Dulaney High School in Baltimore County and North County High School in Anne Arundel County. Advisor Mr. John Koepke states, "It was one of the finest performances I have ever seen." Team members were Adam Schultz, Kerry Dingle, and David Allen. The team will return to WJZ-TV for a playoff match on March 4, 2000. Last week's thriller will be aired on Christmas Day at 11:00 a.m. on Channel 13.

A bonanza in many parts



John Hollinger surveys the results of months of work hauling and organizing thousands of antique automobile items and early automotive memorabilia sold at a recent auction held at Yingling's Auction House.

A Dispatch Photo

In 1923 Ralph and Ida Sperry opened Emmitsburg Motor Company, a Ford dealership in Emmitsburg, and unknowingly began a collection of automotive parts, manuals, equipment, and advertising materials that would not come to light until some 76 years later. The treasures were stored in what became known at the "upper garage" (the Emmitsburg Motor Car Company) on South Seton Avenue in Emmitsburg. They have been in the care of the Hollinger family, father, son, and grandsons.

As Mr. Hollinger walked around the two rooms and two outdoor display areas, it was clear that he still felt a connection with many of the items. A tool here, a manual there, the old sign-- many things were touched with remembrance and a smile. Many of them had played a role in his life, which he had spent working for his grandparents, his father, and then himself.

Nearly 900 antique car buffs and collectors from across the United States gathered to bid many items up to premium prices. Hollinger estimated that he would net between \$150,000 - \$200,000.

An Evening of Christmas Spirit

Carriage House Inn

December 6, 6 p.m. - 9 p.m.



Children rehearse for the Community Chorus Christmas concert.

Community Chorus Christmas program set for December 5

By Sue Allen

The Emmitsburg Community Chorus, now in its 36th year, will perform *The King: The Long Awaited Promise*, on Sunday, December 5, 1999, at 2:00 p.m. in the Basilica of St. Joseph's Provincial House. The work is a contemporary Christmas cantata created and arranged by David T. Clydesdale. It includes narration, instrumental and vocal solos, and an opportunity for the audience to sing along with traditional carols.

The chorus director, Mrs. Kelly Crenshaw, this year includes a children's chorus.

This is the first time the Emmitsburg Community Chorus has extended its membership to include young singers, and everyone involved is very enthusiastic about the project. The children have been rehearsing on Monday afternoons after school with Mrs. Crenshaw and Mrs. Susan Allen, a member of the chorus. They are all volunteers who responded to an invitation extended to 3rd- through 6th-grade music students at Emmitsburg Elementary and Mother Seton Schools. The Emmitsburg Senior Citizens offered the use of their activities room and piano for the rehearsals. Student singers are: Amanda Delphey, Ashley Delphey, Myra Derbyshire, Jacob Fields, Morgan Fields, Becca Fink, Kyle Giangrande, Colleen Heaton, Elizabeth Hoover, Nicholas

Jensen, Victoria Long, Justin Loube, D. J. Marcelle, Chad McNair, Bobby Myers, Jessica Reckley, Shelby Rogers, Arielle Sargent, Hannah Smith, Zachary Smith, Amber Snurr, Mark Snurr, and Tonya Tester. The children's chorus will be featured in the selections, "How Should a King Come?" and "Angelic Celebration." They will also appear in the cantata finale.

Other special performers will be Father Andrew Sherman and Meg Keller. Father Sherman, pastor of the Memorial Church of the Prince of Peace in Gettysburg, will appear as the narrator, Benjamin, a fictitious Jewish religious leader interested in the advent of the Messiah. Miss Keller, who studies with Karen Botterbush of Gettysburg, is appearing for the second year as flute soloist. Soloists from the chorus will be Mr. Cliff Sweeney, Mrs. Edith Long, Mr. Tom Grenchik, and Mrs. Susan Allen. Piano accompanist for the Chorus is Mrs. Pat McElroy.

Please join the Emmitsburg Community Chorus for our annual musical welcome to the holiday season. As always, there will be no charge for admission to the concert. A freewill offering will be collected during intermission. The Basilica is accessible for all persons. Come raise your voices, young and old, and your spirits as well, as we welcome the King.

Mount CROP Walk begins 4-week hunger awareness program

By Joseph Purello

Mount Saint Mary's College and Seminary hosted its 11th annual CROP Walk on Sunday, Oct. 24. Walkers raised \$1,400 for local and worldwide hunger relief efforts by walking ten miles around the mountain which provides the scenic backdrop to the college campus. The walk is sponsored by the Office of Campus Ministry and Community Service. Seventy-five percent of the funds raised benefit the hunger relief operations of Church World Service and twenty-five percent benefits the Emmitsburg Food Bank, sponsored by the Religious Coalition for

Emergency Human Needs in Frederick, Maryland. Mount St. Mary's Chaplain Fr. Jerry Francik was the lead fund-raiser, gathering \$260 in sponsor donations in support of his walk to fight hunger. Over the past ten years Mount Saint Mary's CROP Walks have raised approximately \$25,000. There are over 3,000 CROP Walks organized around the U.S.A. each year. They serve as a major source of revenue for Church World Service, the international aid and disaster relief arm of the National Council of Churches of Christ. The word "CROP" stands for Christian Rural Overseas Program.

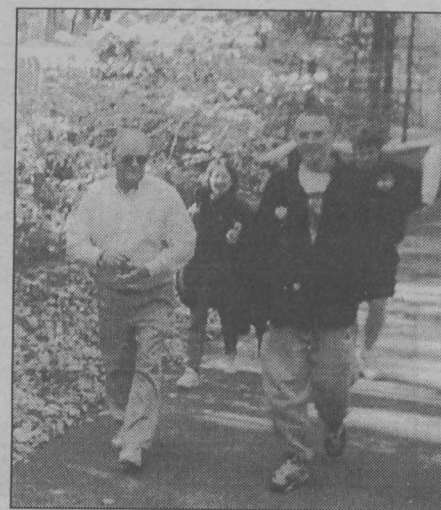
Mount St. Mary's CROP Walk

kicked off four weeks of hunger awareness activities and hunger relief efforts by the Mount St. Mary's community. Chapel offerings during these weeks were designated to the following poverty and hunger fighting agencies: Bread for the World, Frederick Soup Kitchen, Maryland Food Committee, and the Catholic Campaign for Human Development. From October 25 through November 15 the Council on Campus Ministry sponsored its "Fall Food Drive" on campus which helped stock the shelves at the Emmitsburg Food Bank. A total of 681 non-perishable food items were collected.

Also during this hunger awareness period Mount student volunteers assisted in preparing and serving meals at Beacon House and the Community Action Agency in Frederick, Maryland. Finally, on Tuesday, November 16, the Mount hosted its third annual Hunger Awareness Meal at which student diners had the opportunity to experience a meal that is representative of worldwide food consumption patterns and raise \$620 to support the hunger and disaster relief efforts of

Church World Service in the earthquake-devastated areas of Turkey, Taiwan, and Mexico.

Joseph Purello is the Director of Community Service and Service Learning in Mount St. Mary's Office of Campus Ministry and Community Service.



Don Briggs, Libby Briggs, Chuck Zetrick, and Billy Potter on Crystal Valley Road during CROP Walk.

Photo courtesy Joe Purello

Vigilant Hose and Auxiliary News

Old-fashioned bingo set

By Joyce Glass,
Secretary, VHC Auxiliary

The Vigilant Hose Company Auxiliary is back in the swing of things with monthly Old-Fashioned Bingo held at the Fire Hall each month from October through May. Bingo is held the third Thursday of each month, with the exception of the December Bingo. Due to the fact that the third Thursday is just too close to Christmas, the December Bingo is held the *first* Thursday. Therefore, the next bingo will be held on Thursday, December 2, and will feature items for Christmas. Come out and join the fun.

Not sure exactly what Old-Fashioned Bingo is? Instead of playing for money prizes, you play for prizes such as grocery items. For winning a regular bingo game, you may receive a basket filled with grocery and/or snack items. There are special games also. Special prizes might include such things as a cutlery set; storage container set; or towels and wash cloths, just to name a few items. The final game for the evening, the jackpot game, delivers to the winner over \$200 worth of items having a common theme. For instance, this month the theme will be Christmas. The spring theme will be Spring Cleaning—everyone's favorite. In addition, there are two 50/50 games: 30 games in all. Admission is \$5.00 for a basic package.

The Vigilant Hose Company Auxiliary is always looking for new members. If you are interested in

joining the Auxiliary, you can contact Joyce Glass at 301-271-7563 or Dot Davis at 301-447-2403. This is a great way to meet new people and make new friends; especially if you are new to the area.

The Vigilant Hose Company will be having their annual Christmas Tree Sale again this year. Keep an eye on the Emmitsburg Cable Channel for the announcement of the start of the Christmas Tree Sale.

As always the entire Vigilant Hose Company membership appreciates the support from the residents of Emmitsburg and the surrounding areas. We wish each of you a Merry Christmas and a Happy New Year as we head into the new millennium stronger and more united than ever!

Founder's Medal to Gianna Talone-Sullivan

Mt. St. Mary's College and Seminary announced it will award its Founder's Medal to Dr. Gianna Talone-Sullivan, Foundress of Mission of Mercy. Dr. Talone-Sullivan will receive the Founder's Medal on December 8, during the liturgy celebration of Patronal Feast Day of the campus and the nation. The medal is awarded annually to an individual or organization who serves as a significant model to others. Past recipients of the award have been Lawrence Cardinal Sheehan, Henry and Marion Knott, and Governor William Donald Schaefer.

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Summertime fun



Paul and Lillian Harner hosted a get-together on August 28 for some long-lost friends. A wonderful evening of shared memories produced a laugh-filled evening. The reunion of E-burg "boys" who grew up along Main Street during the 30s and 40s included (back row from left) Paul Harner, Bo Cadle, John Beegle, and Fred Bower. Front row from left: Jack McCleaf, Bob Gillelan, Brown McNair, and Chip Corl.

Photo courtesy of Doey and Bob Gillelan.

Yesterdays...the way we were.

At Scout camp (front row from left) are Kenny Keilholtz, Jack McCleaf, and Chip Corl. Back row from left are Bo Cadle, Jack Rosenwald and Bobby Gillelan.



Photo courtesy Ann and Jack McCleaf

Fund-raiser Scheduled for Finding Breast Cancer Cure

Michelle A Burton will be among the 400 Jazzercisers who will be performing during half time at the Atlanta Falcons-San Francisco 49ers Monday Night Football Game on January 3, 2000. The performance is a fund raiser for the Susan G. Komen Breast Cancer Foundation. The collective goal of the Jazzercise participants is to raise \$150,000 to help find a cure for breast cancer.

Michelle's grandmother, currently 90, lost a breast to cancer 19 years ago. Her aunt has recently undergone radiation following a lumpectomy. A neighbor was treat-

ed over 4 years ago and is currently cancer free while her son's orthodontist lost his wife to breast cancer at the end of September, leaving behind a 9-year-old son. Michelle's son Joseph is also nine years old.

If you have relatives, friends and/or neighbors affected by breast cancer and would like in some small way to help with the fight, Michelle would welcome your support. While her entrance fee and minimum pledges have been met and turned in, other donations would be a great help and appreciated. Checks can be made payable to the Susan G. Komen Breast Cancer Foundation

Service projects equal fun for Girl Scout troop 1088

By Shirley Greene

Service projects aren't always a lot of hard work. The Cadette and Senior troops recently found out that service projects can be a lot of fun. The New Midway Fire Department allow us at no charge, to use their building on the day the cookies come in. The building is filled to the rafters by noon but empty by evening as each troop picks up cookies. To help repay the NMFD for their generosity, different Cadette and Senior troops take turns helping to serve dinners at the New Midway Fire Hall. In October we helped to serve a dinner. It was work, but we had a lot of fun doing it And we got to eat afterward!

We recently received empty Christmas stockings from the Salvation Army. We are all having fun buying small gifts to fill them and hoping the children who receive them find them enjoyable. In October most of the troops in Emmitsburg went together and held a toiletries drive to benefit the Emmitsburg Food Bank in

honor of the birthday of our founder, Juliette Low. Two large boxes were delivered by the middle of November. We are now looking forward to helping out with crafts at the annual Lions Club Christmas party on Dec. 18.

The girls are currently working on their Child Care badge. They have learned about childhood development at different age levels. They also provided baby-sitting for the STEP classes held at the Emmitsburg Elementary School. Unfortunately no children showed up that night. They will try again in December. If we can be of any service to your organization, please don't hesitate to contact us.

Congratulations are in order for Lindsey Greene, our only Senior Girl Scout. She was the sophomore chosen to attend the HOBY Leadership Conference in April. I'm sure all the leadership experience from scouting had something to do with their decision. Great job, Lindsey!

A Chat in the Sun



Willowby and pal Pepper talk over the upcoming holiday season.

A Dispatch Photo

and mailed to Michelle at 750 Briars Bend, Alpharetta, GA 30004 through the end of December.

Michelle is the daughter of Mr. and Mrs. Leo M. Boyle, 332 East Main Street, Emmitsburg, and since her graduation from Berry College in Rome, Ga., has been living in the Atlanta area with her husband David and children, Joseph, Alison and Lindsey.

Personals

Mr. and Mrs. Leo M. Boyle of East Main Street have returned to their home after spending several days visiting with their daughter and son-in-law, Carol Ann and Tom Meiman and three children in the Upper St. Claire region of Pittsburgh.

More Memories

New mother and baby comforted by support of community

By Ruth O. Richards

Emmitsburg loves babies, or at least it did in the 1940's when our Kathy was born. On the day John brought Kathy and me home from Annie Warner Hospital, it seemed as if the whole of Main Street was in front of our house on East Main Street to welcome us.

Before I had gotten fully out of the car the employees of the bank were hovering around to get a glimpse of the baby. Not expecting such attention, I really was startled to see Alice Roddy jockeying to be first. There was no prize for being first, but if there had been Alice would have won it.

The next to get a peek at the baby was Frank Weant — a little more reserved about the intrusion, but there nonetheless, making his own cooing sounds. And not wanting to leave the bank unattended, George Wilhide waited until the others had returned to their windows before coming to express his modest congratulations.

I had never been enthusiastic about new babies, so I was startled to find that my own baby, whom I was enthusiastic about, was getting so much attention. As the days wore on others in the community came visiting, many of them bearing gifts of little pink things.

My experience with babies was minimal. I was eight years old when my youngest sister was born. I confess to you that I have no recollection whatsoever of that time of my life. She must never have cried. I don't remember her eating, or even remember where she slept, and no memory at all of diapers being changed or washed. I certainly must have had to help with her, or at least to have had some duties because of her. If I did, I have buried that part of my life deep within my psyche. Yet with this lack of experience I had every confidence that I could perform all these baby things with ease.

The normal maternity hospital stay in

the '40's was ten days and as with all new mothers then, I got to see my baby only at feeding times. Mothers had to stay in bed, so we couldn't even walk down to the nursery to see our babies. Seeing them in the nursery was reserved for the fathers. However, a couple of days before I was to go home, one of the maternity nurses confided in me: "Do you know that your baby cries all the time?" That remark quickened my pulse, but then I remembered that I had read several books on the care of babies, so I would take care of that when I got home.

Oh boy! I couldn't take care of it. My mother had come from South Dakota to help and after two weeks went home, tired and discouraged. That left John and me to be on a 24-hour regimen walking the floor, rocking, singing, anything—anything to quiet the little darling so we could at least take turns getting some sleep.

There was no formula that Kathy could keep down. We were boiling bottles and making formula at all times of the day or night. Often we would put her to bed between us, both of us holding the bottle. We'd drop off to sleep, the bottle would fall hitting her in the face, and she'd begin once more to cry. More than once we told her that if she didn't stop crying she'd never have any siblings.

We were told that Kathy's crying could be heard up and down Main Street, and why not? The windows had to be open because of hot weather and her crying was loud.

You might think that with all this wailing we would be left to deal with it alone. Not so: people kept calling, bringing gifts, wanting to see the baby. No one called ahead of time. One couple came insisting on seeing the baby right after we had induced Kathy to go to sleep. Despite my maternal pride, I refused. "Just a little peek." "I'm sorry, but no." They left angry and truly never spoke to us again.

We got lots of well-meaning and

friendly advice. "Your baby is cold; cover her up. It was a warm place where she came from. She needs something over her." "Have you tried paregoric?" (a tincture of opium sometimes used then, in teething, but not by me.) We were the ones that needed paregoric. "Don't rock her. That upsets her stomach." "Maybe you're feeding her too much." There was only one real doctor in Emmitsburg, but many sidewalk doctors.

In desperation, probably as much for himself as for us, Dr. Cadle sent us to a baby specialist in Frederick: "Old Dr. Baer," as Dr. Cadle called him. He was a gruff man who made me feel the inadequate mother that I was. His suggestion was, "Feed her every time she cries." Which we did. I'd like to be able to say that was the perfect answer. Things were better, but not perfect. As May turned into August, Kathy was three months old. She did stop crying for most of the day, and she slept at night.

I have strange feelings about that time of my life. My memories are not so much about caring for my newborn, as about the people who came to see us. Of them all, there are only two that I know of who are still alive: Margaret Wilhide, and Susie Eyster, who as a toddler came with her mother Charlotte. I'm wondering if anyone now makes "new baby" calls, or if that is just one other of the small town gestures of friendliness that have faded into the past.

Cougar News

By Marlene Tarr
Principal, Catocin High School

A number of activities are set for December.

The Athletic Department open their winter season with wrestling and basketball events throughout the month.

Through the combined efforts of the PTSA and the Guidance Department, our first College Fair will be held on December 8 between 5:00 -9:00 p.m. A television (donated by Routzahn's) will be raffled as a door prize for registered participants.

The Holiday Dinner-Dance is scheduled for December 10 between 7:00 and 11:30 p.m.

The annual Winter Workshop for kindergartners from our feeder schools and Mother Seton will be held during the day on December 15.

The Holiday Music Concert will be held on December 16, beginning at 7:00 p.m.

School will close on December 23 and remain closed through January 2 for the winter break.

In whatever manner you and your family celebrate the holiday season, the students and staff of Catocin High School wish you a Merry Christmas. Happy Hanukkah, Happy Kwanzaa, and a Happy New Year. May the year 2000 and the new millennium be full of peace, love and prosperity for all of us!

Were you among the chosen on Halloween night?

By Dolores Henke

The Emmitsburg Halloween Parade held on October 31, 1999 was led by the Honor Guard from the VFW Post 6658 and the American Legion Post 121. The parade drew a very large number of contestants and viewers.

Prizes in the various categories were awarded as follows: CUTEST winning number - 1st place, 18; 2nd place, 66; 3rd place, 281; UGLIEST winning numbers; 1st place, 347; 2nd place, 294, 3rd place, 268; MOST ORIGINAL 1st place, 255; 2nd place 276, 3rd place, 298; FUNNIEST 1st place, 303; 2nd place 22;

3rd place 308; BEST FLOAT 1st place, 13; 2nd place, 331, 3rd place, 26.

If any of the participants with a winning number did not receive a prize the evening of the parade, contact the American Legion.

Judges for the parade were Lois Hartdagen, president of the American Legion Auxiliary, Dolores Henke, secretary of the VFW Auxiliary, Dick Cullison, member of the American Legion, and Patrick Boyle, Town Commissioner.

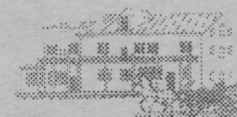
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Christmas traditions of old remembered

By Mike Hillman

Thanks to the Internet, I got all my Christmas shopping done already this year. A few weeks ago I received an e-mail advertising an exciting new web site called www.spendallyourcash-here.com that promised me a painless Christmas shopping season or my money back.

After logging in, I was asked to provide some details about my wife—you know, the usual stuff—her height, her age, the color of her eyes, her astrological sign, social security number, etc. This information was then used to categorize her likes and dislikes (based upon some high-tech research done in blind-study focus groups in Southern California) and before I knew it, my presents were chosen! I have to admit that I was impressed. I can't wait till Christmas to see what I got her!

Needless to say, I'm kidding. But as I ready myself for the annual ritual of battling crowds in shopping malls, I can't help but reflect upon the days of my father's youth, when budgets were tight. Back then gift giving and the holidays had a different flavor.

Many in our community can still remember a time when the Christmas season was part of a larger holiday season, a season that began with the fall apple harvest. With homes a little more spaced out than today, just about every

family owned an apple tree, and those who didn't, had friends who did. Everyone, from young children to old grandparents, participated in the apple harvest. Children retrieved the good apples that had fallen to the ground. Adults focused on the apples still on the tree, or at least the ones they could reach from a ladder, while young boys, eager to prove their manhood, risked life and limb to claim the solitary apple at the end of the tallest branch.

Back at home, the apples were separated in preparation for pressing, with those hosting worms set aside for the paring knife. Next children would methodically remove every stem, lest it add tartness to the sweet juice they all savored. Throughout the day, the pressing would continue. The juice which escaped the eager lips of children was captured and stored in wooden kegs where, with time, it would be transformed into apple vinegar for canning vegetables, or hard cider for warmth in the cold months that were sure to follow.

Times being tough, nothing ever went to waste, and that included the remains of the apple pressings in the vats. Called "pummies," they were a favorite treat of farm animals of every shape and size. The smell of the wagon that bore "pummies" was known to every animal

in the valley, and its approach would generate a stampede to the fence line. And as farmers smiled, their animals licked their lips in anticipation of their favorite yearly treat.

No sooner was the cider safely stowed away than attention was turned to the next harvest, that of the popcorn. Planted in gardens early that spring, it

Many in our community can still remember a time when the Christmas season was part of a larger holiday season, a season that began with the fall apple harvest.

had been tenderly cared, usually by the youngest of the children. No matter how small one's property was, there always seemed to be room for a few rows of popcorn. Once dried, the corn was shucked, cleaned, sorted, and stowed away for those special weekend family nights in front of the fire.

The first frost of the season marked the beginning of the annual nut harvest. Lugging containers of every shape, children descended upon every walnut and hickory tree they could find. After foraging about for all that could be plundered, they looked madly for someone to rend them asunder. If they were lucky, they would find someone obliging who would make quick work by crushing their catch with a car's tire. For those who were unlucky, only a hammer would reveal their haul's tasty treasure. No matter how hard the work might have been, tired arms and sore muscles were soon soothed by the taste of nuts in warm cookies, and plates of them at that.

Where today Thanksgiving marks the "official" beginning of the gift-buying season, by Thanksgiving in days gone by, mothers were putting the finishing touches on sweaters, mittens, and hats, colorful dresses and plaid pants and shirts, that would be revealed to sparkling eyes for the first time under the Christmas tree. Fathers toiled late into the night on finely decorated rocking horses, knickknacks, and wooden wagons of every shape and size.

For those who had money, which were few, and well as those who didn't, it was traditional to descend upon the old Fairley's Store to do one's Christmas shopping. A favorite gathering place to catch up on the day's events, adults gave the store a wide berth in the afternoon, lest they be overrun by the horde of wide-eyed children descending upon the store after school to "ooh and aah" at the Christmas gifts laid out in the usually vacant second floor.

It was hard not to catch the Christmas spirit. Christmas decorations were every

where. Store fronts were decorated with loving care, and households competed with each other with a zeal usually reserved for rival baseball teams. Streetlights were wrapped with silver lace and fir. Upon the electric wires hung bells and other signs of Christmas cheer.

Merrymaking and kinship were the order of the day. Neighborhood children descended upon friends, decked out in costumes that brought smiles and laughter to all that they passed. Children embarked upon "kriskringling," as it was called, at the start of their two-week Christmas. Sneaking up with care lest they wake their prey, they would surround their victims' house and, raising their voices in unison, try to wake the dead with shrieks and squeals. The quarry of the night would rush to the door, and to silence the roar, would invite them all in. After guessing who the culprits might be, they would indulge them with fresh cider, hot cookies, and candy.

Much to the merriment of children wide and far, Santa never failed to stop in our town. Arriving on a sled if conditions were favorable, he would greet each child individually, with a twinkle in his eye. After listening attentively to their lists of desires, he would release them to helpers who had baskets of plenty. From there they would run to the fire house nearby, where they could fill their bellies with hot soups and confectionery wonders. With stomachs stretched full, they were headed down the street, to the cinema. There in the dark they marveled at the screen, and dreamed of futures that would be real one day.

Christmas Eve activities began at first light. Fathers, on a rare holiday, sharpened their axes and, with their small charges in tow, set out for the perfect tree. After much careful studying and many second guesses, a cedar tree was selected and dragged back to town. Once safely inside, children quickly went to work. The fire was stoked, and a frying pan found, and soon the sound of popping of corn was all around. Needles which had grown dull through the years, once again found themselves held by little fingers. And while they could no longer stitch or darn yarn, they served their new masters in their efforts to string popcorn.

With socks securely hung, children were headed off to bed. When safely in bed, but not quite asleep, fathers and older brothers would steal secretly outside, climbing carefully and slowly, ensuring not to make a sound. Positioning themselves near the windows of the young, hoof beats were made and sleigh bells would be rung. A hearty "Merry Christmas" was all that it would take to send wide-eyed children running in hopes of spying their Christmas take.

(See TRADITIONS on Page 14)

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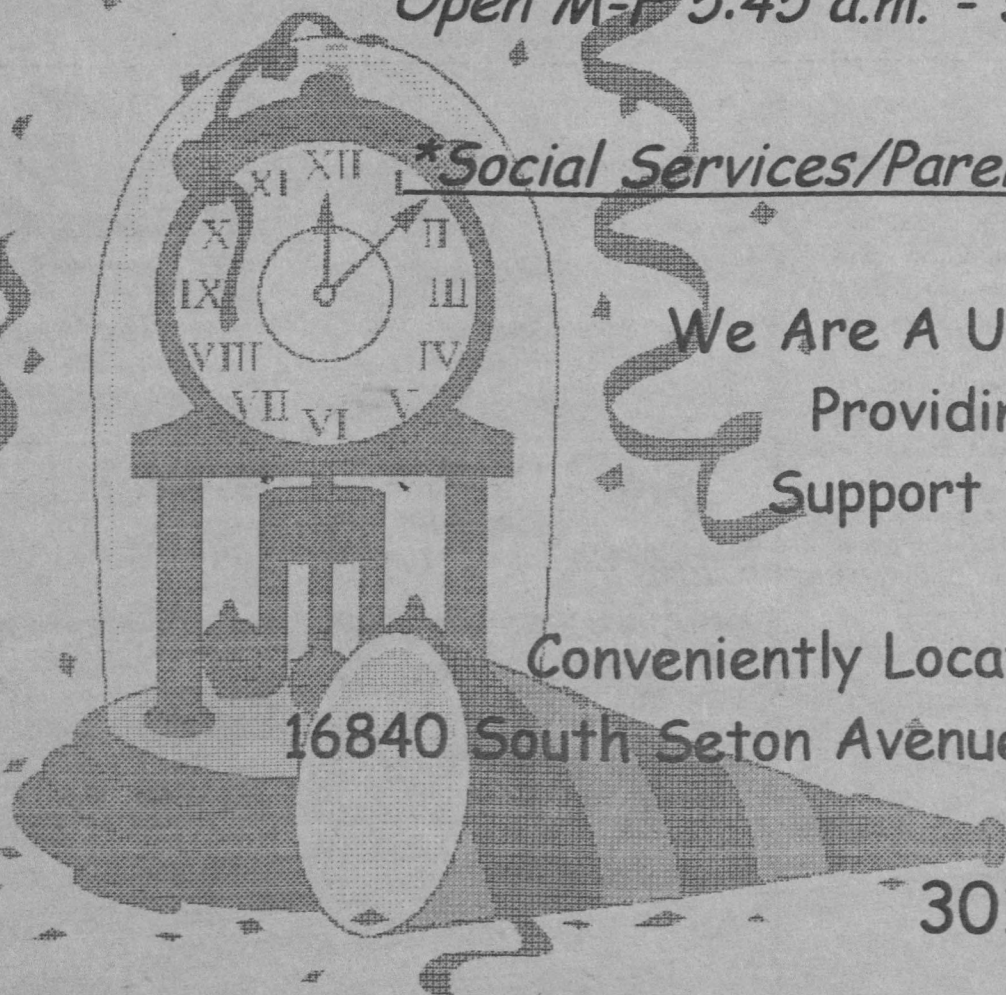
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Holiday shipping tips

The Village Mailroom, located in the Towne Center in Fairfield, offers the following useful tips for shipping gifts.

Packaging with care

Use a sturdy corrugated box, large enough to allow room for cushioning materials *on all sides*.

If reusing a box, make sure it is in good condition—rigid and with no punctures—and has all flaps intact. Remove or obliterate old shipping labels and addresses.

Protecting contents

On the bottom and each side of the box use at least two inches of cushioning material such as bubble pack, peanuts, or crushed or shredded newspaper. Wrap individual items in cushioning materials.

Place items in box, allowing room on each side of the box for at least two inches of non-shifting cushioning material. Put corrugated cardboard on the top layer of cushioning to reinforce the stability of the outside box.

Fold flaps down and shake the box. If items move or rattle in the box, add more cushioning material to prevent damage from shock or vibration while en route.

For fragile or glass items the rule of thumb is "package a box inside a box." Individually wrap item with cushioning and place it in a separate box. Place this box inside another box which is large enough to allow for cushioning material on all sides.

Sealing box

Place destination address information *inside* the box. Do not wrap box with

brown paper or a grocery bag. Such paper can get caught in automated equipment, tearing off address and resulting in a lost package. Use pressure-sensitive plastic or reinforced strapping tape. Cellophane, masking, or duct tape should be avoided. Do not use string, twine, or rope.

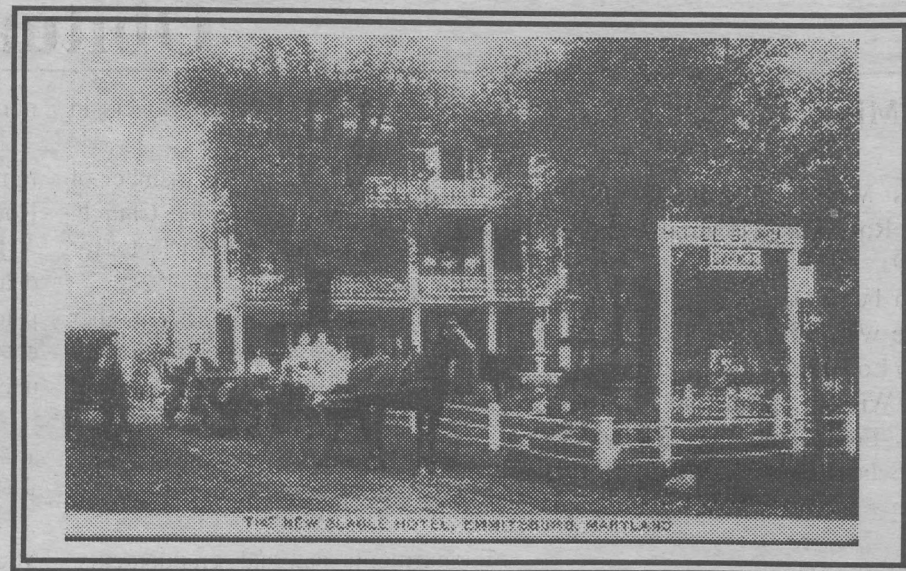
Addressing box

Use an address label, 3 x 5 card, or sheet of white scratch paper of similar size. Affix to box and cover completely with pressure-sensitive plastic tape. A waterproof permanent marker can be used to write the address directly on the box. Address box on one side only. Additional addresses, even when the same, can cause delivery delays. Verify address. A complete, accurate, and legible address helps to ensure timely delivery.

Address information includes: name, street address, (UPS & Fed Ex cannot deliver to P.O. box addresses), and zip codes. Telephone numbers are very helpful for rural addresses. Place address label on the top of the box, away from seams and sealing tape. Check one more time for old shipping labels and duplicate addresses. It's always a good idea to place an additional address label inside, in case the outside label becomes unreadable.

Shipping

Ship early. A convenient alternative for packaging and shipping is using a nearby mail and parcel center. Having the package arrive in good shape is well worth the small fee charged by the experts.



Recognize this place? Historic hotel recalls bygone era

Do you recognize this place? Currently known as the Emmit House, which accommodates a few apartments and a real estate office, this photograph shows a bygone era when this building was the Hotel Slagle. Several buggies and an old car wait patiently in line, perhaps to enjoy a leisurely ride through town.

This photograph helps to remind us of a more peaceful, relaxed time in our history. A time when people knew their neighbors and took advantage of the opportunities to help each other out when needed. It was during these times

that people did not need to worry about locking cars, locking homes, or walking alone at night.

During these days when our lives get so hectic and rushed, and people all around us are feeling as if the world owes them, and the holidays are making people angry rather than joyous, perhaps then we need to look back at how things used to be. And maybe by slowing down life's pace just a bit, we will be able to be thankful for the things in life that are really important.

Thank you to Mr. & Mrs. Harry Kramer for the use of their photograph.

Traditions

(Continued from Page 12)

in hopes of spying their Christmas take.

The run to the Christmas tree was always nipped in the bud by mothers and big sisters, who grabbed them with hugs. Returned to their room and sent back to bed, many prayed themselves asleep, begging God to hurry their night.

With the day's excitement now mostly spent, parents got a chance to set back and rest. For those without children, visits to friends and family were the order of the day. Cider, now hard, was retrieved from its keg, and with it callers were toasted, till late in the day.

Christmas was for everyone, and that included pets, who found treats of all sorts in their bowls and their beds. Those that were held special, everyone did know, for they were decked out in bows of silver, blue and gold.

Children arose early and tried to sneak peeks at the bounty that had been left while they slumbered through the night. With the word from sleepy parents, they descended in a fright. Presents of all sorts were opened with zeal, with little heed being paid to their attached notes of

good will. When every gift was opened, and the thank-you's all done, everyone dressed in their finest and headed into town. Joining family and friends, and neighbors all around, they listened in awe, about a child born to save each and all.

While Christmas for most is a time of good cheer; it is not always so, especially if you have lost someone dear. So in this season of hustle and bustle, please pause to remember, that we are all sisters and brothers. Turn not away when someone needs help, but do as the Christ Child would; lend your hand and your heart.

As I reflect upon future things that might be, I find myself reciting an old English poem. While its message is applicable any time of the year, it seems most fitting now that winter is near.

*Amidst the freezing sleet and snow,
The timid Titmouse comes;
In pity drive him not away,
But scatter out your crumbs.*

*And leave your door upon the latch,
For who so ever comes;
The poorer they, more welcome give,
And scatter out your crumbs.*

*All have to spare, none are too poor,
When want with winter comes;
The loaf is never all your own,*

So scatter out the crumbs.

*Soon winter falls upon your life,
The day of reckoning comes;
Against your sins, by high decree,
Are weighed those scattered crumbs.*

Merry Christmas

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Obituaries

Miss Mindy Lookingbill

Miss Mindy Lookingbill, 19, of Baptist Road, Taneytown, died Friday, Nov. 19.

Born Feb. 20, 1980, in Gettysburg, Pa., she was the daughter of Candace Vaughn Lookingbill of Taneytown, and the late William M. Lookingbill.

Miss Lookingbill attended Mother Seton School and St. John's Literary Institute at Prospect Hall where she was on the cheerleading squad and dance squad for the Vikings.

She was a member of the Youth Leadership Conference in Washington, an Annapolis state page, and was in the drama club. She was a member of the "Star Dancers" squad for Debra A. Lewis Dance Studio.

She was a sophomore at Mount St. Mary's College, majoring in sociology.

She was employed by Roy Rogers in Thurmont.

Miss Lookingbill was a member of St. Joseph's Roman Catholic Church, Emmitsburg, where she was a lector for several years.

Surviving in addition to her mother are two brothers, Roy Lookingbill of Emmitsburg, and E. Michael Lookingbill and wife Kim of Austin, Texas; one nephew, Michael Robert Lookingbill of Emmitsburg; maternal grandparents, Earl and Mildred Vaughn of Thurmont; paternal grandparents, Allan and Lois Marcum of Jarrettsville; four uncles, Tom Vaughn and wife Jamie and daughter Jade of Emmitsburg, Terry Vaughn and wife Lori and children Ashton and Joshua of Littlestown, Pa., and John Vaughn and wife Laura and sons James and Dan of Emmitsburg; a sister-in-law, Denise Lookingbill of Emmitsburg; and

numerous aunts, uncles and cousins.

Miss Lookingbill will also be remembered by the Damskey family of Rocky Ridge.

Miss Lookingbill was preceded in death by a sister, Trista Marie Kuhn; her paternal and maternal great-grandparents; and several great-aunts and great-uncles.

A Mass of Christian Burial was held at 10 a.m. Wednesday, Nov. 24, at St. Joseph's Catholic Church, Emmitsburg, with Miss Lookingbill's pastor, the Rev. Michael J. Kennedy, as the celebrant.

Interment was in New St. Joseph's Cemetery, Emmitsburg.

Miss Trista Kuhn

Miss Trista Marie Kuhn, 16, of Baptist Road, Taneytown, died Friday, Nov. 19.

Born April 20, 1983, in Gettysburg, Pa., she was a daughter of Eugene Garland Kuhn of Emmitsburg, and Candace Vaughn Lookingbill of Taneytown.

Miss Kuhn attended Mother Seton School, Emmitsburg. She had danced for Debra A. Lewis Dance Studio, Thurmont.

She was a junior at Francis Scott Key High School, Union Bridge, where she was an honor student. She worked for Cunningham Falls State Park, Thurmont.

Miss Kuhn was interested in computers and computer designs.

She was a member of St. Joseph's Roman Catholic Church, Emmitsburg. She was also a member of the Teen Life youth group and was the lector during their masses.

Surviving in addition to her father and mother are two brothers, Roy Lookingbill of Emmitsburg, and E. Michael Lookingbill and wife Kim of Austin, Texas; one nephew, Michael Robert Lookingbill of Emmitsburg; maternal grandparents, Earl and Mildred Vaughn of Thurmont; paternal

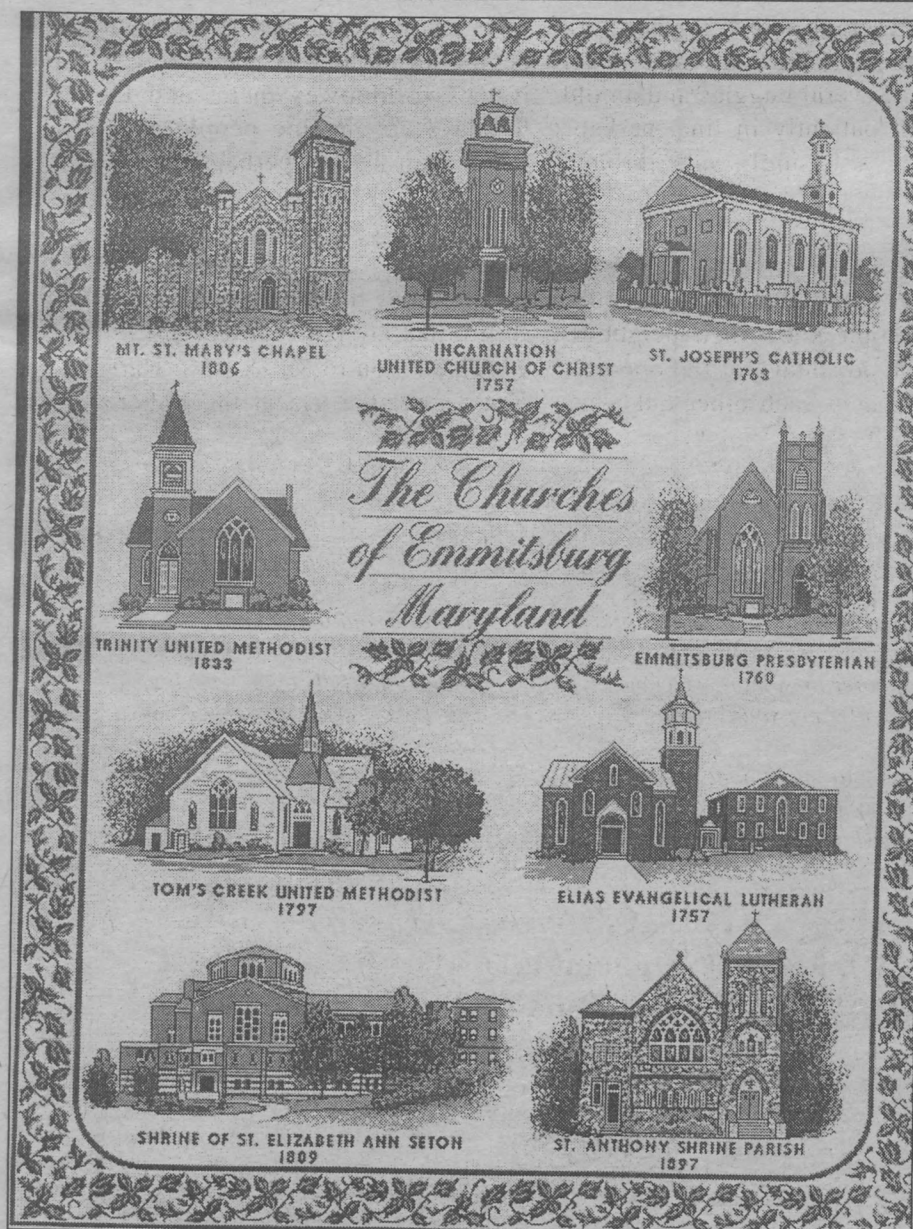
grandmother, Sarah Kuhn; four uncles, Tom Vaughn and wife Jamie, and daughter Jade of Emmitsburg, Terry Vaughn and wife Lori, and children Ashton and Joshua of Littlestown, Pa., and John Vaughn and wife Laura and sons James and Dan of Emmitsburg; three aunts, Judy McIntyre and Eugenia Fisher, both of Sabillasville, and Carmella Kuhn of Fairfield, Pa.; a sister-in-law, Denise Lookingbill of Emmitsburg; and numerous aunts, uncles and cousins.

Miss Kuhn will also be remembered by Crystal Winebrenner of Littlestown.

Miss Kuhn was preceded in death a sister, Mindy Kay Lookingbill; her paternal and maternal great-grandparents; and many great-aunts and great-uncles.

A Mass of Christian Burial was held at 10 a.m. Wednesday, Nov. 24, at St. Joseph's Catholic Church, Emmitsburg, with Miss Kuhn's pastor, the Rev. Michael J. Kennedy, as the celebrant.

Interment was in New St. Joseph's Cemetery, Emmitsburg.



Elias Lutheran Church is selling coverlets depicting the nine churches of Emmitsburg. We hope to have them available for sale at our Christmas Bazaar of Dec. 4, but will definitely have them by Dec. 10.

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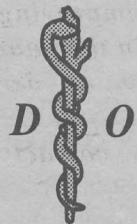


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Have fun and stay fit:

your survival guide for the holidays

BY LINDA STULTZ

We all know the holidays are the hardest time of the year to lose or maintain your weight. Don't be afraid of those holiday parties; embrace them. When you go to a potluck or covered-dish social, take a dish that is healthy and part of your food program. You will probably be surprised at how glad others will be that a sensible, good-tasting, low-calorie dish is available.

Plan your day around the social. Don't starve yourself all day so you can have all you want that night. It doesn't work that way. Your body will hold everything because it will think you are not going to replenish its nutrition. Eat sensibly during the day. Start the day with a good, balanced breakfast of protein, carbohydrates, and fruit. At lunch, eat fruit and load up on the low-calorie veggies. This way, you are giving your body fuel to make it through the day but still keeping the majority of the intake for later. Late in the day is not the best time to eat your big meal, but once in a while, on a special occasion, you can get away with it.

While at the event, don't deprive yourself if you really want something. Take a small portion or even share a bite from someone else. Sometimes you discover it really doesn't taste as good as it looks. If you don't try it, the thought of it will haunt you all evening and you may end up eating much more than you want. Another caution is not to let anyone (moms are really good at this) "guilt" you into trying some of every pie or every dish. You can still protect your health without hurting feelings.

Ask if you can take a piece home for later instead of stuffing yourself now. That way you can enjoy it because you will really want the treat instead of just eating it to please someone else. Wanting to take someone's dish home for later is a great compliment to the cook.

The following day should also be a well balanced day of nutrition. Try to get your big meals in at breakfast and lunch and take it easy for dinner that night. This should get you back on track with your food program without adding any extra pounds. Maintaining your weight over the holidays is a sensible goal to set. If you plan on losing weight, this is not the best time to start. Most people can't resist the variety of holiday foods. Don't think you've blown it if you eat more than you planned; get right back on your program.

Along with concentrating on the food over the holidays comes the exercise. Many people find themselves stressed because of shopping and the many other details that go hand in hand with the holidays. Exercise is a major part of maintaining your weight. Exercise is also a major part of reducing and controlling stress. It is a great release for the hectic rush and the pressures of the season. I realize how hard it is to find time to exercise at any time of the year, especially during the holidays. It is extremely important to make time for yourself because you are the only one who can take care of yourself. You deserve to feel the best you can both now and in the future. A regular exercise schedule is beneficial to you both physically and mentally, but during the busy rush of the holi-

days, even a short 10 to 15 minute period is better than nothing. Use the stairs instead of the elevator, park further out (it may also save your car from scratches), do some calf stretches while in the checkout line, make extra trips to your car with packages instead of carrying them all day. Do anything that will give you extra exercise.

• Keep Moving! You'll be glad you did!

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Linda Stultz Fitness Training specializes in improving your health now and in the future. For more information on personalized programs, gift certificates, or any questions, contact her at 717-334-6009.

Millennium Prayer - One Moment of Prayer

by Lolly Polvinale

As we enter the 21st century, we are ending one time period, and more importantly, beginning a new era. Always, Beginnings and Endings—the infinite cyclical nature of all life! A time of transition so enormous that we seem to be treading on eggshells, with trepidation in our minds and hearts.

Yet, we have the power to generate positive changes, and create intentional lives. After centuries of scientific observation and experimentation, we are now exploring and discovering a new experience of the deeper mysteries of the universe, and human consciousness. We know that we are all inter-connected, a universal community, soulfully aware of each other, and spiritually necessary to every other being. So, why not begin at the beginning as we welcome the millenium!

The Beginning was the Word...and so what is more appropriate than coming together [intentionally] in prayer to herald a joyous, new birth? A sacred minute that most of us will never experience again! An opportunity to join together with others who are committed to a common vision of peace, freedom and spiritual upliftment of our planet. At one minute before midnight on December 31, 1999, join hands with those around you and together give thanks for all we have, and express your willingness to seek peaceful, compassionate, and loving solutions to our world challenges. Spread the word to everyone, together with intention and prayer we can make a difference in our world. May your holidays be filled with peace and blessings! [There is a website that is organizing this Moment of Prayer.... www.celestinevision.com.]

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Rocky Ridge News

BY EMMA KEENEY

Birthdays for December: Happy Birthday to Carl Setherley, Erin Eiker, Betty Ann Moser, Joann Wetzel, Carole Larue Summers, Donald Lee Brown.

During a recent worship service, the Mt. Tabor U.C.C. received a gift of \$125 from the Mt. Tabor Youth Group. The presentation was made by Josh Ballew, treasurer of the group.

Travis Sanders and Melissa Sharrer, students at Catocin High School, were accepted into the National Honor Society.

A Halloween party was held October 20th at the Mt Tabor Activity Building. Kenneth Sharrer welcomed everyone. Costumes judged winners were the following:

Age 20+

Prettiest - Gypsy Shirley Greene
Ugliest - Old Lady Emma Lou Harris
Most Original - Farmer Pat Haines
Scariest - Messenger of Doom

Janette Thomas

Ages 12-19

Prettiest - Princess Lindsey Greene
Ugliest - Martian Renee Seiss
Most Original - Cow Glenn Haines
Scariest - Cave man Melissa Sharrer
Prettiest - Little Freak Kathleen

Ballew

Ugliest - Ghost Cody Wolfe
Most Original - Mega Man Bradley
Scariest - Grim Reaper Matthew

Keilholtz

Decorated Pumpkin contest winners:

Ages 6-9: Scariest - Jeanette Miller; Funniest - Brian Eckenrode

Ages 10-14: Scariest - David Cockerill; Funniest - Cody Wolfe; Prettiest - Kathleen Ballew; Most Detailed - Bethany Wolfe; Most Creative - Brittany Miller

Ages 15-18: Most Detailed - Lindsey Greene and Trevis Sanders; Scariest - Melissa Sharrer

Ages 19+: Most Detailed and Most Edible: Burneda Russell; Scariest; Shirley Sharrer; Funniest - Ed Ballew

After the judging, the youth group conducted a tour of the "haunted basement," creating many thrills and chills. Finally, delicious refreshments were served.

December events for Mt. Tabor Lutheran and U.C.C. churches:

Dec. 5, 9:30 a.m.: the first Advent service. Gloves, hats, and socks will be collected for the mitten tree for the needy which the U.C.C sponsors every year.

Dec. 5, 10:30 a.m.: Sunday School for all ages.; **Dec. 5, 12 noon:** Congregational luncheon; **Dec. 5, 1:00**

p.m.: Congregational meeting, including election of officers and voting on budget.;

Dec. 11, 7:00 p.m.: Annual Sunday School Christmas Party;**Dec. 12, 9:30 a.m.:** Lutheran Worship with Holy Communion; **Dec. 12: 10:30 a.m.:** Sunday School;

Dec. 12, 7:00 p.m.: Youth Group Candlelight Hymn Sing

Dec. 19, 9:30 a.m.: U.C.C. Worship

with Holy Communion

Dec. 19, 10:30 a.m.: Sunday School

Dec. 24, 7:30 p.m.: Christmas Eve program

Church of Brethren News

Dec. 5, 5:00 p.m. Social, 6:00 p.m. Program.

Dec. 12, 7:00 p.m. Candlelight service

Dec. 19, 7:00 p.m. Children's pro-

gram

Happy birthday to Frank Free, Donna Ritchie, Kathy Peters, John Wantz, Jean Knipple, Ralph Rice, Heather Crone, Wilbur Smith, Mary Portner

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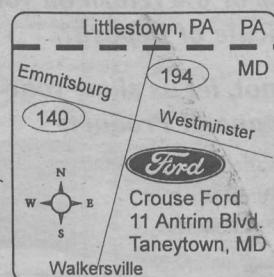
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St. Anthony Shrine/OLMC News

By Ann H. Marshall

The Knights of Columbus sponsor high school and college scholarships for Catholic students. See the bulletin board in the back of the church for a summary of programs and eligibility. Applications are due by March 1, 2000.

Adoration of the Blessed

Sacrament is held at Our Lady of Mount Carmel Church every Monday evening from 7:00 to 8:00 o'clock. There is a special intention during each prayer hour. November intentions were for peace and justice in the world, the K of C Family Hour of Prayer, parents who have lost a child, children who have lost parents.

A List of Experienced Babysitters will soon be published by the Youth Ministry Office. Any teenager (or older) interested in earning extra money while helping new and established families in our parishes is invited to call 301-271-4099 immediately.

Mrs Yvette Leith, Coordinator of

Youth Ministry, invites parents of young people (age 7-17) who have not received the sacraments of Baptism, First Holy Communion, First Penance, or Confirmation to contact her at 301-271-4099. Mrs. Leith will be glad to explain the faith process and the preparation schedule for Christian initiation.

Forgotten Something? If you need to review and update your understanding of your Faith, consider attending four meetings for adults on the following topics. Importance of Prayer, December 6; Reviewing the Sacraments, December 20; The Ten Commandments, January 7; Reconciliation, January 31. Meetings are at St. Anthony's Upper Hall from 6:30 -7:45 p.m. You may call 301-271-4099 for more details or just show up. Bring a friend. Attend one or all.

Food for the Thurmont and Emmitsburg Food Banks is collected by our parishes each third week-end of the month. Just place your nonperishable donations in the back of the church.

It's Not Too Late to enter your child in First Communion Classes which began on November 29. All children need to have been baptized and to have completed first grade Religious Education in order to be enrolled in this sacramental preparation program. Please call 301-271-4099 for further information.

Protest Objectionable TV Programs by making a toll-free call to 1-800-TV-Count. Our parishes feel that this action is a Christian responsibility. The **Parents' Television Council** will relay your comments on content, language, clothing to the producers of the program and to TV stations. This reporter has protested the constant, casual use of the Lord's Holy Name to express surprise, dismay, disbelief, excitement, etc.

The Youth Ministry Office has scheduled an evening of fun at Mount St. Mary's ARCC on Thursday, December 16, 6:30 p.m. -8:30 p.m. This event is for students in grades 7-12, Friends in that age range are welcome. The cost is \$3.00 per student and activities include basketball, wallyball, swimming, etc. Call 301-271-4099 for information.

(See ST. ANTHONY on Page 22)

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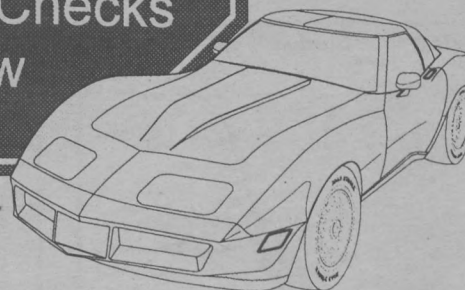
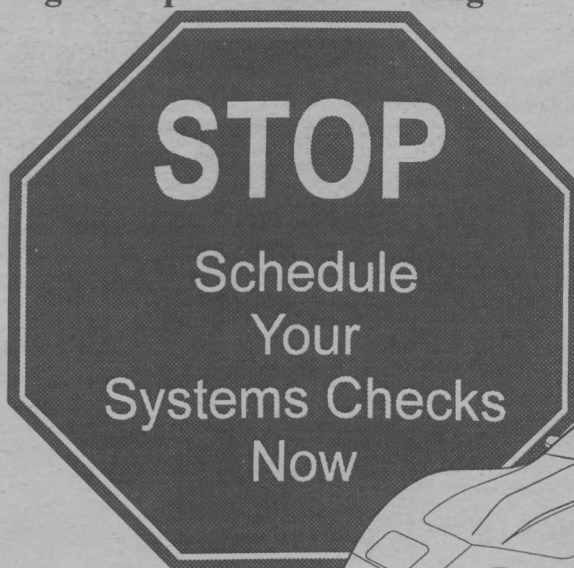
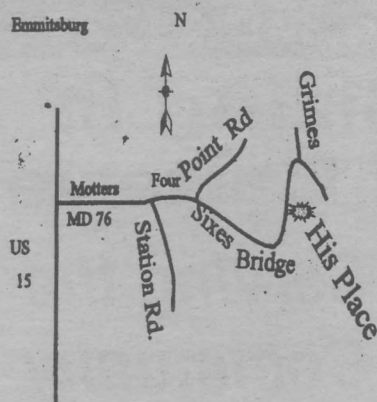
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Pet Health

Even for adult pets, benefits of vaccines outweigh risks

BY BECKY CLARKE

Oh, no, the dreaded vaccines for your pet are due! The household debate goes on: should we vaccinate him/her?" "But, he never goes outside." "He's healthy, so he doesn't need vaccinations." Whoa ... stop the debate. Let's learn the importance of vaccines.

Every pet owner should know the importance of vaccinations. As a responsible pet owner you want to keep your pet free of disease and illness. Vaccination provides your pet with the best possible protection from several diseases.

Pets are exposed to a multitude of disease-causing organisms by ways that include close contact with other pets (i.e., sniffing other pets or walking where other infected pets have been), exposure to pets that are sneezing, coughing, having vomiting or diarrhea, etc. Also, people can spread diseases to healthy pets by contact with infected pets or fluids from infected pets. Simply petting an infected animal, then a healthy pet, without washing can spread disease. This is particularly true with parvovirus and ringworm.

Some bacteria, viruses, and fungi will live in the environment for very

long periods, making it easy for pets to come in contact with diseases without ever touching another animal or person.

When an animal is exposed to these infectious organisms, the immune system naturally "kicks" in to prevent infection by forming antibodies. These antibodies then fight off the invading organisms. This is where vaccines come into play. Vaccines are given to make the immune system produce antibodies or "memory cells" specific to a particular disease, e.g., rabies, distemper, parvo. In this way, vaccines prepare the immune system to be ready to

stop infection when the "real" disease strikes. Vaccinating does not mean (See VACCINE on Page 21)

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Family Health

Educator offers 'Daddy Strategies'

BY ROSE BERDAHL

Presently "Dad talk" in the media or across the kitchen table is peppered with the academic buzz words "father involvement," or more simply stated, *dads who color with their kids*.

Today the jury is in and the debate of whether dads count is over. The verdict is that they not only count, but they are crucial.

Most fathers believe family is important and they do want to learn how to "color" with their children. With this resurgence of interest is a growing sense of confusion and deep conflict.

Fathers are experiencing:

- Difficulty in reconciling employer and peer pressure "face time" at work with "face time" and involvement at home.
- Determining a parenting style/discipline plan that correlates with that of spouse or mate.
- Understanding child development.
- Prioritizing personal, marriage, and

family commitments.

- Recognizing father involvement areas and what effect they will have on the children.

Hochschild, in his book *Second Shift*, describes this conflict and confusion for fathers as the invisible dilemma because men have been taught to bury emotional conflicts in their lives. He says, "If we find it hard to admit we are lost on the highway, how much harder to admit we are lost in the important area of our lives and our families."

To head off this invisible dilemma consider the following:

While traveling and lost on the highway, men most often give to their spouses or mates the "privilege" of asking directions. This may explain why fathers are often not participants in parent education, leaving the mother to keep up with the research in child development. By contrast, men traveling in a car have no qualms about asking for or using a road map. Nor do they hesitate in planning their career/occupational pathways

by setting obtainable goals.

Such a plan can easily be transferred to a "fathering map." This "daddy strategy" can do much to eliminate confusion and conflict. Once a father recognizes the value of planning a fatherhood road map, he may implement it himself or seek education and support. Whatever method is chosen, a prerequisite to

(See DADDIES on Page 21)

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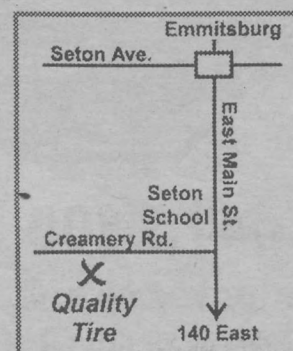
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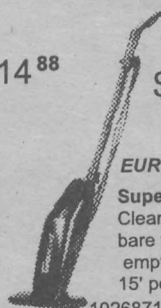
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Vaccine

(Continued from Page 20)

your pet will never get sick. It is only meant to "assist" your animal's immune system in fighting disease.

The fact that you had your animal vaccinated when it was a baby, does not mean that it's done. You must continue vaccinating at different intervals throughout its life, due to declining immune response over time. Vaccine intervals will vary depending on risk of exposure, type of vaccine used and age and/or health of your pet. Your veterinarian will guide you with the right intervals between vaccines.

Although there are some risks with vaccinations, they are rare. The most common side effects are low-grade

fever, depression or decreased appetite. However this usually only lasts about 24 hours. Sounds familiar, huh? ... the same things humans experience, after getting their "flu" or "tetanus" vaccines, and babies with their shots! The reason for this is simple: the body detects something "foreign" to its system and in some animals or people the body reacts. There is also always a slight chance of possible "allergic reactions" to the vaccine components, where the pet has some facial swelling or hives, similar to what happens with a bee sting. This is more serious and requires the attention of the veterinarian. The benefits of protection easily outweigh

the risks of vaccine reactions. I like to think of it as I would my children's vaccines ... it's cheap protection! And just as it is required for children to go to school, it is required for animals to have vaccines to be at veterinary/ani-

mal facilities. And don't forget rabies vaccination is state mandated. Now, with that explanation, you should be able to stop the debate, load the pet in the car, and head to his doctor's appointment.

Daddies

(Continued from Page 20)

success is open family communication. No sensible father would take his family on a significant journey without telling them why or where they are going. Fathers who desire to "color" with their children without conflict or confusion will find planning, education, and communication the keys to this wonderfully rewarding and attainable goal.

Rose Berdahl, M.Ed., is a Parent Educator for E.S.C.A.P.E.

Births

Congratulations to these proud parents:

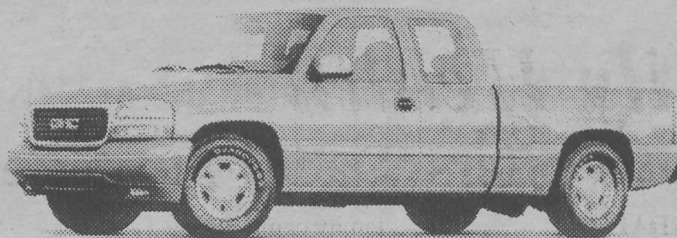
Sheryl and Wayne Bradshaw, Emmitsburg, a daughter, October 25,

Kimberly Bussary and James Hanvey, Emmitsburg, a daughter, October 25.

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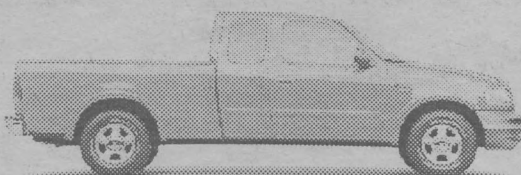
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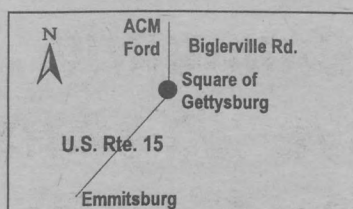


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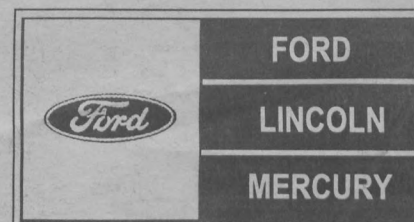
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St. Anthony

(Continued from Page 19)

The Youth Christmas Choir will continue to practice at OLMC once each week from 7:00 until 8:30 p.m. Dates are Tuesday, December 7 and Wednesday, December 15 and 22. The choir is eager to recruit new singers. To join this happy group, call 301-271-4099.

Congratulations. Our Lady of Mt. Carmel Parish welcomes into the Catholic community of faith,

Victoria Elizabeth Seiss, daughter of Brian and Kimberly Seiss, who was baptized on Sunday, November 21, 1999.

Parishes Unite for Y2K

Representatives from Catholic parishes in Central Maryland, includ-

ing St. Joseph's and St. Anthony's, Emmitsburg, and Our Lady of Mt. Carmel, Thurmont, met recently to plan for the Jubilee Year. Each church member will be asked to make a millennium pledge to: *Pray* regularly for greater justice and peace, *Learn* more about Catholic social teaching, *Embrace* each other across artificial barriers, *Live Justly* in family life, school, work, politics, and marketplace, and *Advocate* pub-

lic policies that protect human life.

Each parish community will decide how to implement the pledge. Activities may include speakers, educational efforts, liturgical events, and greater volunteering for social justice ministries. The Central Maryland parishes dedicate their efforts to the memory of the late Bishop Francis Murphy, Vicar of Western Maryland, who died in September.

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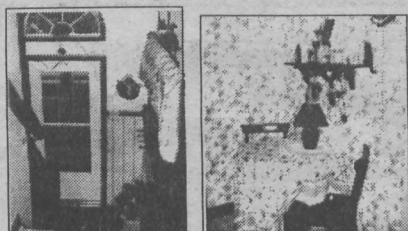
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Something to Eat

Baking bread is old-fashioned tension tamer

BY JACK DEATHERAGE, JR.

I've often wondered how Mom, having borne six children, managed to keep her sanity. Of course trying to educate and civilize us over 45 years has driven her nuts. And that leads me to bread.

I doubt that Mom ever heard of Bernard Clayton when she was making bread in the early 1960s. She doesn't remember the oven or the recipe that made the walnut-brown loaves I loved. I suspect the five kids in the house at that time were taking their toll on her. If the oldest weren't fighting or getting into some other trouble, the youngest was bawling to be fed or changed. And the laundry always waited. Perhaps Mr. Clayton met women in Mom's situation, because he wrote in the introduction to his *Bernard Clayton's New Complete Book of Breads*, 1967 ed.: "Don't baby the dough. Break the kneading rhythm by occasionally throwing the ball of

dough down hard against the surface. Wham! Bam! Don't gentle it. Smack it down hard. It loves it!"

I seem to recall Mom smiling while she worked the dough for the weekly bread. I suspect she named each ball of dough after whichever child was causing her the most aggravation that day. "Jack Junior, you didn't pick up your clothes this morning." Bam! Against the counter went the dough. "Michael Allen, stop teasing Mary!" Wham! Went her fist into the dough ball.

Without my tweaking, this recipe can be found in the *Great American Home Baking* collection. Mom would have loved it.

1 cup of warm milk, a half stick (1/4 cup) of melted butter, 3 & 1/2 tablespoons of sugar, 1 & 3/4 teaspoons of table or sea salt, 1 packet of yeast, 1 cup of warm water and 5 to 5 & 1/2 cups of unbleached (King Arthur) flour. A sec-

ond stick of butter for the finished loaves.

Mix warm milk, melted butter and salt in a bowl. In a large bowl dissolve sugar and yeast in warm water, letting stand until foamy. Add the milk mixture and stir in 3 cups of flour. Add half cups of flour until the dough becomes too stiff to stir. Turn dough onto a counter and begin kneading in the small amounts of flour until the dough is no longer sticky and becomes elastic, (or until you get tired, which usually happens to me first.) As you knead, occasionally punch the dough, pick it up and slam it hard on the counter, make sure the counter can take the pounding first. This punching and slamming makes a finer texture.

Oil a bowl twice the size of your dough ball. Put the dough in it, turning the dough over to coat. Cover the bowl with a damp cloth and set in a warm place to rise until dough doubles in size, about 1 to 1 & 1/2 hours.

Lightly oil two 9"x5" bread pans. Punch the dough down and let it rest 10 minutes. Divide it in two and shape each half into a loaf. Place loaves in pans and cover with the damp towel. In a warm place let the dough rise another hour or until doubled.

Preheat the oven to 400F. Bake the loaves on the middle rack for 30 minutes. They should be lightly browned and sound hollow when tapped on the bottom. Turn them out on a wire rack and rub the stick of butter over them, covering top, sides and bottom. Let them cool on the wire.

I recall a couple of moms needing therapists when I was a kid. None of them were bread makers.

Mt. Tabor Quilters count down chores to Y2K

BY MARY ELLEN CUMMINGS

By the time you read this, Thanksgiving will be just a memory and the frenzy of the next holiday will be taking over your days. Some members of our quilt group have been involved in old-fashioned hog butchering, others in making candy and cookies. At least one member is "setting up" at craft shows with her clever and beautiful items.

While resting (and one day a week), Mt. Tabor Quilters continue to quilt and silently count the many chores to be done before Y2K. We recently quilted our first millennium

quilt for a lady from Union Bridge. Fabric suppliers now have a number of especially designed fabrics to usher in the new century. However, most of the quilt patterns being used were common in pioneer days—especially stars. New names, new fabric, new century.

At this time every year, people call us to have a top quilted for a Christmas present. It takes six to eight weeks to quilt and bind a double bed quilt that has only a minimum amount of quilting design. Since our group quilts all year, we always have at least one quilt in the frames and two to four quilts waiting.

If you want a top quilted, contact your quilter several months before the date you need the finished product.

Another tip that will help your quilter finish on time is to try hand sewing three to four thicknesses of each fabric used. Some fabrics are almost impossible to quilt by hand. One we have done had fabric that literally resulted in many broken needles and one-at-a-time stitches.

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